

THE SHOFAAR

A Publication of the Jewish Federation of Greater Chattanooga

Volume 31 Number 1 September 2018

Celebrate the Jewish New Year at the JCC with Rosh Bash



Rosh Bash
New Years Eve(ish) Event

SATURDAY | SEPTEMBER 8 | 9 PM | JCC

PRE EVENT PRICE \$15 PER PERSON \$18 AT THE DOOR

RSVP@JEWISHCHATTANOOGA.COM

Rosh Bash, Jewish Chattanooga's best-ever answer to the question, "What are YOU doing on New Year's Eve(ish)?" comes to the JCC with dancing, champagne, and all your friends! We'll party from 9 p.m. until midnight at this first-ever new year's event. Cost is \$15 per person ahead of time or \$18 at the door. Price includes champagne and appetizers RSVP@jewishchattanooga.com or 493-0270.

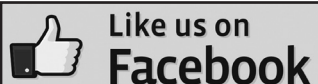
FEDERATION HOLIDAY CLOSINGS

The Federation will be closed the following dates:
September 3, 10, 11, 18, 19, 24, 25.

We will close at 3 p.m. on the 17th.
Additionally, we will be closed October 1 & 2.

Jewish Federation®
OF GREATER CHATTANOOGA

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THE POWER OF A COMMUNITY

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Christi Haustein Named New Director of Social Services

Christi Haustein obtained her undergraduate degree and Masters of Social Work from the University of Alabama. Prior to moving to Germany two years ago with her husband, who works for Volkswagen, she worked at Huntsville Hospital handling all pieces of patient care, from intake to discharge, as well as creating care plans and engaging resources in the community for clients. She also gained seven years' social work experience at the nonprofit AIDS Action Coalition, where she assessed clients for services, made home visits, oversaw case management, and was eventually promoted to supervisor over a team of other social workers. She has experience with geriatric patients and brings grant-writing experience to the table.

Christi is kind and caring, team oriented, motivated, and self-driven. She is eager to build relationships and the trust of the Federation and Jewish community, and to set down roots. Please welcome her when you see her.

Major Gifts to Take Place September 23



Dr. Nurnberger

This year's Major Gifts brunch will take place at the home of Jane and Bob Berz Sunday, September 23 at 11:30 a.m. The speaker will be Dr. Ralph Nurnberger, professor of international relations at Georgetown University.

Dr. Nurnberger has appeared on radio and television programs as an analyst on political and international issues, and has spoken internationally around the world. He has addressed a wide range of audiences on a variety of topics, including general American foreign policy matters, American policies in the Middle East, the history

of the Middle Eastern conflict, and current American political issues, including electoral analyses, political campaigns, and matters under Congressional or Presidential consideration.

His articles have appeared in The Washington Post, The Washington Times, Christian Science Monitor, Miami Herald, Los Angeles Times, Baltimore Sun and numerous scholarly journals and magazines. As a speaker, he brings humor, relevant political insights and historical background to his presentations.

A minimum gift of \$3600 to the 2019 Annual Campaign is required to attend. Contact Executive Director Michael Dzik to make your pledge.

"Jewish Words" Exhibit on View at JCC



"Jewish Words" features 21 Jewish artists from all over the country working in two- and three-dimensional art. Although several artists have exhibited at the Jewish Cultural Center before, none of the selected pieces have been on view here. Many of the pieces include Hebrew or Yiddish sayings or statements, and they reflect diverse concepts and ideas.

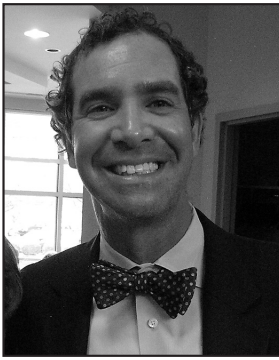
The exhibit will be open Mondays through Thursdays from 9 a.m. to 5 p.m. and Fridays from 9 a.m. to 4 p.m., except for those holidays when the building is closed. Special tours can be arranged by contacting 493-0270. There is no cost to view this interesting exhibit.

"Time to Give," clock and watch parts and hand-pierced metal, by Massachusetts artist Frann Addison

SAVE THESE DATES

October 25 "Leaves" Exhibition Opens
October 28 Super Sunday
November 10 Night Run

NOTES FROM LEADERSHIP



We Will Never Be Lost

**Austin Center
Federation Board Chair
boardchair@jewishchattanooga.com**

A section of the Talmud says, "Whoever destroys a soul is considered to have destroyed an entire world. And whoever saves a life is considered to have saved the entire world."

Imagine living in a world where, because of your religion, your beliefs, how you look, or the family you are born into, you are considered less than human. You are forced to leave your home. You are spit upon. Your business is vandalized. Your parents are taken away, never to return. You are marched, along with 800 others, to the banks of the Danube, and told to take your shoes off. You are never heard from again.

This past July, Michael Dzik, Mike Spector, Kenneth Goldsmith, and I joined the North American Federation Leadership for the Financial Resource and Development mission to Berlin and Budapest. We all have friends who have said they will never drive a German car or travel to Berlin. We may have even said it ourselves. This is because the images that play in our heads when we think about Germany and its history are too disturbing. And it's no wonder, as in these places flourished the worst of humanity and the complicity of a nation that is almost beyond comprehension.

But in order to understand and learn from our history, we must confront it. I am reminded of a conversation I had with Rabbi Tendler, about how we, the Jewish people, have survived to prosper throughout history. Because we as a people are not complacent; because we are not afraid to see, we overcome. This was abundantly apparent upon our visit to Berlin and Budapest.

Our mission participants were able to celebrate Shabbat in Berlin, at Pestalozzistrasse Synagogue, one of the only synagogues left standing after World War II. Located in a courtyard between apartment buildings, it was spared because the German fire marshal would not let the Nazis burn it down for fear of catching the apartment building adjacent to it on fire. Instead, on Kristallnacht, November

9th 1938, Pestalozzistrasse synagogue was looted, its stained glass windows broken, its contents destroyed. The damaged synagogue was left standing, though most of the Jewish community was exterminated. In 1945, when the war ended, it held the first services for the few Jews who had managed to survive.

