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ALEPH BET CHILDREN'S CENTER



Meghan Graybeal
 Aleph Bet Children's Center
 alephbet@jewishchattanooga.com
 (423) 893-5486



The cat Noodle Pam-fifi Chatula adopted us this year. She works hard teaching the children kindness, gentleness, and how to care for others.

We hope to see you for our **Fall Program and Lunch** at the JCC Thursday, November 8th at noon. See graphic, right, for more information.

Aleph Bet Children's Center presents

IT TAKES A VILLAGE RAFFLE

1st Place- \$500
 2nd Place- \$400
 3rd Place- \$300

TICKET PRICES:
 1-\$18 4-\$54 10-\$108 15-\$180

Drawing takes place at our annual Fall Program & Luncheon
 Need not be present to win

VISIT ALEPH-BET.COM FOR MORE INFO OR TO PURCHASE TICKETS

LET'S GIVE THANKS TOGETHER!

Aleph Bet Fall Program & Lunch

Thursday, November 8th at Noon

ADULTS: \$10 CHILDREN: \$5
 RSVP AT ALEPH-BET.COM

A GIFT FOR YOU THAT LASTS A LIFETIME

Your child may be eligible to receive a gift voucher up to \$1,200 to attend Aleph Bet!*

The Jewish Early Childhood Initiative:
 Funding generously provided by the Lebovitz Family Charitable Trust and private donors

Apply at www.aleph-bet.com or call 423.893.5486 for more information.

*must meet eligibility requirements

aleph bet children's center

It's not too late to join us for the 2018-2019 school year!

For more information please visit our website at: ALEPH-BET.COM

Or call 423.893.5486 to schedule a tour

Aleph Bet is recognized by the State of Tenn. for its commitment to good health

Aleph Bet Children's Center, a program of the Jewish Federation of Greater Chattanooga, aims to provide an educational, interactive and developmentally appropriate preschool program that is enriched by Jewish traditions and values and implemented by a trained, dedicated, and nurturing staff.



MACHANOOGA

The Machanooga Team



Lily Dropkin, Co-Director



Betty Golub, Co-Director



Jan Suhrbier, Administrator

Starting a Jewish Library

Let books be your dining table,
And you shall be full of delights
Let them be your mattress
And you shall sleep restful nights.
~Author Unknown



In 1925, Fanny Goldstein, a librarian at the West End Branch of the Boston Public Library, set up an exhibit of Judaic books and used it as a focus of what she called Jewish Book Week. In 1927, the event was adopted by communities around the country. During its first fifteen years, the annual date of the program coincided with the holiday of Lag B'Omer or Shavuot, regarded as a scholars' festivals. In 1940, the event was moved to pre-Hanukkah, so as to promote books of Jewish content as Hanukkah gifts. This timetable remains in place to this day. Jewish Book Week became so popular and so filled with activities that it was extended to a one-month period in 1943. Isn't it wonderful to find a comfy spot and curl up with a new book or an old favorite?

We are encouraging all of our families to start a Jewish library. Please make sure you have enrolled your child in the different reading programs through Federation: PJ Library and Sifriyat Pijama B'America (Hebrew). For our somewhat older children, there is PJ Our Way (ages 9 – 11). Also check out PJ Library Radio – a Jewish music radio station.

We would like to recommend the following books for our students:

Light the Menorah	ages 4 – 10
Unlikely Ballerina	ages 5 – 10
Way too Many Latkes	ages 3- 8
The Children of Willesden Lane	ages 12 +
The Spy who Played Baseball	ages 5 - 10

Machanooga Dates

November 4
November 11
November 18

Chug Dates:

November 4 – end of Chug #2
November 11 – Begin Chug #3
November 11
November 18
December 2



Rabbi Lewis' Class is always enthusiastic about Machanooga.



Wildlife rehabilitator Juniper Russo brought an opossum to Machanooga for the Pre K - 1st Grade Chug. The children learned about native wildlife.

