

THE SHOFAAR

A Publication of the Jewish Federation of Greater Chattanooga

Volume 31 Number 3 November 2018

Night Run is November 10



Join us Saturday, November 10th at 7:30 pm, Shelter # 4 in Riverpark, for the 4th Annual Night Run. There will be an afterparty at

Brewhaus on Frazier Avenue for ages 21 and older. Chattanooga Night Run has helped fund two different programs in Israel, Mifalot and Neve Michael. At Mifalot, the funds were targeted for soccer programs that encouraged Christian, Muslim and Jewish interfaith teams. At Neve Michael Children's Village, a program for youth and children at risk and in our Partnership2Gether region of Hadera, the program benefitted recreational activities. In Chattanooga, Night Run has benefitted "Operation Get Active," a health initiative that uses the game of soccer to encourage youth to live active and healthy lifestyles. It aims to inspire and educate youth across Chattanooga about the importance of health, fitness and nutrition. Currently it is working in eight different locations across the city at elementary schools, private community centers, and public recreation centers.

To register visit <http://www.nightrunchattanooga5k.org>. Pricing (group discount available during registration): Regular -- \$30; Race Day -- \$35, Student/kids pricing -- \$20.

Night Run chair is Rob Lowe. T-shirt distribution, registration, water table, snacks, and more all done by volunteers. Contact 493-0270 or atreadwell@jewishchattanooga.com for more information or to volunteer.

Eva Schloss Brings Community Together



from L to R: Bill Hillner, B'nai Zion President, Austin Center, Federation Board Chair, Alan Richelson, Mizpah President, Michael Dzik, Federation Director, Rabbi Shaul Perlstein, Chabad, Eva Schloss, Jed Mescon and Julie Edwards.

October 14th was a very special evening for the Jewish community and all of Chattanooga. Eva Schloss, Auschwitz survivor and step-sister of Anne Frank, spoke at Memorial Auditorium to an audience of 2,000. Schloss shared her powerful story of survival, triumph, inspiration and hope. Schloss only began telling her story in the 1980's, after the death of her step-father, Anne's

father Otto Frank. It is her desire, she says, for all people to show compassion to others, regardless of the differences they might have.

Schloss described herself as a teenage tomboy growing up in Amsterdam. She remembers her friend Anne Frank as a very talkative, friendly, outgoing person. Although not in the same circle of friends, Eva and Anne lived on the same neighborhood block. Upon the rise of Hitler, both families went into hiding; both families were subsequently (Continued on page 2)

Community Candle Lighting and Party Dec. 2



Join us at the JCC for the annual Chanukah candle lighting ceremony and dinner at 5:30 pm. There will be plenty of latkes to go around as well! Bring your own chanukiah or use one of ours. We will supply candles. Cost is \$12 per person or \$30 for a family of four. Children age five to sixteen are \$6; those under four get in free. The per-person cost increases by \$4 at the door, so rsvp early to rsvp@jewishchattanooga.com, or by calling 493-0270.

Federation/Hadassah Chanukah Lunch Dec. 4



Gordon Inman and Ed Bergin

On December 4th at noon, the Federation and Hadassah will welcome musicians Gordon Inman and Ed Bergin. Inman majored in music performance at Middle Tennessee State University, where he performed with Roy Wooten and the Flecktones, Johann de Meij, Nigel Clarke, and Peter Shepard Skaerud. He also played in a masterclass with internationally renowned technique master Robert Spring. As members of the MTSU Clarinet Quartet they were the only American ensemble invited to perform in the European Clarinet Festival in Belgium. A native of Chattanooga, Inman has been a featured soloist with the Chattanooga Symphony Orchestra, the Chattanooga Clarinet Choir, Uptown Big Band, the Southern Adventist University Orchestra, and the Chattanooga Youth Symphony.

Ed Bergin has been a piano accordionist for 55 years. Originally from Boston, he has a B.S. in Music Education from Northeastern University. He has taught and performed the accordion in a variety of settings and has given numerous presentations and workshops. He always relishes the opportunity to demonstrate the accordion's unique charms. Cost is \$10. Please RSVP on the website, or to rsvp@jewishchattanooga.com, or call 493-0270.

Hadassah Food Bank Drive at JCC

Please bring your donations of nonperishable food for the Chattanooga Food Bank box, and toiletries for the Room in the Inn box, to the Jewish Cultural Center Wednesday, November 21st until Wednesday, December 19th.



SAVE THESE DATES

Federation Closed November 22 and 23

December 2 Community Candle lighting and Chanukah Party
December 4 Hadassah Federation Chanukah Lunch

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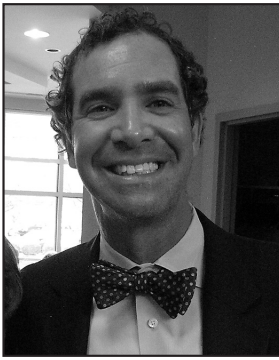
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NOTES FROM LEADERSHIP



The State of Volunteers

*Austin Center
Federation Board Chair
boardchair@jewishchattanooga.com*

It is hard to believe it has been ten years since Alison Lebovitz asked me to join her at a Young Jewish Leadership conference, TribeFest. That conference kickstarted my volunteer journey, which culminated this past year in my assumption of the role of Federation Board Chair. Maybe also being from the Volunteer State had some sort of subliminal impact on me. What I know is this: what makes our community strong is the people who care passionately enough to volunteer, and who, in doing so, inspire others to do the same.