As I sat in Pestalozzistrasse Synagogue and listened to the Shabbat service in German, I thought about the significance of being in Berlin, of celebrating the Sabbath in a country where so many of our people were murdered. I noticed a plaque with the dates 9th November 1938 and September 1945 on the front wall, and although I cannot read German, I understood what it meant. It was a commemoration of the "night of broken glass" and a celebration of the rededication, on Rosh Hashanah, 1945. It was a testament to the fact that, as a people, we will not be lost, will not be forgotten, but instead will rebuild, endure, and survive. Survival defines our history.

Our mission's visit to Budapest was a mission of shared bonds. While there we saw the fruits of Café Europa, a Federation-funded program that brings together survivors of the Holocaust and allows them a place of comfort, community, and sanctuary. One woman named Suzanne was an eight year-old growing up in Budapest when her teacher was told to make a list of all of the Jewish families for the authorities. That day Suzanne was picked up at school by her mother, never to return to school. Shortly thereafter, her father was taken away, and she never saw him again. She moved with her mother to the ghetto with other Jews; her mother was then taken away along with all the other women between the ages of 16 and 40. She never saw her again. At eight years old, with no family left but an elderly aunt, Suzanne says she "...became an adult." As we were leaving, Suzanne leaned in said, "Because of you, I am never alone." It is not only our history that defines us. It is also the work we do at the Federation, including the funding of programs like Café Europa.

Others can take our land, enslave us, even kill us, but they cannot take away what is inside of us: the Jewish soul, *neshamah*, and the Jewish spirit, *ruach*. These are what drive and inspire us to hide in caves, behind curtains, and in barracks, lighting Shabbat candles, saying Kaddish, studying Torah. These are our Jewish traditions, along with *tzedakah*, learning, and hospitality to strangers. We may be persecuted, but because of our indomitable soul and our generous spirit, we will never be lost.



What's in a Word? Inspiration. Passion. Connectedness.

**Michael Dzik
Federation Executive Director
mdzik@jewishchattanooga.com**

Have you ever thought about what the term "solicit" or "solicitor" means? When you hear that term, how do you feel? What comes to your mind? A few weeks ago, Alison

Lebovitz lead a workshop for the Federation's volunteer solicitors (Ambassadors) and we all learned some very important lessons about the language we use and how it makes people feel.

Alison started by asking a couple of questions: "What does the Federation do?" and "Why do we do this work?" Words like community, ownership, programming, connection, social services, and preschool were mentioned. As for the *why* we do this work, we heard powerful answers: *tzedakah*; survival; family; *tikkun olam*; community; setting an example; and maintaining a vibrant Jewish community. These are all powerful words with a powerful meaning. I am sure that many of you would describe the Federation's *what* and *why* in similar terms. Together, we are doing some amazing work.

Later the group was asked what, when they hear the term "solicitor," they think of. The answers were striking: asking; imposing; pressure; manipulative; NO; run!; not wanted; prostitution; guilt. Wow! Is this what people think and feel when being asked for a contribution from the Federation? Are we setting ourselves up for failure even before we begin to "solicit"? Are we truly that disconnected from the value of our over-arching goal, that of meeting the Federation's mission through fundraising?

We moved forward in the conversation: "How do we WANT others to feel when asked for a contribution?" Appreciated. Engaged. Purposeful. Connected. Inspired. Relevant. Compassionate. Satisfied. A part of something larger.

And finally, we asked the "solicitors," "How do you feel when asking others to give?" The responses were: prideful; inspired; humble; grateful; successful; confident; satisfied. To recap: The person we call a "solicitor" feels very positive asking for a contribution, but potential donors have a negative perception of the solicitors, and, possibly, of the organization itself, because of their negative associations with the word "solicitor." In other words, we are creating the opposite feelings in our donors that we wish to create. What an eye

opening experience.

Back to my first paragraph, about "solicitors." Before Alison's workshop we actually changed the name from "solicitor" workshop to "ambassador" workshop. What feelings does the word "ambassador" engender? Maybe diplomat, representative, or emissary. How about someone who believes in an organization and wants to share their passion with others?

This is why your campaign volunteers here in Chattanooga are now called "ambassadors." When they reach out to you, I hope you feel appreciated, connected, inspired and relevant. When you make your annual pledge I want you to feel satisfied and part of something larger. Your Federation impacts so many Jews locally and around the world, people we know and many others who are strangers yet to our Jewish family. Your pledge, your commitment, is what enables us to continue this vital work. So when one of our forty ambassadors reaches out to you this fall, don't run or feel guilty or pressured. Think instead of the work your dollars do. I know that I feel connected, inspired, and a part of something larger every time I make my gift. Thank you to all of our ambassadors for your time and dedication. And thank you in advance to all of you, the many investors in your Jewish Federation. Your gift is important, valued and appreciated.

Wishing you a happy and healthy new year.

Community Mission Trip to Israel in 2019

Join us on this very important trip!

When: May 8-20, 2019

Cost: \$3,550 per person
(Land only, double occupancy.)
Federation subsidies will be available. Final cost of trip will be determined based on number of participants.

Want more information?
Contact Michael Dzik at
493-0270 ext. 15.



@JEWISH CULTURAL CENTER



Celebrate!

Ann Treadwell
Program Director atreadwell@jewishchattanooga.com

It has occurred to me that we, meaning everyone I know professionally and personally, must be feeling a bit of gloom. Every time I turn around, someone is actively celebrating, and not necessarily because of a special event. Instead they are celebrating just because. I think these celebrations are a way

to remind ourselves that whatever gloom we are feeling will pass--and maybe if we actively cheer about something, it will pass faster.

My friend, community member Kem Alexander, tells me that she has regular celebrations, regardless of how large or small the event. It's one of her ways of embracing the good in life.

In my family, we celebrated upon hearing about the marriage of my eldest nephew, although he married in Denmark and lives in Italy and no one has met the woman who is now his wife. At the behest of my son Jacob, we celebrated my husband's return to playing the guitar, to dispel the gloom caused by the fact that my husband still cannot ride his motorcycle after a long-ago accident. Little celebrations like these can help whisk away the uncertain and the painful.