Israel Day at Machanooga

On our first Israel Day at Machanooga, we had the opportunity to take a community photo to send to the moon! Federation shlichah Chen Dahan presented a workshop about Israel and her space program. Some of the children made their own rocket ships (see below, right).



B'NAI ZION CONGREGATION



BLT

Join us on **Sunday, November 4th at 9:00 am**. Come be a part of our Sunday minyan and enjoy a delicious spread and sparking discussion. Mmmmm, delicious davening! See you there!

Open House Shabbat Friday, Nov. 16 6:45 pm



Home of Laurie Fisher and Matt Lauer. Join us for this twist on the traditional Shabbat dinner and an authentically Jewish way to celebrate life while strengthening community. There is no cost for the program; simply sign up to bring a dairy or pareve dish. We hope you will enjoy this opportunity to engage in a meaningful Shabbat experience with friends, new and old, in our community.

Relax Your Mind, Rejuvenate Your Body, and Fill Your Spirit!



Ramah Darom's Jewish Women's Getaway

with Rabbis Danielle Upbin & Susan Tendler

Nov. 11-14, 2018

Find all the details at ramahdarom.org/jwg



On **Sunday, November 18th at 11:00 am** at the B'nai Zion Cemetery we will honor the memory of Jay Menuskin, z'l by unveiling his gravestone and dedicating the pavilion in his memory.



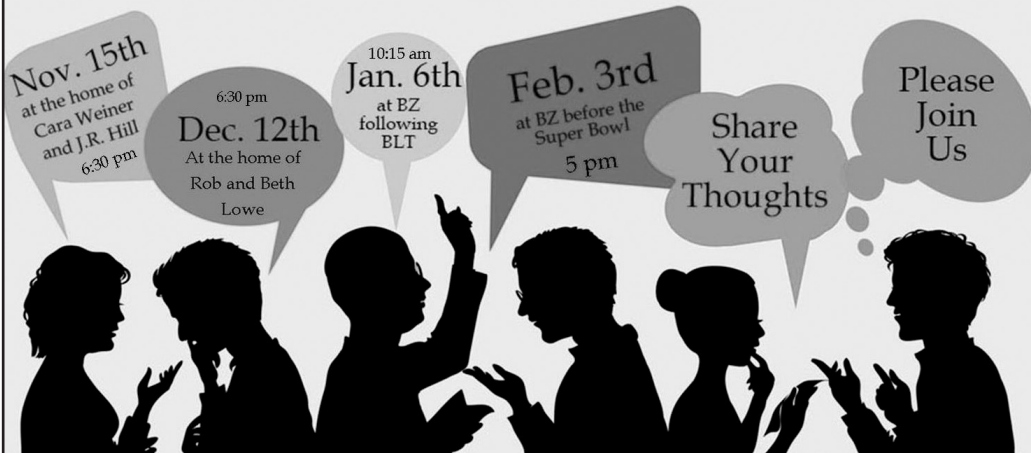
19th Annual Grateful Gobbler Walk/ Run Thanksgiving Day Thurs., Nov. 22nd at 8:00 am at Coolidge Park.

BZ is excited to partner with the Church of the Nazarene to support this noble cause. When registering please make sure to click on our team

Praying It Forward. On the day of the race we will be gathering at the Spitting Lions Fountain in front of the Carousel at 7:45 am.

Kehilla Conversations

We hope that all of our members will choose one of four upcoming Town Hall Meetings to discuss how these recent changes in United Synagogue policy might affect our own by-laws.



Last year the General Assembly of Conservative Synagogues overwhelmingly voted to change the standard of membership for United Synagogue. Whereas formerly only Jewish individuals could be members in Conservative synagogues, this governing body in hopes of fulfilling the vision of the prophet Isaiah: "My House will be called a house of prayer for all people", has opened the doors to the tent, celebrating and welcoming diversity in our sacred spaces.