So often, in my Federation travels to Israel, Ukraine, to the General Assembly in Washington, and to Jerusalem, I hear how impressed people are with what we do here in Chattanooga. What separates us from other Federations is the strength and passion of our community members, who, through their commitment, make our community better.

As I write this, I am getting ready to join Michael Dzik and Lauren Lebovitz in Israel for our Federation's annual General Assembly. The first General Assembly I attended was also in Israel, five years ago. I clearly remember Jerry Silverman's call to action in response to a Pew Study that had revealed Jews were assimilating more and engaging less in Jewish community life. He called on all of us in the Jewish community to correct this trend, to work to keep our fellow Jews engaged in Jewish community life. At the Federation, we heed this call in many ways:

1. We have an accredited early childhood preschool, Aleph Bet, where year after year we continue to grow and serve not only Jewish families and children, but the larger community as well. We are one of the only communities our size to offer tuition subsidies for our Jewish families. And enrollment is growing. How can you help? Aleph Bet is always looking for community volunteers to read to and engage with students. The impact you can have by taking thirty minutes out of your week truly makes a difference.

2. Mizpah and B'nai Zion congregations have created an incredible combined program and curriculum for youths, Machanoga Sunday School. Their curriculum is ground-breaking. How can you help? Volunteer to share your expertise, hobbies, passions, or experiences in their *chugim* (elective activities) programs.

3. Jew Crew engages our community's high school students in Jewish life and creates future strong leaders and volunteers. More than twenty-five students have attended a Jew Crew program this past year.

4. Jewish summer camps teaching leadership and teamwork are available to community youth, as are subsidies from the Federation to attend them. What is the impact of these programs on our community's youth? Last summer, students Sadie Cowen and Micah Hodes travelled to Israel for Federation-funded programs. Arthur Lebovitz, Sam Wiley and Murray Lebovitz, also Aleph Bet alums, are currently in Israel on different gap year programs. The seeds of education, community, friendship, and learning are planted in our students through the varied and comprehensive programs of Aleph Bet, Machanoga, Jew Crew, and Jewish summer camps, and the result is that our children are growing up to take--and keep--their rightful places at the Jewish table.

5. Just last month, we as a community--Chabad, Mizpah, B'nai Zion, and the Federation--united to bring Holocaust survivor Eva Schloss to Chattanooga for a powerful conversation at Memorial Auditorium.

Five years ago when Jerry Silverman issued his call to action, he probably did not imagine that Chattanooga, with a Jewish population of only approximately 1500, would become a beacon of light for other communities. And not just a beacon of light: the very leaders of his call to action.

Volunteerism and commitment to our community is the cornerstone of why we as a Federation are successful. We continue to engage the next generation and to take our responsibility--to unite Jews and keep them engaged throughout their lives--to heart. It's why we are stronger today than we've ever been. Our community is making a difference for generations to come.



A Night of Community

*Michael Dzik
Federation Executive Director
mdzik@jewishchattanooga.com*

Two very meaningful things happened a few Sundays ago. October 14th marked the culmination of many months of planning between all four local institutions -- the Jewish Federation, B'nai Zion, Mizpah, and Chabad -- to bring Holocaust survivor Eva Schloss

to the Memorial Auditorium here in Chattanooga. The four groups worked tirelessly together for months to ensure a professional and beautiful event. What a gratifying experience it was to work with everyone for the betterment of our Jewish community and all of Chattanooga. In the end, I was so proud that we'd brought together our diverse community for this important learning event.

Over two thousand people were in attendance for Schloss's moving and hopeful story. I could hear sniffles all around me and, many times, audible gasps. I'd like to share two moments from the program that were very meaningful to me personally.

I attended the program with my wife Paula, and my sixteen year-old daughter, Rebecca. We listened as Schloss described her arrival at Auschwitz, the scenes of horror all around, the humiliation of being stripped naked and paraded around, and of being allotted one garment and one pair of shoes. At one point when she described coming face to face with the notorious Dr. Mengele, Rebecca looked over at me and, seeing tears in my eyes, put her hand on my knee and asked me to hold her hand. Usually it's the parents reaching out with love and support; here was my young daughter reaching out to me with hers.

The second touching moment was at the end of the evening. Schloss had mentioned that she was fourteen and her brother Heinz was seventeen when the movie *Snow White* was released. Although she wanted to see it, Jews were not allowed out in the streets after certain times of the day. One day Heinz, a self-taught artist, went out into the streets and came home with some scrap cardboard. He hung several pieces in their windows and painted the various characters from the film. In this way, the family was able to find and create some happy moments.

The third of the most meaningful moments (for me) came at the end of the evening. A group of children, approximately ten to twelve years old, sent their spokesperson to the microphone to ask their question. In her very young, high-pitched voice, the girl asked, "Did you ever get to see *Snow White*?"