Here at work, a celebration took place at the close of the tenth year of Philanthropy Camp. As the "Mayor of Caretown," I looked at the campers and saw the beginnings of a renewal. So many of the previous campers have outgrown camp, become counselors, and moved on with their young adult lives. In their place were twelve rising first graders. Instead of mourning the loss of the elders, I celebrated the arrival of the youth.

This summer I also worked on the United Way Design Team, looking closely at how United Way has impacted our community. At various times in the process, we stopped to celebrate, until celebration-for-reflection was almost a constant.

The "Jewish Words" exhibit installed here at the JCC through October 11 is a celebration of many things: Hebrew, nationally known Jewish artists, and the joy of spoken and unspoken words. I selected these pieces, keeping in mind that the words that bring us into the High Holidays--*l'shanah tovah tikatevu* ("have a good, sweet year")--matter. Maybe the actual words are odd, uncomfortable or foreign, but the meaning behind them is a cause for joy.

And what is more joyful than a party? A party called Rosh Bash! Join us for our first ever New Years Eve (-ish) party on September 8, to welcome in Rosh Hashanah and the High Holidays. (Okay, the *-ish* is because it isn't actually *erev* (that's the 9th). But that's ok. Rosh Bash is a great way (and a great excuse) for us to be together, to be merry, and to celebrate.

Like most people I know, I have turned down--or off--the television, social media, radio and other gloomy news outlets. In place of the depressing and the absurd, it's easy to find a reason to celebrate. Won't you come celebrate with us this month?



By the Numbers

5779

**Hebrew year beginning
September 10**

You can now update your contact information for the 2019 Directory by going to the website! Simply go to <https://www.jewishchattanooga.com> and click on Contact us>Directory Updates.

Purchase Cakes for the Holidays

Deadline for ordering: Tuesday, September 4
Pick-up: the afternoon of Thursday, September 6
and the morning of Friday, September 7

Chocolate \$20
Apple \$25
Coffee \$22

Tuesday Cafe



Tuesday at noon, September 4. DUE TO THE HOLIDAYS, THIS IS THE ONLY TUESDAY CAFE IN SEPTEMBER. Menu will be listed in the community email. \$10. To-go orders may be available after all event attendees are served. RSVP.

Better Balance Class

Tuesday, September 4 @ 10:45 (just before Tuesday Cafe).

Social Action Film and Discussion (see below)

Thursday, September 6 at Unitarian Universalist Church.

Rosh Bash

Saturday, September 8 @ 9 p.m. to midnight. See front page for details.

Social Action Film and Discussion (see below)

Thursday, September 13 at Unitarian Universalist Church

Reflection Walk with Chen Dahan

Monday, September 17 @ sundown. Place TBD.

Social Action Film and Discussion (see below)

Thursday, September 20 at Unitarian Universalist Church.

Major Gifts

Sunday, September 23 at 11:30 a.m. See front page for more information.

Social Action Film and Discussion (see below)

Thursday, September 27 at Unitarian Universalist Church.

Social Action Film and Discussion Series

- August 30: House Divided: Inequality in Housing in New York City
- September 6: Class Divided: The Battle to Fix Inequality in Education
- September 13: The System: Policing and Mass Incarceration
- September 20: Domestic Workers and Labor
- September 27: Something in the Water – Flint's Water Crisis

Take Home Chef Alice Goss-Morgan's "Bowls of Love"



Purchase matzo ball soup or chili for just \$4 for a one-bowl container or \$8 for a two-bowl size. **Call ahead to reserve; we do run out.** Contact Ann Treadwell (do not call the kitchen) at 493-0270, ext. 13; or atreadwell@jewishchattanooga.com to get your order packaged and ready to go!

Our website is up-to-date and state of the art. Please begin using it if you haven't already!

You can rsvp to events, register to volunteer, read *The Shofar*, and even donate.

<http://www.jewishchattanooga.com>.

You're gonna love it!



FEDERATION NEWS

Berlin & Budapest: A Tale of Two Mission Trips

by Mike Spector, Campaign Chair

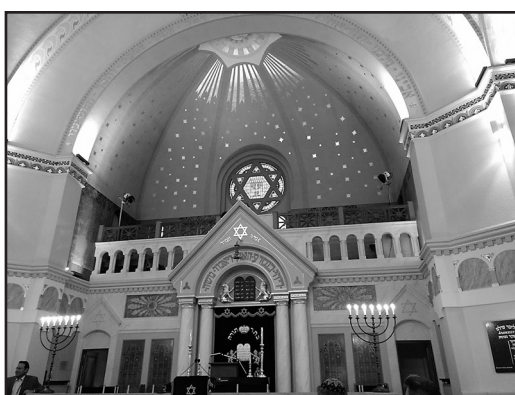


Hello, my name is Mike, and I'm addicted to Federation. No intervention is necessary; I'm perfectly happy. I just got a fix on a mission to Berlin and Budapest. Let me tell you about it.

We arrived in Berlin on a Friday night, and went right into a meeting with the German State Secretary, Walter Linder. In his remarks, he made clear that Germany takes responsibility for the atrocities of Hitler. The Holocaust is taught in school, and they, like we, say, "Never again."

For Shabbat we walked to the Pestalozzistrasse Synagogue, whose congregation is a mix of Orthodox and Reform Jews. The cantor had a beautiful voice, and the service was very moving. There was an organ and a choir; interestingly, the women were separated from the men. They explained that due to the limited number of Jews after the war, they had to make as many people happy as possible. Though the Rabbi spoke perfect English, the sermon was in German. I got the subtle impression that he was not too fond of Americans.

The next morning we could choose to attend Orthodox Shabbat services, or take one of three walking tours; Jewish history, architecture, or the



Pestalozzistrasse Synagogue

Jewish Museum and Checkpoint Charlie. I chose Jewish history and the Jewish Museum. It's strange to visit a place that is so much older than America. Our guide was talking Byzantine.