Parashat Vayishlach through the eyes of a forensics nurse Saturday, Nov. 24th around 11 am

Guest Speaker: Laura Moore

Join us for the first in our series of congregants sharing their insights on the weekly Torah portion through their professional/experiential lens. As we read the parasha that contains the brief story of the rape of Dinah, we are

delighted to have commentary from a professional who deals with such trauma day in and day out. Laura Moore works for Partnership Rape Crisis Center, specializing in sexual assault examinations and domestic violence examinations. Laura's background will no doubt illuminate the parasha for us, bridging to our world today.

Lunch-n-Learn

November 14th at 12:00 pm

Rabbi Tendler will be sharing her recent experience in which she joined with twenty rabbis (Orthodox, Conservative and Reform) to meet with leaders in Israel to discuss what a pluralistic Jewish nation means or might mean in the future. All are welcome. Bring your own dairy or pareve lunch.



Youth Programming



ChooUSY and Kadima SA/TO Project

Join us on at B'nai Zion on Veteran's Day, November 11, at 12:30 pm for a meaningful Social Action/Tikkun Olam project! This year's SA/TO theme for HaNegev is Kol Ha-Olam Kulo. The goal is to teach about different ways each

individual can make a difference and give back through both volunteering time, donating money and or collecting items within a drive. We will be giving back in our own way! We hope to see you there so you can help make a difference!



All-Day Chanukah at Barnes and Noble

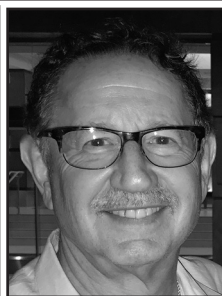
Wednesday, November 28th

An all-day celebration of Chanukah and one of our favorite annual traditions. From storytelling, to adult education, to BSI and candle lighting, we have a full day in the works! Make any purchase, whether in the cafe, online or in-store and mention the BZ code, and BZ receives a percentage of the proceeds! See you there!



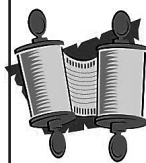
423) 894-8900
office@bzcongregation.com
www.bnaizioncongregation.com

MIZPAH CONGREGATION



923 McCallie Avenue
 Chatt., TN 37403
 423-267-9771
 mizpah@epbfi.com
 mizpahcongregation.org

Richard Zachary, page editor



Shabbat Morning Torah Study:

Every Shabbat morning at 9:15 am
 Led by Rabbi Craig Lewis
 Preceded by lox, bagels and coffee

Shirei Shabbat

3rd Shabbat each month (November 16th) at 6pm
 (preceded by Shabbabat at 5:30 pm)

NOVEMBER WORSHIP AND STUDY SCHEDULE

Tuesdays: Adult Hebrew	6:00-7:00 pm
Introduction to Judaism	6:30-8:45 pm
Wednesdays: <i>Mussar</i> : Sacred Teachings and Ethics	7:30 am
Mizpah Children's Hebrew School	4:30 pm
Thursdays: Lunch 'n Learn: Seasonal / current events	12:15-1:15 pm
Fridays: <i>Oneg/Kabbalat Shabbat</i> Services	5:30 / 6:00 pm
November 2: First Friday Family <i>Shabbat</i> Service & dinner	6:00 / 6:45 pm
November 16: <i>Shabbabat</i> : Children's Service	5:30 pm
<i>Shirei Shabbat- Sabbath of Song</i>	6:00 pm
Saturdays: Torah Study w/ breakfast	9:00 am
Shabbat Worship services w/ Torah Reading	11:00 am
Sundays: <i>Machanooga</i> : Sunday School at B'nai Zion	10:00 am

Please Note: Due to normal security concerns, Mizpah doors - front and back - are locked at all times. Use the code or ring the bell. Thanks.

Wednesday Morning Mussar

Wednesdays at 7:30 a.m.



Mussar is a 1,000-year-old tradition of Jewish study in which the focus is practical application of our sacred teachings into the ethics by which we guide our lives. We use teachings from Alan Morinis' book, *Every Day, Holy Day*, as launching off points to discuss Jewish values and to explore texts from Talmud and other books of Jewish law, theology, and practice.