I was wowed by this, that the kids had picked up on not only the details of Schloss's story, but also on the importance of innocence and hope.

Schloss smiled. "Yes," she said. "Many years later I was able to see the film."

There was laughter and cheers in the room, after which Schloss was presented with a menorah and a proclamation from the city in which Mayor Berke declared October 14, 2018 Eva Schloss Day in Chattanooga. It was a beautiful--and perfect--end to this meaningful evening.



Public school children at Memorial Auditorium October 16th

Schloss, continued from front page

turned in by Nazi sympathizers.

Schloss spoke about her how lucky she was that she looked like an older teen (rather than a child) exiting the train car, and how fortunate that she was later able to get medicine for a sickness. When she suffered depression after the war, the encouragement of others helped her realize that she had much to live for.

A special thank you to Chabad, B'nai Zion, Mizpah, and the Jewish Federation for the collaborative effort in bringing this program to Chattanooga. In addition, through corporate sponsorships, Schloss spoke to 4,000 Hamilton County Students on October 16th free of charge.

@JEWISH CULTURAL CENTER



Finding Identity

Ann Treadwell
Program Director atreadwell@jewishchattanooga.com

Part of my charge in programming at the Jewish Cultural Center is to create an environment in which people can explore their sense of self, their identity and their purpose.

In conversations with Chen Dahan, our shlicha, these conversations have centered around how we can get people to better understand Israel – not just historic or biblical Israel, but contemporary Israel. How does each of us fit Israel into our identity? Do we need to physically visit Israel in order for Israel to deepen our sense of identity? Can our identity with Israel be more than religious identity? There are many opportunities through the Federation to visit Israel in person. But if that is not possible, you can visit Israel by spending time with the shlichim program.

Over the past few months I have had many discussions with people in the community that one way or another came back, directly or indirectly, to the topic of identity. Sometimes the talk was about a lack of identity leading to anger and fear, and about joining groups of like-minded others in order to gain a sense of identity. Sometimes it was discussion of assimilation. And, sometimes it was a dialogue about discovery: who am I? Who are we?

On the local level, how important is it for us to understand the history of the Jewish community in Chattanooga? Who “built” the Jewish community? What makes this Jewish community the same, and what makes it different, from others? Who are the current leaders and what are their roots? Is community identity important to pass on to younger people? To people new to Chattanooga? What is the best way to do that? How do we instill pride in our individual and collective sense of identity here?

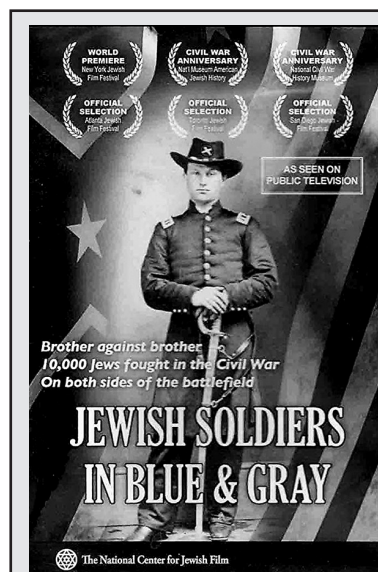
Community member Vicki Lewis shared a quote with me, from Mark Twain, about the Jewish people. "If the statistics are right, the Jews constitute but one quarter of one percent of the human race. It suggests a nebulous puff of stardust lost in the blaze of the Milky Way. Properly, the Jew ought hardly to be heard of, but he is heard of, has always been heard of. He is as prominent on the planet as any other people, and his importance is extravagantly out of proportion to the smallness of his bulk.

"His contributions to the world's list of great names in literature, science, art, music, finance, medicine and abstruse learning are also very out of proportion to the weakness of his numbers. He has made a marvelous fight in this world in all ages; and has done it with his hands tied behind him. He could be vain of himself and be excused for it. The Egyptians, the Babylonians and the Persians rose, filled the planet with sound and splendor, then faded to dream-stuff and passed away; the Greeks and Romans followed and made a vast noise, and they were gone; other people have sprung up and held their torch high for a time but it burned out, and they sit in twilight now, and have vanished.

"The Jew saw them all, survived them all, and is now what he always was, exhibiting no decadence, no infirmities of age, no weakening of his parts, no slowing of his energies, no dulling of his alert but aggressive mind. All things are mortal but the Jews; all other forces pass, but he remains. What is the secret of his immortality?"

Twain spoke these words in 1897; they are a reminder even today that Jewish identity is not going away.

Which programs at the Federation can you attend to strengthen your identity? What programs would you like to see?



Documentary Film Series Begins in January

January 9 “Jewish Soldiers in the Blue and Gray”

January 16 “Land of Milk and Funny”

January 23 “The Mossad”

January 27 “Who Will Write Our History?”

Federation and Aleph Bet will be closed November 22nd and 23rd for Thanksgiving. AB also closed Wed. the 21st.

Young Jewish Leadership Thirsty Thursday

Thursday, November 8 at 5:30 pm. Place TBD.