At the Jewish Museum, one of the exhibits was the installation of *Shalekhet* (Fallen Leaves), by Menashe Kadishman. It consists of over 10,000 faces, mouths open, cut from heavy round iron plates, covering the floor. Walking on them was quite emotional. Sunday

morning we listened to a panel of journalists discuss the current rise of anti-Semitism in Germany, in direct contrast to what we heard from the Secretary of State. Afterward, we headed to the Train Car Memorial, where we participated in a Yizkor service.

At the Konrad Adenauer Foundation, we learned how JDC, The Jewish Agency, and World Ort, all Federation overseas partners, contribute to Jewish community programs throughout Central Europe and other parts of the world. A panel of young professionals shared their personal experiences, challenges and triumphs, and discussed how these programs have affected their lives. This

by Ken Goldsmith



This past July, I had the privilege of going on my first Jewish mission trip. I was told the trip would help me understand how our Federation dollars were being used to help Jewish people in need and Jewish communities at risk, to survive and thrive. What I didn't know at the time was that I would be the Jewish person who possibly benefited the most from the trip or that I would be the Jewish person who would finally learn what it meant to be a member of a thriving Jewish community.

To understand what happened to me on this mission trip, you need to understand my background. I am a Jew by birth. I grew up in Bayside, NY where the only person in my neighborhood who wasn't Jewish was the co-op building maintenance superintendent. In high school I moved to North Miami Beach, Florida, which was also pretty Jewish. While I'd gone to a reform temple in Bayside for my bar mitzvah studies, after that I had little to do with any congregation. My mother died when I was 19 and my family drifted away.

I moved to Chattanooga ten years ago to teach at Chattanooga State, but it would be several years before I attended a Federation event, and I never engaged with anyone. Everything felt so foreign to me (perhaps even "too Jewish"). Then one day Michael Dzik approached me and acknowledged my reticence. Little did I know that he, Austin Center, and Mike Spector had plans for me.

Over the next three years, I was twice asked to teach the Yesod Leadership program, was invited to serve on the Board and asked to chair the Leadership Development committee, and was asked to make campaign phone calls (you knew this was coming) and then to go on the Jewish Leadership mission to Berlin and Budapest this past July.

I said yes Berlin and Budapest, but was concerned about the long-term financial commitment and whether the trip might feel, again, "too Jewish". Little did I know that the trip would make me understand what it means to be Jewish regardless of the depth of my religious beliefs, and that being Jewish means you

are a member of a community that looks out for its members, regardless.

was followed by a trip to the Berlin Wall to begin what was called a "kippah walk." (Participants wear a kippah in an expression of solidarity on a walk through Berlin.)

Monday we flew to Budapest, where we broke into small groups to spend time with young adults in the "Old City" who are among the beneficiaries of programs such as Birthright, Masa, Tikkun Olam, P2G and MiNYManim. They shared with us how they transformed the old ghetto into the most popular neighborhoods in Budapest.

Tuesday morning included some training on LOJE25 (Lion of Judah Endowments), after which we traveled to the Danube Shoe Memorial, which memorializes the 900 Hungarian Jews killed on the banks of the Danube River. After the Nazis entered Budapest, their efforts to eliminate the Jews were stymied by the existing administration in the city. This only delayed their desires for about six months. Eventually, the Arrow Cross Militiamen marched the Jews to the riverbanks. With ammunition in short supply, they tied about a dozen individuals together, shot the one in the center, and pushed him/her in, which pulled those bound to him in as well.

That afternoon we traveled to Balint House, Budapest's Jewish Community Center, which is supported by our dollars through the JDC. The



Shalekhet (Fallen Leaves)

Balint House is the cornerstone of Hungary's Jewish renewal efforts, with programs ranging from fitness classes to leadership training to holiday celebrations and Jewish after-school programs. They host over 100 activities and programs each month.

Tuesday night included a cruise on the Danube. Wednesday morning we attended a session on understanding and maximizing our overseas impact. Then the group headed to Szarvas, where we saw the magic of a Jewish summer camp where kids from about twelve countries are immersed in Jewish content. We had lunch with the campers, and celebrated *ruach* in every language. The camp is reason enough to support our overseas brothers and sisters.

At the end of the mission we had the opportunity to reflect through a caucus where a small group shared their meaningful mission experiences. After witnessing the power of the Federation, no doubt that many a pledge went up, including mine. Thank you for the honor to serve as Chattanooga's campaign chair. Please join me as we build a stronger community through our campaign. Consider reaching a little deeper this year and join me in increasing your pledge as well. And of course, next year, go with me on this mission and we will experience it together.

are a member of a community that looks out for its members, regardless.

Now to the trip – how does a person describe Berlin, or the feelings of walking past a Nazi headquarters building, attending a lecture at the memorial for murdered Jews of Europe adjacent to the Tiergarten, and then participating in a Kippah walk with 150 others, some Muslim? How does a person describe Budapest? How to describe the feeling of visiting the largest synagogue in the city, and a thriving JCC, and then spending a day at a camp where 410 Jewish children from a dozen countries are learning what it means to be Jewish?

How does a person talk about the emotions and the pride that rises up in you after seeing that, despite current worldwide politics, there is great hope for the future of the Jewish people and Jewish communities? Well, I think the answer is as it always has been, you start at home. You realize and acknowledge that your Jewish community welcomed you as you were and welcomes you as you are. You then realize and acknowledge that your Jewish community sends dollars abroad so that the Jewish community in Berlin can thrive, so that the Jewish community in Budapest can thrive, and so that Jewish children in Hungary, Romania, Russia, Ukraine, Israel and the United States (and many other countries) can attend a summer camp to learn about Jewish culture and community so that they can become knowledgeable and proud of their heritage.

Then you come home and say you did a good thing for yourself, your Jewish community in Chattanooga, and for all Jewish communities around the world.



Parliament building, Budapest

FEDERATION NEWS

Join the Jewish Federation Legacy Society

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams for a strong future Jewish community into a reality. Join today.