Bring your coffee, a bagel or nosh if you like, and let Torah provide you extra energy for the rest of the day.

Lunch and Learn

Thursdays from 12:15-1:15

Bring your own lunch as Rabbi Lewis presents teachings on seasonal topics: upcoming holidays, world events, or as guided by the interest of participants. These sessions will be a pleasant way to see Temple friends during the week and to explore deeper understandings of Judaism together.



Sababa + Shabbat
 Shabbabat

Shabbabat Children's Program

November 16 at 5:30

Youth and Family Director Lily Dropkin creates a unique and fun monthly program.



In partnership with St. Paul Episcopal Church downtown, the Mizpah Social Action Committee provides nighttime living arrangements for temporarily homeless families four (4) weeks a year. We supply the volunteers and St. Paul's provides the space. All are welcome. Please use the following link to sign up: <http://signup.com/go/GjUfpge>. Dates are Oct 28th through Nov 4th.

BENEFIT EVENT AT MIZPAH: JEWISH-THEMED MUSIC

SUNDAY, JANUARY 13 at 3:00 PM



Mizpah is proud to present the Emily Nelson Trio, featuring cellist **Emily Nelson**, in a program of classical and popular music. The program for the concert was prepared with the assistance of Chattanooga Symphony Maestro Emeritus **Bob Bernhardt**. Program expenses underwritten by the generosity of the Cohn/Cohen families. Mizpah sanctuary has been called "A preeminent venue for musical performances" with "near-perfect acoustics." FOR INFORMATION, CALL 267-9771 OR VISIT MIZPAHCONGREGATION.ORG



Baby naming for Elianna Weiss, daughter of Josh and Edie Weiss. Rabbi Lewis officiating



Intro to Judaism class at Mizpah



Mizpah presents at Chattanooga Pride Interfaith Service. Left to right: Rachel Saloman, Richard Zachary, Rebecca Sadowitz. Service took place October 2nd at Pilgrim Congregational Church.



Past Mizpah Presidents: Seated: from left: Susan Distefano, Donna White-Dropkin, M.J. Levine, Iris Abelson; Standing, from left: Rabbi Lewis, Current President Alan Richelson, Max Brener, Henry Schulson, Howard Levine, Bev Coulter, Richard Zachary, Paul Lefkoff, Warren Dropkin

CHABAD



Chabad
of Chattanooga

Rabbi Shaul
Perlstein

Disco in the Sukkah, Simchat Torah, Holy Smokes Barbecue a Big Hit With Young and Not-so-Young!



As far as Jewish Holidays go, Sukkot is one of the most fun, and "Disco in the Sukkah" took it to the next level. Bruce Weiss and the crew did a fabulous job serving the crowds the most amazing falafel ever. We got to shake the lulav and etrog and smell the lemony scent of the etrog and the spicy smell of the myrtle. Kids had a blast autographing the Sukkah we built (see below). The dancing and glowing party was enjoyed by all. Of course, dessert was the cutest edible Sukkahs we got to make on our own.

At the end of the holiday, there is Simchat Torah, which is essentially a giant party for the Torah with a parade, singing dancing, ags and treats. And who doesn't like a "Holy Smokes Barbecue" featuring smoked salmon, turkey, pastrami, and brisket? Thank you to our star chefs Tom Balazs, Jay Goldstein, Bret Moldenhouer, Rabbi Perlstein, and Sam Sadowitz.

Below, when a rained out party turns into a glowing joyous Sukkot celebration for everyone!



A R K B'H

Follow us on
Facebook/Instagram

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GET
an ARK

FILL
IT UP

GIVE
it to someone
in need

We all have the power to change our world for good with a simple Act of Random Kindness.