Tuesday Cafe



Tuesdays, November 6, 13, 20, 27 at noon. Menu will be listed in the community email. \$10. To-go orders may be available after all event attendees are served. Please RSVP.

Hebrew Class

Tuesdays, November 6, 13, 27. NO CLASS NOV. 20th.

AB Fall Program

Thursday, November 8 @ noon, JCC.

Night Run

Saturday, November 10 at 7:30pm. See front page for details.

Foreign Policy Supper Club

Monday, November 12 @ 6 p.m. “Global Health: Progress and Challenges” The collective action of countries, communities and organizations over the last 30 years has literally saved millions of lives around the world. Yet terrible inequalities in health and wellbeing persist. The world now faces a mix of old and new health challenges, including the preventable deaths of mothers and children, continuing epidemics of infectious diseases, and rising rates of chronic disease. We also remain vulnerable to the emergence of new and deadly pandemics. For these reasons, the next several decades will be just as important—if not more so—than the last in determining wellbeing across nations. \$12 includes dinner and cost of materials for discussion. Please RSVP.

Thanksgiving Pie Order Deadline

Tuesday, November 13. See page 9 for more information.

Young Jewish Leadership Shabbat

Friday, November 16. Israel@jewishchattanooga.com for details.

Thanksgiving Pie Pickup

Tuesday, November 20 Noon-4 p.m. and Wednesday, Nov. 21 9-noon

“Leaves” Exhibit Closes

Thursday, November 29 @ 5:00 p.m.

Your R.S.V.P. assures you a seat, a meal, and allows us to meet your special dietary needs.

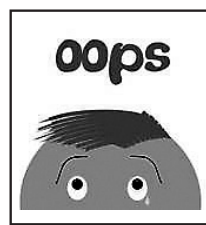
There are three easy ways to RSVP:

1. On the WEBSITE at <http://www.jewishchattanooga.com>.
2. Via EMAIL at rsvp@jewishchattanooga.com
3. Via the old fashioned TELEPHONE, at 493-0270 ext. 10.

No Meat? No Problem!

If you prefer a vegetarian meal at one of our events simply RSVP to the Federation AT LEAST three work days prior to the event. **We are happy to accommodate you but must have advance notice.**

Did We Goof?



Sometimes, we make mistakes. And sometimes, you catch them. What should you do if you find an error in *The Shofar* or on the website or our Facebook page? Go to the source! Email Communications Director Dana Shavin at dshavin@jewishchattanooga.com and she will fix it. Thanks for paying attention.

Take Home Chef Alice Goss-Morgan's “Bowls of Love”



Purchase matzo ball soup or chili for just \$4 for a one-bowl container or \$8 for a two-bowl size. **Call ahead to reserve; we do run out.** Contact Ann Treadwell (do not call the kitchen) at 493-0270, ext. 13; or atreadwell@jewishchattanooga.com to get your order packaged and ready to go!

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Goal:
1,100,000

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FEDERATION NEWS

Join the Jewish Federation Legacy Society

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams for a strong future Jewish community into a reality. Join today.

- | | | |
|------------------|-------------------|----------------------|
| Anonymous (2) | Dropkin, Warren | Lowe, Beth |
| *Allen, Amelia | Dzik, Michael | Lowe, Rob |
| Allen, Owen | Dzik, Paula | *Malsh, Rebecca |
| *Alper, Maxine | Fairchild, David | *Nash, Ike |
| Balsler, Jeff | *Frank, Estelle | Oxenhandler, Barbara |
| Balsler, Robin | Hanan, Jan | Parker, Jordan |
| Berz, Bob | Hanan, Michael | Parker, Rebecca |
| Binder, Claire | Hanan, Rachel | Pregulman, Helen |
| Black, Bonnie | Hanan, Victor | Privett, Rachel |
| Black, Stephen | Hill, J.R. | Richelson, Alan |
| Bogo, Jerry | *Hochman, Colman | Rosenfeld, Jackie |
| Bogo, Rosalee | Hochman, Lynn | Rosenfeld, Roy |
| Bohn, Jerry | Hodes, Alvin | Siskin, Pris |
| Brooks, Ellyn | Hodes, Andy | Sivils, Janet |
| Brooks, John | Hodes, Melody | Spector, Linda |
| Brouner, Betsy | Howard, Lynn | *Spector, Mark |
| Brouner, Lee | Israel, David | Spector, Mike |
| Center, Austin | Israel, Scott | Susman, Gail |
| Center, Marilyn | Jaffe, Dot | Susman, Joel |
| Cohen, Tal | *Jaffe, Sam | Weiner, Cara |
| Cohn, Herb | Lebovitz, Alison | White Dropkin, Donna |
| *Cohn, Sue | Lebovitz, Alan | Winer, David |
| Cowan, Rob | Lebovitz, Betty | Winer, Elaine |
| Diamond, Karen | Lebovitz, Charles | Winer, Finette |
| DiStefano, David | Lebovitz, Lauren | Winer, Sanford |
| DiStefano, Susan | Lebovitz, Michael | Zachary, Richard |
| Dittus, Sandy | *Levine, Lawrence | |

* Deceased

**See how easy it is to join
the Legacy Society!
Call Michael Dzik at
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NIGHT RUN 5K CHATTANOOGA

5K race or 1 mile walk

SATURDAY | NOVEMBER 10 | 7:30 PM
CHATTANOOGA RIVERWALK

Begins at shelter #4 in Riverpark next to the Hubert Fry Center,
4501 Amnicola Highway

Register at
nightrunchattanooga5k.org

All ages are welcome!