Anonymous (2)	Dropkin, Warren	Lowe, Beth
Allen, Amelia (Deceased)	Dzik, Michael	Lowe, Rob
Allen, Owen	Dzik, Paula	Malsh, Rebecca (Deceased)
Alper, Maxine (Deceased)	Fairchild, David	Nash, Ike (Deceased)
Balsler, Jeff	Frank, Estelle (Deceased)	Oxenhandler, Barbara
Balsler, Robin	Hanan, Jan	Parker, Jordan
Berz, Bob	Hanan, Michael	Parker, Rebecca
Binder, Claire	Hanan, Rachel	Pregulman, Helen
Black, Bonnie	Hanan, Victor	Privett, Rachel
Black, Stephen	Hill, J.R.	Richelson, Alan
Bogo, Jerry	Hochman, Colman	Rosenfeld, Jackie
Bogo, Rosalee	Hochman, Lynn	Rosenfeld, Roy
Bohn, Jerry	Hodes, Alvin	Siskin, Pris
Brooks, Ellyn	Hodes, Andy	Sivils, Janet
Brooks, John	Hodes, Melody	Spector, Linda
Brouner, Betsy	Howard, Lynn	Spector, Mark (Deceased)
Brouner, Lee	Israel, David	Spector, Mike
Center, Austin	Israel, Scott	Susman, Gail
Center, Marilyn	Jaffe, Dot	Susman, Joel
Cohen, Tal	Jaffe, Sam (Deceased)	Weiner, Cara
Cohn, Herb	Lebovitz, Alison	White Dropkin, Donna
Cohn, Sue (Deceased)	Lebovitz, Alan	Winer, David
Cowan, Rob	Lebovitz, Betty	Winer, Elaine
Diamond, Karen	Lebovitz, Charles	Winer, Finette
DiStefano, David	Lebovitz, Lauren	Winer, Sanford
DiStefano, Susan	Lebovitz, Michael	Zachary, Richard
Dittus, Sandy	Levine, Lawrence (Deceased)	

**See how easy it is to join
the Legacy Society!
Call Michael Dzik at 493-0270
extension 15**

Current Exhibit: "Jewish Words"

by Ann Treadwell, Exhibit Curator



"Chessed: From On the Consequences of Hate Speech," Muslin, Robin Atlas

I've always been fascinated by the look of Hebrew and the content of Jewish texts. In speaking with some Judaic artist friends, I realized that no one had put together an exhibition that explored the visual and the textual together. That was my inspiration for this exhibit.

In "Jewish Words," there are some pieces that focus on Judaism in a solemn way. Where applicable, the artist explains what verse or Jewish story inspired their artwork. There are pieces with Yiddish proverbs, where Yiddish and English are used to describe them. There are pieces that combine

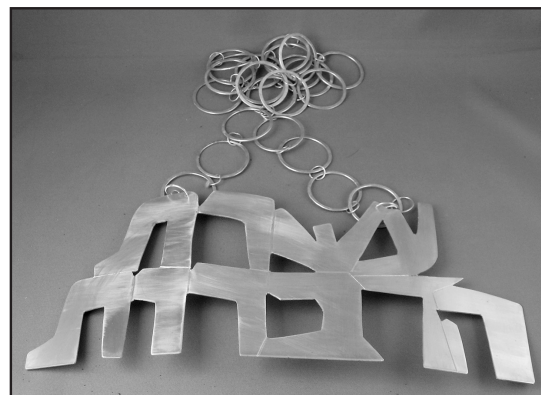
Hebrew and Arabic with English translations on the labels. There are pieces that should bring a smile, as they poke fun at Jewish traditions. And there are pieces that are commentaries on our current social situation and that remind us of our responsibility to the greater community.

Twenty-one artists from all over the nation are represented. For each label, I asked the artists for a description of their piece (content), a short biography (sense of the person) and where they live (Jewish geography). Artists from Massachusetts to California to Florida to Ohio share work from traditional quilting and quilling, to sculpture and photography. Several have shown their work at the Jewish Cultural Center in the past, but more than half are new to us.

Words make us human. Words are mighty swords. They can be dangerous and deadly, or gentle and loving. Words, in the context of reflecting on community, are powerful resources in times of sorrow and fear. Words can build hope.

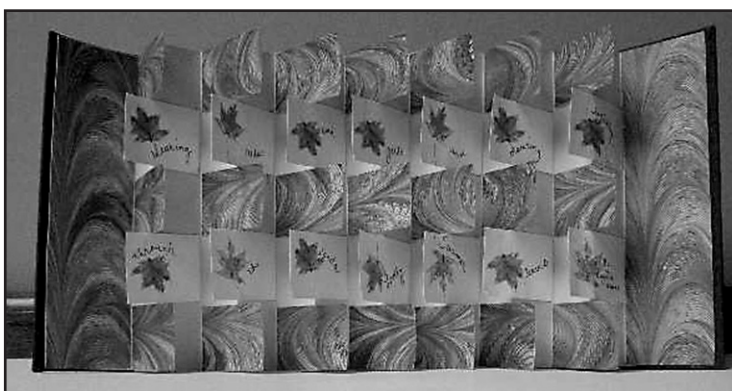
Although the following quote from Mother Teresa is not in Hebrew, it does reflect the importance of faith in words: "The fruit of silence is prayer. The fruit of prayer is faith. The fruit of faith is love. The fruit of love is service. The fruit of service is peace."

We hope you embrace these images and reflect on their wonders. And if you want to share words with me about the exhibit, I would be happy to hear you.



"Asaret ha-dibrot," Jim Cohen, silver

Request for Submissions to LEAVES Exhibit



Virginia Urani, "Farewell Summer," Handmade Book 7" x 14" Price: NFS

The Jewish Cultural Center invites you to submit work for inclusion in an upcoming invitational group exhibit whose focus is the concept of "leaves." This exhibit will explore all ideas having to do with

leaves: physical, mental, social, and/or religious. Leaves can refer to those on a tree, in a book or those that are part of a table. Leaves can also refer to "taking leave."

Think out of the box. The work does not need to be recent, but must be original to the artist submitting. Preference will be given to artist books in all media, although leaves of a book (printed words) will also be considered.