GET an ARK.
FILL it up.
GIVE it to
someone in need

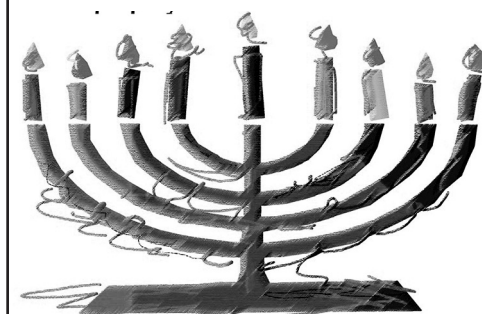
Come by Chabad to pick up an ARK for your home. Courtesy of Dorian Furr's Bar Mitzvah project.

GET IT

FILL IT

GIVE IT

Save the date:
Thursday Dec 6
Chanukah on Ice
At Ice on the Landing



HADASSAH NEWS



Hadassah Happenings

by *Judy Sachsman*
Chapter Reporter



On Sunday, October 14, a joint Hadassah-Federation program, "Choices: A Family Affair Looks at Medicare," was offered at the JCC. Members and their support groups received advice about the many and complex Medicare choices. A special thank you to Christi Haustein, LMSW, Federation Social Services Director, for helping people make responsible and informed health care decisions. She is also available by appointment to discuss personal healthcare challenges.

Barbie Potts, fresh from the Nurse's Track of the Hadassah Milestone Mission, shared her experiences with a group at the home of Bev Coulter. Hadassah celebrated the original Hadassah project in Israel, the establishment of the Hadassah Medical Center and the School of Nursing. Barbie reported that a highlight of the tour was visiting the Department of Ophthalmology, which was celebrating its 100th year in existence at Hadassah Medical Center. Thank you to Barbie and Bev for making this event a success. And welcome back to Dana Waxler, who traveled on the commemorative track of the Israel Hadassah Milestone Mission.

Chattanooga's Margaritas and Mah Jongg annual membership event will be held Sunday, November 11, from 4-7 p.m. at Mizpah. One lucky prospective member will win her annual membership, plus door prizes will be awarded. Mah Jongg lessons will be available for new players, and alternative games will be provided. Guests are welcome and there is no charge to attend. Please bring a dairy/pareve appetizer or dessert to share. Margaritas, wine, and soft drinks will be provided. Thank you to Dana Banks for setting up this event. RSVP by November 8 to Judy Sachsman (432)322- 2270 or email jmsachsman@gmail.com or Dana Banks at dbbanks1@aol.com.

Come celebrate Chanukah at a joint Hadassah-Federation Tuesday luncheon December 4 at the JCC. Carla Morrow has arranged for a Klezmer music celebration with Ed Bergin on accordion and Gordon Inman on clarinet. Please bring your donations of nonperishable food for the Chattanooga Food Bank box and toiletries for the Room in the Inn box any time after Thanksgiving through Chanukah.

Remember each lifecycle event with membership in Hadassah. Contact Judy Sachsman for information about membership.

Hadassah enhances the health and lives of people in Israel, the United States and worldwide. By connecting and empowering Jewish women to effect change, we are the women who do.

Hadassah Tours Erlanger Children's Hospital

Hadassah Chattanooga thanks Erlanger Health Systems for the fabulous tour of the soon-to-be-opened Children's Hospital at Erlanger. Special thank you to Erlanger's Bruce Komiske, Vice President of New Construction and Design, and Jed Mescon, Vice President of Marketing and PR (not pictured). See Hadassah Facebook page for more photos.



Erlanger VP of New Construction and Design Bruce Komiske with project mascot



Above and below, Chattanooga Chapter of Hadassah on tour of Erlanger Children's Hospital



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- Help a teen participate in a Young Judaea Israel Program
- Ensure Jewish continuity and future leadership



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Enclosed is my check for \$ _____ (please make checks payable to Hadassah)

I would like to pay by: Visa MasterCard Amex Discover

Total Amount to be Charged: \$ _____

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Name on Card _____ Signature _____

Name _____ Chapter/Group _____

Address _____ City/State/Zip _____

Phone _____ email _____

Would you like to receive a bracelet(s) in gratitude for your donation*? Yes No
If YES, as part of your payment, you can receive:

1 bracelet for \$25 payment; 2 bracelets for \$48 payment; 3 bracelets for \$70 payment

Indicate type of bracelet and quantity: chamsa star lion

**Want to raise some more awareness?
Like Hadassah on Facebook, follow us on Twitter
and find us on Pinterest.**

**Remember, we don't just stand for the
Power of Women Who Do, we have
"The power of women to change the status quo."**

FEDERATION BULLETIN BOARD

The Shofar

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Austin Center, Board Chair
Michael Dzik, Executive Director
Dana Shavin, Editor

The Shofar is mailed at no charge to local members of the Jewish community. The cost for out-of-town subscribers is \$25 a year. The views and opinions expressed are those of the authors and not necessarily those of the Jewish Federation or the editorial staff of this newspaper.

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email: boardchair@jewishchattanooga.com

Jewish Federation Mission Statement

The Jewish Federation of Greater Chattanooga builds and fosters a strong unified Jewish community and strives to ensure its well-being and continuity locally, in Israel, and throughout the world.

Jewish Cultural Center Statement of Purpose

The Jewish Cultural Center, funded by the Jewish Federation of Greater Chattanooga, is a venue for programs, classes, and exhibits; social services; and a preschool—all rooted in Jewish values. The facility enables the Jewish community to raise its visibility, foster relationships, and strengthen its identity in the Chattanooga area.

Shofar Policies and Procedures

Article/Advertising Deadline

The deadline for *Shofar* articles, announcements, photos and advertising is the 8th of the preceding month. Submit articles via email to *Shofar* editor Dana Shavin at dshavin@jewishchattanooga.com. Photos should be e-mailed as high resolution (300 dpi) jpeg files. Hard copies of photos will be returned once they are scanned and the issue has gone to press.

The Shofar calendar

The Federation maintains an online calendar for the community that includes congregational events, social activities, special services and celebrations. Contact Jake Balsler at the Federation (493-0270, ext. 10; federation@jewishchattanooga.com) before scheduling your event and/or to add your date to the calendar. View the online calendar by visiting www.jewishchattanooga.com and clicking the calendar tab.

Only Jewish Federation and Federation-sponsored events are listed on the *Shofar* calendar, which appears on the inside back page of each issue.

Letters to the Editor

It is the policy of *The Shofar* to encourage letters to the editor. For a letter to be published, it must be signed. The writer's name will be printed. Letters may be edited for length and are selected for publication at the discretion of the editor. Letters should be no more than 200 words.

Mazel Tovs and Condolences

Please contact Dana Shavin (or dshavin@jewishchattanooga.com or 493-0270, ext. 12) with information regarding mazel tovs and condolences. Whenever possible, dates of death will be printed. These announcements are accepted until the 20th of the month.

Articles about upcoming Bar/Bat Mitzvahs, weddings and other special events are featured on the Community Lifecycles page. Text and photo must be provided in accordance with *Shofar* deadline on the 8th of the month preceding the issue.

Corrections

Please contact *Shofar* editor Dana Shavin if you find an error in *The Shofar*. We aim for accuracy.

Community Directory Updates

If you have updates/corrections to the community directory, please contact the Federation at federation@jewishchattanooga.com or 493-0270, ext 10. You can also make corrections at our website, jewishchattanooga.com.