~ Proceeds benefit children's charitable organizations in
Chattanooga and Israel ~

Fun after party at **Brewhaus** on the north shore,
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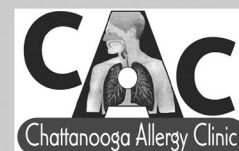
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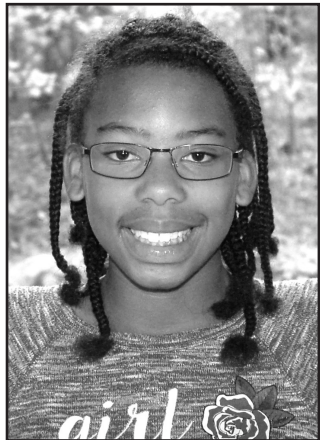


**Thank
You**



COMMUNITY NEWS

Bethany Kelman Bat Mitzvah November 17th



Bethany Kelman, daughter of David and Janis Kelman and sister to Autumn Kelman, will be called to the Torah as a Bat Mitzvah at Mizpah Congregation on November 17th. Rabbi Craig Lewis will officiate.

Bethany attends East Hamilton School, where she is a member of National Junior Honor Society, and competes in track and field, tennis, and basketball. Bethany is a Cadette member of Girl Scout troop 40580, and is an avid reader.

Zoe Solomon Bat Mitzvah was October 5th



Zoe Mckenzie Solomon, daughter of Sara and Aaron Solomon and granddaughter of Rollie and Michael Solomon (z'l) and Irwin and Karen Ellerin became a Bat Mitzvah on October 5th at Chabad. She attends East Hamilton Middle and High School where she is a member of the East Hamilton swim team, enjoys the YMCA volleyball league, and is taking pride in learning the flute. She also loves art.

For her bat mitzvah project Zoe made bread and organized dinner for the Chambliss Children's Center.

Ryan Val Bar Mitzvah was October 6th

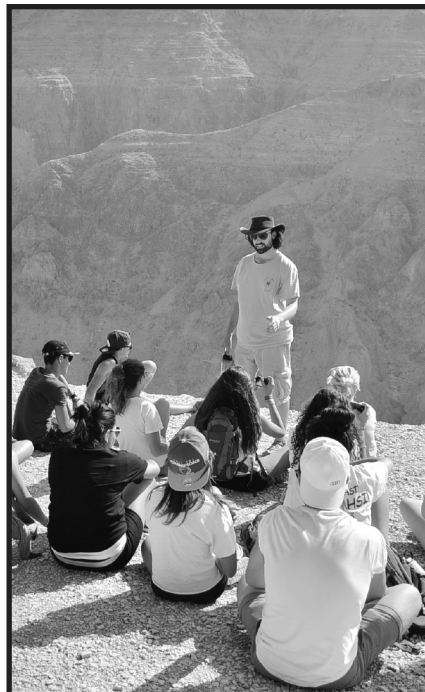


Mazel tov to Ryan Val, of Tracy City, who was called to the Torah as a Bar Mitzvah on Saturday, October 6th at Mizpah Congregation. Rabbi Craig Lewis officiated. Proud parents are Raymond and Michelle Val.

Ryan has four sisters, Lucy, Kayla, Melanie, and Mia. He is a senior at St. Andrews in Sewanee. He is highly involved at Mizpah, taking part in NFTY regional events with our youth group (CHATTY), and is a madrich at Machanooga for the 5th and 6th grade class, with co-teacher Nicole Taege.

Let us feature your bar/bat mitzvah or soon-to-be graduating senior in *The Shofar!* Email Dshavin@jewishchattanooga.com to find out how.

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By the Numbers

6000

Number of people who attended the Eva Schloss event at Memorial Auditorium



THURSDAY, NOVEMBER 1 • 7:00 PM • FREE TO THE PUBLIC



Event Speakers:

PASTOR VICTOR STYRSKY



CUFI EASTERN REGIONAL COORDINATOR & NATIONAL OUTREACH DIRECTOR

MICHAEL DZIK



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Community Mission Trip to Israel in 2019

Join us on this very important trip!

When: May 8-20, 2019

Cost: \$3,550 per person

(Land only, double occupancy.)

Federation subsidies will be available. Final cost of trip will be determined based on number of participants. \$500 due Nov. 2.

Want more information?

Contact Michael Dzik at 493-0270 ext. 15.