The piece(s) you submit for consideration may be 2-D wall pieces, 3-D requiring a pedestal, or be an installation. However, due to the nature of the gallery area we will need to know the installation requirements of each piece. If the size of the art work is over 48 inches in length or height, or weighs more than 100 lbs, please make sure we know. Selected work must be ready to install.

Your work may be for sale or on loan. The Jewish Cultural Center does not take commission on sales from exhibits and does carry insurance on all work

exhibited at the center. The purpose of our gallery is to create conversations in the community. The exhibit will be mounted at the Jewish Cultural Center, 5461 North Terrace Road, Chattanooga. We anticipate that 1,000 people will see it.

How do you submit? Please send me electronic images of up to 4 pieces and list your materials and the size of the piece(s) **no later than Thursday, September 20**. All work must be original by the artist submitting the work. If you do not have electronic images of your pieces, please contact me at the address below to arrange an appointment for me to see your work.

We will select the work for the exhibit by September 28, with notices going out within the next few weeks. If your work is chosen for exhibit, we will need additional information (a one paragraph biography, a statement about the specific piece of art, inventory sheet stating the sale or insurance value) no later than October 8. These can be submitted electronically.

The exhibit will run October 25 – November 29, 2018, with a community reception. All selected pieces must be at the Jewish Cultural Center by Monday, October 22 and be ready to install, and labeled with the artist's name. The Federation will pay return shipping on work shipped to the exhibit.

Want to check us out? We are a 501 c-3 organization and a United Way agency. Information about our organization can be found at www.jewishchattanooga.com. All services of the Jewish Federation of Greater Chattanooga are available to everyone regardless of religious affiliation.

I hope you will consider being part of this exciting project. If you have suggestions of other artists' work that should be considered, please let me, Ann Treadwell, know. If you have any questions or wish to confirm your participation, please contact me at 423 493-0270 ext. 13, or atreadwell@jewishchattanooga.com.

COMMUNITY NEWS



America's Pro-Israel Lobby

On Thursday, June 14th, a group of 50 pro-Israel activists in Chattanooga gathered at the Jewish Cultural Center for a special presentation by AIPAC Policy and Government Affairs Deputy Director Steven Beckerman. The purpose was to discuss the existential threat from Iran that is facing the Jewish state.

The program began with a warm welcome from Pris Siskin, who co-chaired the event with Robert Siskin, followed by AIPAC club member Michael Lebowitz. Michael introduced himself to the room of activists and shared his memories from AIPAC's 2018 Policy Conference.

Steven began his presentation by reminding the room about the high stakes Israel is facing and the opportunity AIPAC activists have to help shape the conversation in Congress about American's support for Israel. He then cited recent accomplishments, such as the pro-Israel provisions of the National Defense Authorization Act of 2018, as proof that AIPAC's big-tent, bipartisan approach is something worth fighting for in today's world.

Pris Siskin concluded the dinner, asking the attendees to ensure that the message is loud and clear: Chattanooga pro-Israel activists support a strong U.S.-Israel relationship.
--Deryn Sousa, Southeast Regional Deputy Political



Bruce Stewart, Monique and Jeff Gefter



Alison and Alan Lebowitz



David and Susan DiStefano



Michael Lebowitz and Derren Kimball



Steve Beckerman, guest speaker, with Randi Weiss

2018 Philanthropy Camp Projects

The 10th Annual Philanthropy Camp was a huge success! Here's a list of what they made and did:

- Made dog toys for the Educational Humane Society
- Made dolls for immigrant children
- Brought flowers to elders in assisted living
- Decorated paper bags for grocery stores
- Put together toiletry kits for Patten Towers
- Sorted clothes for the Olivet Baptist Church thrift store
- Made lunches for the homeless
- Cleaned up trash from Neighborhood Street
- Delivered cookies to the elderly
- Hosted people from the community at lunch
- Made bowls to sell/proceeds going to the Community Kitchen
- Made peace kites for Israel
- Created building blocks for Signal Centers
- Created garden for Aleph Bet Preschool
- Created water play toy for Aleph Bet
- Made get well cards for kids in the hospital

Camp Tikkun Olam and Philanthropy Camp



At the end of Camp Tikkun Olam (above) a donation of \$50 was made to the Nature Center and to the Bethlehem Center. Below: closing ceremonies at Olivet Baptist Church.



THANK YOU TO THE
KIWANIS CLUB FOR
THEIR SUPPORT OF
PHILANTHROPY CAMP AND
CAMP TIKKUN OLAM!

2018 Camp Tikkun Olam participated in projects at the following venues:
WUTC

- Chattanooga Nature Center and Reflection Riding and Arboretum
- The Bethlehem Center
- Empty Bowls Project
- The Inclusion Butterfly Project
- The Israel Peace Project

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COMMUNITY NEWS & EVENTS

NIGHT RUN 5K CHATTANOOGA

Corporate and Family Sponsorship Levels

Gold \$ 500

- Recognition at the event
- One time, 1/16 Page Ad in the Shofar
- Name on back of event T-shirt
- Logo on event poster
- 8 event entries (includes 8 event T-shirts)
- Name on Sponsor Board
- Name listed on the www.jewishchattanooga.com

Silver \$ 250

- Recognition at the event
- Name listed in the Shofar
- 4 event entries (includes 4 event T-shirts)
- Name of Sponsor Board
- Name listed on the www.jewishchattanooga.com

Bronze \$ 150

- Recognition at the event
- Name listed in the Shofar
- 1 event entry (includes 1 T-shirt)
- Name of Sponsor Board
- Name listed on the www.jewishchattanooga.com

Shofar: monthly Jewish newspaper, Circ: 1,000 + households

Now is the time to become a sponsor! Run, don't walk, to the phone or computer, and call or email Ann Treadwell, at 493-0270 or atreadwell@jewishchattanooga.com.

Mazel Tov

- to Ben and Jennifer Lutin on their marriage August 3.
- to Dr. Rick Rader, who was appointed Special Olympics International Senior Global Advisor Consultant
- to Michael Schulson and Emma Green on their August 5 wedding in Baltimore.