November 2018 Cheshvan/Kislev 5779

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1 CUFI 7pm, Ringgold Colonnade	2 Candle Lighting 6:28	3 Candle Lighting 7:24
4 Daylight Savings Time Ends	5	6 Tuesday Cafe Noon, JCC Hebrew Class 5:30, JCC	7	8 AB Fall Program Noon, JCC YJL Thirsty Thursday 5:30 pm, Location TBD	9 Candle Lighting 5:22	10 Night Run Riverwalk, 7:30pm Candle Lighting 6:19
11	12 Foreign Policy Supper Club 6pm, JCC	13 Tuesday Cafe Noon, JCC Pie Order Deadline Hebrew Class 5:30, JCC	14	15	16 YJL Shabbat Candle Lighting 5:17	17 Candle Lighting 6:14
18 Jew Crew 12:15	19	20 Tuesday Cafe Noon, JCC Pie Pickup 12-4 pm No Hebrew Class	21 Pie Pickup 9-Noon AB CLOSED	22 AB and FEDERATION CLOSED	23 AB and FEDERATION CLOSED Candle Lighting 5:14	24 Candle Lighting 6:12
25	26	27 Tuesday Cafe Noon, JCC Hebrew Class 5:30, JCC	28	29 Leaves Exhibit closes at 4 pm	30 Candle Lighting 5:12	1 Candle Lighting 6:11

For an up-to-the-minute version of a calendar that displays events for all Jewish community organizations, click the Community Calendar tab on the homepage of www.jewishchattanooga.com. The Shofar calendar lists only Jewish Federation and Federation-sponsored events.

Key November Federation Dates

Tuesday Cafe

Tuesdays, November 6, 13, 20, 27

AB Fall Program

Thursday, November 8

Night Run

Saturday, November 10

Foreign Policy Supper Club

Monday, November 12

"Leaves" Exhibit Closes

Thursday, November 29

Please see page 18 for Shofar policies and procedures.

Calendar Abbreviation Key

AB	Aleph Bet Children's Center
JCC	Jewish Cultural Center
MZP	Mizpah Congregation
P2G	Partnership 2Gether
YJL	Young Jewish Leadership

You can now update your contact information for the Directory by going to the website! Simply go to <https://www.jewishchattanooga.com/directory>. It's that easy!

This issue was mailed on or before October 24. Please contact your mail carrier or local postmaster if you did not receive it promptly.

The Shofar is online at the Federation website.
Go to Jewishchattanooga.com/Shofar
The online Community Calendar is current.



Jewish Federation®
OF GREATER CHATTANOOGA

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THE POWER OF COMMUNITY.

In and Around the Jewish Cultural Center

Federation Pride Day Booth at Festival



Jewish Federation set up a Jewish and Israeli pride booth at the Tennessee Valley Pride Festival last month, to show that people can be part of both the LGBT community and the Jewish community, and to educate people about the fact that Tel Aviv, Israel is LGBT-friendly. Those tending the booth talked about the Jewish value, You shall Love. The booth was dedicated to Shira Banky z'l, a 16 year-old girl who attended the LGBT Pride Parade in Jerusalem in 2015 and was stabbed to death by a man who did not agree with the fact the parade took place in Jerusalem. Top photo, right to left: **Rabbi Lewis, Jake Balsler, Alexandra Rose, Rachel Lynn Salomon, Phil Sadowitz, Becca Sadowitz, Aspen Dressler, Chen Dahan, Eden Lewis.** Far, right, **Aspen Dressler.**



September YJL Shabbat Dinner; Trivia Night

Left-right, **Young Jewish Leadership members Jake Patish, Josh Schklar, Hannah Boulware, Jake Balsler, Rebecca Hanan, Amanda Boulware, Zac Beker, Chen Dahan** at home of Jake Balsler. Below, l-r, **a few of the smiling faces of Trivia Night: Ashley Baker, Ashley Stein, Sara Huffine, and Jennifer Cooke.**



The Nutcracker

The Tivoli Theatre

December 8 — 2:00 pm, 7:30 pm
December 9 — 2:00 pm

423.757.5580
www.tivolichattanooga.com

Chattanooga Ballet

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- Insect Sting Allergy

BACK ROW: Shandra Burnett, FNP; Christy Kensey, FNP; Brittany Hamby, FNP; Linda Melton, FNP; Donna Bearden, FNP; Shannon Hayes, FNP; Honor Hightshue, FNP
FRONT ROW: Hyman Kaplan, MD; Lee Perry, MD; Marc Cromie, MD; Todd Levin, MD; Jennifer Patel, MD

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