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COMMUNITY NEWS & EVENTS

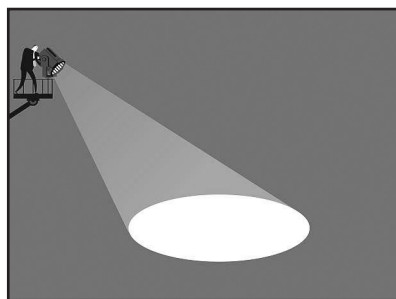
Newcomer Welcome



Maral Rahmani is originally from Shiraz, a historical city in Iran. She was born and raised there and moved to the United States two years ago. She earned a Master's Degree in Real Estate Development from Clemson University. She relocated to Chattanooga after graduating from school and is determined to make a living in Chattanooga, as she is very excited to be here. She is a member of Mizpah congregation. Please welcome Maral when you see her.

Know of someone new to the Jewish community? We'd love to welcome them with a write-up in *The Shofar*. Just send their contact information (email is best) to dshavin@jewishchattanooga.com and we'll do the rest.

Searching for a Few Good Directories



The Archives Committee is looking for copies of the Federation directory from 2017, 2016, 2015, 2013, 2012, 2011, and 2010. If you have one in good condition, please bring it to Ann Treadwell at the Jewish Cultural Center. Thank you!

Our website is up-to-date and state of the art. Please begin using it if you haven't already!
You can RSVP to events, register to volunteer, read *The Shofar*, and even donate.
<http://www.jewishchattanooga.com>.
You're gonna love it!

Andy Hodes
& The Scenic City Team

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Tributes

In Memory of

- Colman Hochman, Dr. Lawrence and Carol Young; Laura Trivers and Mark Harkins, Doug and Michelle Trivers; Karen Diamond; Doris Rubenstein and Suzy Rubenstein Cohen; Sam and Dana Banks; Sharon and David McDonald; Ellen Zarge; Marion Lidsky.
- Yuppie Shavin, Dr. Lawrence and Carol Young, Karen Diamond.
- Hal "Poppa" Sherwin, Dr. Lawrence and Carol Young.
- Ellie Ulin, Elaine and Sanford Winer.

In Honor of

- Eddie Redish, Anita Levine
- Talia and Ellie Weiner birthdays, Tal and Erin Cohen
- Elliana Bea Weiss baby naming, Tal and Erin Cohen

Condolences

We mourn the passing of the following beloved friends and family:

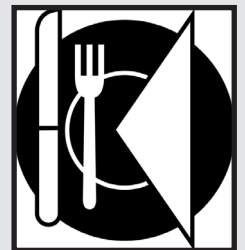
- Noah Saul, grandson of Anita and Julian Saul.
- Mildred Stein, mother of Karen Diamond, mother-in-law of Dr. Clark White, grandmother of Sam Diamond, great-grandmother of Olivia Diamond, on October 15.

Although the *Shofar* deadline is the 8th of the month, mazel tovs and condolences are accepted at any time. Contact Dana Shavin at 493-0270, ext. 12 or dshavin@jewishchattanooga.com.

Mitzvah Meals Suggested Donations

- \$8 per meal
- \$90 per month based on 3 meals/week
- \$125 per month based on 4 meals/week
- 160 per month based on 5 meals/week
- 190 per month based on 6 meals/week

Meals are available for pick-up or delivery.



To-go orders from any/all community programs will be charged the program fee (\$10-\$12) as opposed to the Mitzvah Meal fee. All Mitzvah Meal recipients must be pre-approved by the Director of Social Services. Menus are set by the Kitchen Supervisor and Director of Social Services.

PARTNERSHIP 2GETHER MEDICAL DELEGATION EXCHANGE

P2G Medical Exchange has reserved spaces on a unique and specialized weeklong trip for medical doctors. For more information see below.



January 20-26, 2019



Trip Includes:

- All meals and hotel accommodations with an optional two nights of home hospitality.
- Tours of Hillel-Jaffe Hospital, Hadassah Medical Center, Western Galilee Hospital, and other innovative medical facilities.

Program includes touring, Shabbat in Jerusalem and social and professional time with physicians in our region.
Cost: \$950 for all land costs for one week.
Airfare purchased on your own.

Questions or to reserve your space contact:

Dr. Stewart Perlman at stew.perlman@gmail.com
or Harriet Schifftan at harriet@jewishnashville.org or 615-354-1687



SHLICHIM PROGRAM



Falling for Fall

*Chen Dahan, Federation Shlichah
Israel@jewishchattanooga.com*

On September 22nd the fall season officially started here in America, and I have learned for the second time that it's a very big deal. Or maybe it's just that, in Israel, it is a very small deal.

It is a small deal in Israel because the fall season simply doesn't exist. Writing this article, I have learned that the Hebrew word for fall – *stav* – was used to describe the winter for many

DID YOU KNOW?
The Shlichim Program is made possible by your donations to the Jewish Federation Annual Campaign.

decades, and that the meaning of fall is relatively new.

The fall season here in the US brings with it so many things that do not exist in the Middle East. Here, fall brings out the new colors of orange, yellow, red, pink, white and brown; these are the colors of nature, but they also color the streets and shops and public spaces. Fall brings with it fall break in the US, while in Israel, children are waiting for Hanukkah break--in the winter.

Fall in the US brings with it Halloween and haunted houses, scary figures and candy corn. Fall brings Thanksgiving, turkey and sweet potato marshmallow casserole. None of these exist in Israel.