Condolences

We mourn the passing of the following beloved friends and family:

- Lon Jacobs, son of Phyllis Schwarz, brother of Rick Jacobs.
- Barry Parker, husband of Flossie Weill, father of Jordan (Rebecca) and Adam (Carol) Parker, step-father of Johnny (Julia) and Alex (Christine) Shoaf, grandfather of Lilah and Aaron Parker.

In Memory

Barry Parker, *Louise (Fuzzy) Spector*
Clara and Alvin Shoening, *Brenda Shoening*,

Although the Shofar deadline is the 8th of the month, mazel tovs and condolences are accepted at any time. Contact Dana Shavin at 493-0270, ext. 12 or dshavin@jewishchattanooga.com.

Mitzvah Meals Suggested Donations

- \$8 per meal
- \$90 per month based on 3 meals/week
- \$125 per month based on 4 meals/week
- 160 per month based on 5 meals/week
- 190 per month based on 6 meals/week



Meals are available for pick-up or delivery.

To-go orders from any/all community programs will be charged the program fee (\$10-\$12) as opposed to the Mitzvah Meal fee. All Mitzvah Meal recipients must be pre-approved by the Director of Social Services. Menus are set by the Kitchen Supervisor and Director of Social Services.



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January 20-26, 2019



Trip Includes:

- All meals and hotel accommodations with an optional two nights of home hospitality.
- Tours of Hillel-Jaffe Hospital, Hadassah Medical Center, Western Galilee Hospital, and other innovative medical facilities.

Program includes touring, Shabbat in Jerusalem and social and professional time with physicians in our region.
Cost: \$950 for all land costs for one week.
Airfare purchased on your own.

Questions or to reserve your space contact:

Dr. Stewart Perlman at stew.perlman@gmail.com
or Harriet Schifftan at harriet@jewishnashville.org or 615-354-1687



SHLICHIM PROGRAM

ISRAEL UPDATE



עֵדְכּוֹן יִשְׂרָאֵל



Chen Dahan, Federation Shlichah
Israel@jewishchattanooga.com

Shalom Chattanooga,
I am starting my second year of *shlichut*! The first year was, for me, all about getting to know this wonderful community and learning about Jewish life outside of Israel. Just before starting my second year, I had the opportunity to visit home for a month, get recharged, and remind myself why I chose to do this.

You all probably know this feeling when you love something so much, you want to share it with other people. When I visited home I was reminded why I love Israel so much. I love it because it is so tiny, you can walk down the street and run into people you know every day. I love the special feeling of the weekend when everybody is getting ready for Shabbat. I love the language, the food and the diversity of scenery and people. I love the fact that people are living the most casual life in the most historic place. I love the sense of closeness with complete strangers when you are abroad, just because they too are from Israel. I love the fact that Israel is a magnet for so many different people from across the world. I love the simplicity of things, and that there are so many truths in such a small place.

There are so many things I love about Israel, and I am lucky to have the opportunity to share those things with you, the Chattanooga Jewish community. A friend once told me that when love is real, it is contagious. I hope that by the end of this year, you will have “caught” this love for Israel from me.

DID YOU KNOW?

The Shaliach Program is made possible through your donations to the Jewish Federation Annual Campaign.

FEW MINOR EARTHQUAKES HIT NORTHERN ISRAEL DURING JULY

During the Month of July, at least 4 earthquakes hit northern Israel, particularly in the area of The Sea of Galilee.

Israel sits on the geologically active Syrian-African rift, which runs through the Jordan Valley, and the region occasionally experiences small quakes. Experts say the area experiences a major quake every 100 years or so.

The Defense Ministry has called a major summit of emergency services and local municipalities to review the country’s readiness for dealing with a possible major earthquake wreaking havoc.



ELECTIONS SOON?

Israeli Prime Minister, Benjamin Netanyahu, said (August 12) that an election will be announced in September if a compromise could not be found to the Haredi draft bill.

The Haredi draft bill requires that a minimum number of Yeshiva students serve in the military or the government will reduce the annual budget allocation for their yeshivas. The target will increase each year for 10 years.

Secular and non-Haredi Israelis have long complained that far too many young adults studying in yeshivas are exempt from mandatory army service. Haredi leaders say army service would corrupt their youth and distract them from their studies.



IT'S FINAL: EURO-VISION 2019 WILL TAKE PLACE IN ISRAEL

A financial dispute between the Israeli Broadcasting Corporation and the Israeli government threatened to derail plans and put a big question mark on the occurrence of Euro-vision 2019 in Israel.

The dispute was resolved just few hours ahead of a European deadline and the Euro-Vision is confirmed to take place in Israel in May 2019.

Israel won the right to host next year's Euro-Vision when Israeli singer Netta Barzilai won the 2018 contest in Lisbon May 2018.



SOCIAL SERVICES



Pleased to Meet You!

Christi Haustein, MSW
Social Services Director
chaustein@jewishchattanooga.com
893-9241

Yes it's true what you hear, I'm new to the Jewish Federation AND new to the state of Tennessee!! I moved here last month after spending two years in Wolfsburg, Germany with my husband, who works for Volkswagen.

In 2008 I graduated with a Master's degree in Social Work from the University of Alabama (and rest assured I am an Alabamian

and, yes, a HUGE Alabama football fan.). My previous experience includes assisting those with substance abuse, mental health, and HIV/AIDS issues, and with individuals suffering from neuro/spine related illnesses and injuries.

I am thrilled to join the Jewish Federation and hope to meet everyone soon. I have been tremendously impressed with the outpouring of support I've received from the Federation staff, board members, local rabbis, and the Federation members I've had the pleasure of meeting. I'm currently working on getting organized so that I can work more efficiently, and will be out in the community shortly to familiarize myself with collaborative and supportive agencies. Additionally, I will be making some home visits alongside Community Nurse Edie Redish.

Please feel free to contact me with any questions or concerns, or drop by the office! I look forward to learning all I can and meeting all of you.

One last thing: keep in mind that Medicare Part D enrollment will begin October 15th and run through December 7th. My direct line at the Federation is 423-893-9241.

Depression in older adults: What to Know Now

As we grow older, we often face significant life changes that can increase the risk for depression. These can include:

Health problems – Illness and disability; chronic or severe pain; cognitive decline; damage to your body image due to surgery or sickness.

Loneliness and isolation – Living alone; a dwindling social circle due to deaths or relocation; decreased mobility due to illness or a loss of driving privileges.

Reduced sense of purpose – Feelings of purposelessness or loss of identity due to retirement or physical limitations on activities you used to enjoy.

Fears – Fear of death or dying; anxiety over financial problems or health issues.

Recent bereavements – The death of friends, family members, and pets; the loss of a spouse or partner.

The information on this page comes from Helpguide.org

Need a Ride? Tips for Van Travelers

Please book trips at least 48 hours in advance by contacting the appropriate driver **during office hours** (9:00 a.m. to 5:00 p.m.)

Mondays-Rick	Jason Shuman: 423-320-1480
Tuesdays-Eddie and Jason	Rick Jacobs: 423-432-2222
Wednesdays-Rick	Eddie Reel: 423-298-7169
Thursdays-Eddie	

- Contact the office or driver as soon as possible if unable to take the trip.
- Please schedule all possible location stops with your driver while making your appointment to accommodate your needs.
- We are more than happy to stop at an unexpected location for you but we cannot guarantee to accommodate you because of other scheduled trips with passengers.

But first. . .

Contact the Social Services department for approval to receive transportation services. Once you have been approved, you may call the appropriate driver for the day you need transportation.



Mondays - Rick Jacobs
Tuesdays - Eddie Reel & Jason Shuman
Wednesdays - Eddie Reel & Rick Jacobs
Thursdays - Eddie Reel & Jason Shuman
Eddie: 423-298-7169
Jason 423-320-1480;
Rick Jacobs 423-432-2222

Recognizing depression in the elderly starts with knowing the signs and symptoms. Depression red flags include:

- Sadness or feelings of despair
- Unexplained or aggravated aches and pains
- Loss of interest in socializing or hobbies
- Weight loss or loss of appetite
- Feelings of hopelessness or helplessness
- Lack of motivation and energy
- Sleep disturbances (difficulty falling asleep or staying asleep, oversleeping, or daytime sleepiness)
- Loss of self-worth (worries about being a burden, feelings of worthlessness or self-loathing)
- Slowed movement or speech
- Increased use of alcohol or other drugs
- Fixation on death; thoughts of suicide
- Memory problems
- Neglecting personal care (skipping meals, forgetting meds, neglecting personal hygiene)

Depressed older adults may not feel "sad"

While depression and sadness might seem to go hand and hand, many depressed seniors claim not to feel sad at all. They may complain, instead, of low motivation, a lack of energy, or physical problems. In fact, physical complaints, such as arthritis pain or worsening headaches, are often the predominant symptom of depression in the elderly.

Depression is far from an inevitable part of getting older. With the right support, treatment, and self-help strategies you can boost the way you feel, cope better with life's changes, and make your senior years a healthy, happy, and fulfilling time.

Medications that can cause or worsen depression include:

- Blood pressure medication (e.g. clonidine)
- Beta-blockers (e.g. Lopressor, Inderal)
- High-cholesterol drugs (e.g. Lipitor, Mevacor, Zocor)
- Tranquilizers (e.g. Valium, Xanax, Halcion)
- Calcium-channel blockers
- Medication for Parkinson's disease
- Sleeping pills
- Ulcer medication (e.g. Zantac, Tagamet)
- Heart drugs containing reserpine
- Steroids (e.g. cortisone and prednisone)
- Painkillers and arthritis drugs
- Estrogens (e.g. Premarin, Prempro)

Call Christi if you or a loved one is suffering with depression, and let us help get you the treatment you deserve.

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JEW CREW

2018-2019 Jew Crew Calendar of Events

Unless otherwise noted, all programs run from 12:15 to 2:00 p.m

Advisors: Alison Lebovitz, Andy Hodes & Chen Dahan

Sunday, August 19, 2018

The Jew Cruise: Survivor
The Lebovitz Houseboat: Chattanooga Yacht Club
12:30 to 3 p.m.

Sunday, September 16, 2018

Israel Program with Chen
Sunday, October 28, 2018
Krav Maga/Field Day

Sunday, November 18, 2018

Giving Thanks & Giving Back

Sunday, December 9, 2018

Annual Chanukah Party

Sunday, January 27, 2019

Scavenger Hunt (CDM or TNAQ)
Annual Jew Crew Retreat

Friday, February 22-24, 2019

Camp Ramah Darom

Sunday, March 3, 2019

Social Action or Paint Party with Austin Center

Sunday, April 28, 2019

End of Year Program & Celebration

For more information contact: Alison at alebo@mac.com

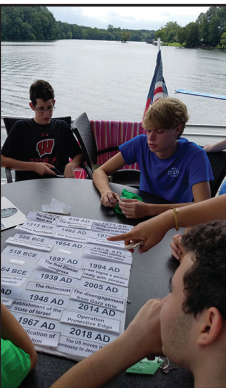
Andy Hodes at andy@andyhodes.com, or

Chen Dahan at israel@jewishchattanooga.com

The Jew Cruise: Survivor

The Jew Crew began the year by going on a usual outing with an unusual twist. In August, 16 teens were welcomed aboard the Lebovitz houseboat for the annual Jew Cruise, and a first-ever game of Jew Crew Survivor, designed by our creative shlichah, Chen Dahan. The group was divided into two teams, Team Judah and Team Benjamin, and with their green and red buffs, competed in a series of water challenges, a scavenger hunt, a chronological history board, and a water noodle puzzle to earn the grand prize: an Israeli feast at Chen's house. In the end, Team Judah came from behind and emerged as the winner, but everyone was able to celebrate an incredible day at the lake getting to know each other, and welcoming our newest freshmen members to the Crew. We look forward to a fun-filled and fabulous year ahead!

--Alison, Andy and Chen



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