Fall brings with it pumpkins, pumpkin bread, pumpkin spice, and pumpkin coffee and cookies. Again, none of these amazing things have made it to the Holy Land quite yet.

I was born in the spring in the City of Summer - Tel Aviv. So fall in Chattanooga is both exciting and scary for me. I hope this fall will be a thing for me to fall in love with!

Already falling in love with my Hebrew class!



BREAKING NEWS: THE ELECTIONS TO THE ISRAELI KNESSET ARE EXPECTED TO BE HELD ON NOVEMBER 5, 2019.

JEW CREW

Jew Crew Meets Krav Maga

In September, the Jew Crew attempted to do something for the first time in its history: learn some basic moves behind Krav Maga. Built on simple principles, instinctive movements, and practical techniques, Krav Maga started as the official self-defense system of the Israel Defense Forces. To this day it remains a favorite among law enforcement agencies, military personnel, and anyone who is interested in making the transformation of a lifetime. That's right — anyone.

And we are lucky enough to have an official Krav Maga studio right here in Chattanooga. Instructor Larry Scott taught us how to use our fists, palms, elbows and legs for maximum self-defense in threatening situations. He explained that the moves don't require equipment or weapons, so they could be helpful in a variety of scenarios. Our training was relatively short, but we know the lessons we learned will last a lifetime.



**Next Up:
Giving
Thanks &
Giving Back
Sunday,
November 18**

**Jew Crew is
made possible
by your
donations to
the Jewish
Federation
Annual
Campaign.**



SOCIAL SERVICES



Good to Know

Christi Haustein, LMSW
Social Services Director
chaustein@jewishchattanooga.com
 893-9241

I wanted to share information given to me regarding your new Medicare card. The government is currently mailing out new Medicare cards to residents in the state of Tennessee, so yours IS on its way soon. You may have already received it in the mail. Please keep in mind that **MEDICARE WILL NEVER CALL YOU!!!!** If you receive a

call and they say they're with Medicare, **DO NOT** give out your personal information! This is a scam! Your new Medicare cards are **FREE**. People are receiving calls asking for money in order for them to receive their new Medicare cards. This is another scam! Contact me with any questions.

Need a Ride? Tips for Van Travelers



Contact the Social Services department for approval to receive transportation services. Once you have been approved, you may call the appropriate driver for the day you need transportation.

Please book trips at least 48 hours in advance by contacting the appropriate driver **during office hours** (9:00 a.m. to 5:00 p.m.)

- Contact the office or driver as soon as possible if unable to take the trip.
- Please schedule all possible location stops with your driver while making your appointment to accommodate your needs.
- We are more than happy to stop at an unexpected location for you but we cannot guarantee to accommodate you because of other scheduled trips with passengers.

Mondays - Rick Jacobs

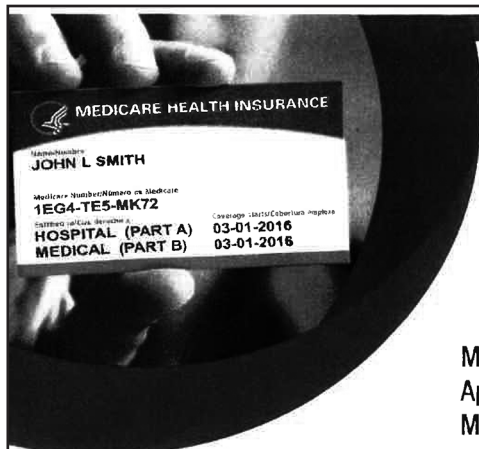
Tues. & Thurs.- Eddie Reel & Jason Shuman

Wednesdays - Eddie Reel & Rick Jacobs

Eddie: 423-298-7169

Jason 423-320-1480;

Rick Jacobs 423-432-2222



10 things to know about your new Medicare card

Medicare is mailing new Medicare cards starting in April 2018. Here are 10 things to know about your new Medicare card:

1. **Mailing takes time:** Your card may arrive at a different time than your friend's or neighbor's.
2. **Destroy your old Medicare card:** Once you get your new Medicare card, destroy your old Medicare card and start using your new card right away.
3. **Guard your card:** Only give your new Medicare Number to doctors, pharmacists, other health care providers, your insurers, or people you trust to work with Medicare on your behalf.
4. **Your Medicare Number is unique:** Your card has a new number instead of your Social Security Number. This new number is unique to you.
5. **Your new card is paper:** Paper cards are easier for many providers to use and copy, and they save taxpayers a lot of money. Plus, you can print your own replacement card if you need one!
6. **Keep your new card with you:** Carry your new card and show it to your health care providers when you need care.
7. **Your doctor knows it's coming:** Doctors, other health care facilities and providers will ask for your new Medicare card when you need care.
8. **You can find your number:** If you forget your new card, you, your doctor or other health care provider may be able to look up your Medicare Number online.
9. **Keep your Medicare Advantage Card:** If you're in a Medicare Advantage Plan (like an HMO or PPO), your Medicare Advantage Plan ID card is your main card for Medicare – you should still keep and use it whenever you need care. However, you also may be asked to show your new Medicare card, so you should carry this card too.
10. **Help is available:** If you don't get your new Medicare card by **April 2019**, call 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

You have the right to get Medicare information in an accessible format, like large print, Braille, or audio. You also have the right to file a complaint if you feel you've been discriminated against. Visit [CMS.gov/about-cms/agency-information/about-website/cmsnondiscriminationnotice.html](https://www.cms.gov/about-cms/agency-information/about-website/cmsnondiscriminationnotice.html), or call 1-800-MEDICARE (1-800-633-4227) for more information. TTY users can call 1-877-486-2048.



Thanksgiving Pies

Pumpkin \$15
 Apple Cranberry \$15.
 Pecan \$18

Order Deadline: November 13

Pick up dates:
 Tuesday, November 20, noon - 4 p.m.
 Wednesday Nov. 21, 9 a.m.-noon

Have You Lost Touch?

No longer getting weekly e-mails from the Federation? Please call Jake at the front desk at 493-0270 to make sure we have your correct e-mail address. If we do, but you're still not getting them, you may have accidentally unsubscribed. It is very easy to get you back in touch. Just let us know.

How to Have Fun Without the Food



Want to come to a meal-time program but don't wish to eat? Now you can, at half the cost. (If lunch program is \$10, you'll pay \$5.) Why is there still a cost? Fees pay not just for the meal but for labor, marketing, and other associated expenses. **Regardless of whether or not you eat, you will still need to RSVP in order to reserve a seat.**

Note: Please do not bring outside food or beverages into the Federation. If you would like to suggest a beverage or food to be served at an event, please contact Ann Treadwell. She and Alice Goss-Morgan, Kitchen Supervisor, will consider your suggestion. Food allergies or restrictions? Please contact Ann Treadwell. We will do our best to accommodate you. Atreadwell@jewishchattanooga.com or 493-0270 ext. 13.

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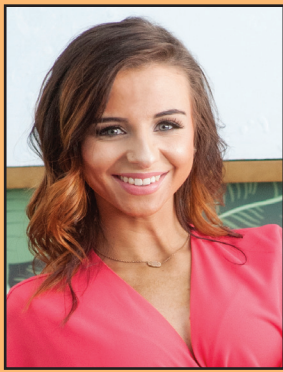
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COMMUNITY NEWS

Spring Graduations

Grace Brody to Graduate from GPS



Grace Brody, daughter of Donna and Dr. Kirk Brody, sister of Griffin and Greer Brody, and granddaughter of Sondra and Buzz Brody (Knoxville) and Claudette and Donald Anderson (Kingsport), will graduate from GPS this spring. Grace is a Head Varsity Cheerleader for Blue Crew, and is involved with the GPS Singers, Current Events Club, and is a Junior Member of Greater Chattanooga Hydrocephalus Association and member of the Epilepsy Foundation. She is a singer at Sound Resources and is represented by

the Kathleen Schultz Agency in LA and Atlanta.

Grace has been named Miss Chattanooga's Outstanding Teen; Miss Scenic City's Outstanding Teen; Junior Miss of Tennessee (3rd runner up at nationals); and received the Children's Miracle Network Miracle Maker Award at Erlanger Hospital.

Grace has been accepted to the Curb College of Entertainment and Music Business at Belmont College. She is also passionate about dogs (she has five) and has her own personal platform, Ending Anorexia Together (E.A.T.).

Zachary Opengart to Graduate from CCA



Zachary Opengart, son of Rose and Ken Opengart and grandson of Arlene (Richmond, VA) and the late Al Opengart, and Miriam Edelstein (Nanuet NY) and the late Gene Darvin and Richard and Pat Edelstein (Monterey, Mass.), will graduate from the Center for Creative Arts this spring. He has two sisters, Juliana, 15, and Aliya, 13.

At school Zach is involved with Model U.N., Youth in Government, and has acted in many plays (*Twelfth Night* this year). His favorite subjects are history and English, he has been on the

Star Roll for straight A's repeatedly, and is a member of the National Honor Society.

Outside of school Zach participates in the Mayor's Youth Advisory Council, completed an internship with gubernatorial candidate Karl Dean, and is a madrich at Machanoga Sunday School.

Zach plans to attend Washington University in St. Louis, Vanderbilt University, or American University, to study political science.

Zoe Hannah McCarley to Graduate from Baylor



Zoe Hannah McCarley is the daughter of John and Tracy McCarley, and the granddaughter of Les and Joni Janis of Atlanta, and Georgia and David and Peggy McCarley of Dayton, Ohio. Zoe's older sister Cassandra is a junior at the University of Alabama.

Zoe is in the Raiders Against Prejudice club, French Club, and Knitting Club. She is a part of Red Circle, a distinguished program to help with admissions. Her favorite subjects are forensic science and history.

Zoe has been involved in the Baylor dance program for seven years, culminating every year in a performance in the dance recital Vervé. Zoe's favorite activities are reading, hanging out with friends, and organizing. She has worked as a madrichah at Sunday school for four years, and is a member of Jew Crew. Zoe has been accepted to the University of Alabama and plans to study interior design.



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