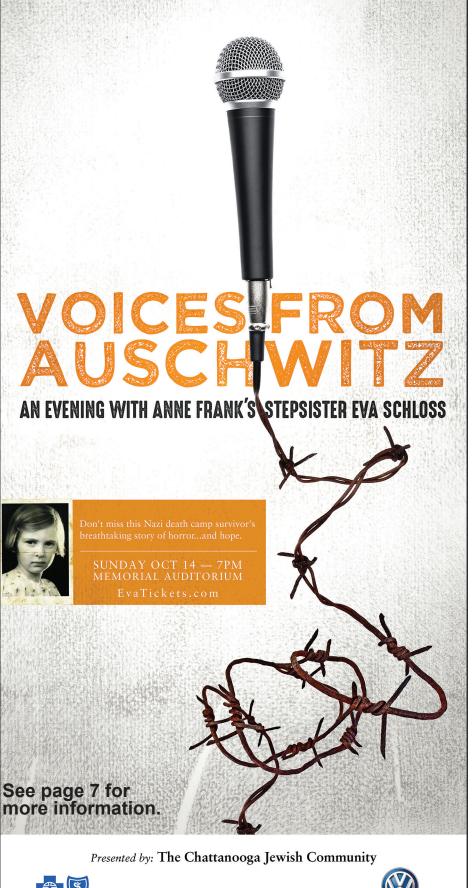
# THE SHOFAR

A Publication of the Jewish Federation of Greater Chattanooga

Volume 31 Number 2 October 2018





#### I Had a Dream

by Mike Spector, Campaign Chair

I was listening to Rabbi Tendler's sermon at B'nai Zion during Rosh Hashanah services last week. The topic was about "dreams". She talked about the dreams of PT Barnum, about chutzpah, and about our ability to daydream, to envision bigger and better futures. While I was listening to her words, I myself was daydreaming. I was thinking

about the current political climate, specifically about the impasse in Congress and the ongoing rhetoric between Republicans and Democrats, conservatives and liberals, the far-right leaning and the far left-leaning. I was dreaming about how the rest of us can possibly make a difference where we are.

But then I started dreaming about our community, our Jewish community. I dreamed that every Jew in our midst could know what I know about the Federation – what we do locally and internationally. I have now been on two FRD Missions. Last year I went to the Ukraine and Israel. In Kiev, we heard about how we are moving Jews out of the conflict in the Crimea region. The family we met had been lawyers in their home town, well off, contributors to the well-being of their community. Now they are destitute, reliant on the global Jewish community including our Federation partners, the American Jewish Joint Distribution Committee (JDC) and the Jewish Agency for Israel (JAFI), to help them live day to day. This year I went to Berlin and Budapest where we saw and heard about survivors of the Holocaust and the Jewish communities your contributions help support. Together we are truly doing incredible work!

I dreamed that as Campaign Chairman, I presided over a community that made it their best campaign yet. That every contribution was an increase over last year's, and that we were able help more seniors and needy individuals locally and more Jews internationally. I dreamed about having the best campaign yet because even though I know that our community is small, I also know it's one of most charitable Jewish communities in the country. I know we are one of the most giving communities — let's show everyone our small but mighty resolve!

Thank you all for your past contributions—monetary and otherwise—to our wonderful Jewish community, and thank you in advance for your support of this year's campaign. We couldn't do the life-altering, and in many cases lifesaving, things we do around the globe without you. Won't you join me in making my dream come true?

#### Federation Adopts a Platoon



Join your Federation in raising money to support an IDF platoon in Israel! Tal Beit-Yosef (far left), has been our guide in Israel for over twelve years. His son, Yuval, is now in the IDF, completing his basic training as a paratrooper. Go to our Facebook page (Jewish Federation of Greater Chattanooga) and check out what we're doing to support his platoon.



Super Sunday is October 28th 10 a.m. to noon at the JCC



#### **SAVE THESE DATES**

November 1 – CUFI Night To Honor Israel November 8 – Aleph Bet Fall Program November 10 – Night Run Federation Closed November 22 and 23

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## NOTES FROM LEADERSHIP



#### Hope for the New Year

Austin Center Federation Board Chair boardchair@jewishchattanooga.com

As Jews around the world celebrated the High Holy Days this past month, we look forward to 5779—a sweet new year, a year of redemption, a fresh start with opportunities

to make the world a better place. During Rosh Hashanah we cast away our sins and ask to be written in the Book of Life for a good, healthy New Year. On Yom Kippur it is sealed. Then it is up to us to go into the New Year and make good on our intentions. Of course we can't control everything, but we can control how we act. It is our responsibility to act to help others. This is what makes our community stronger.

I am constantly reminded how we as a community can change the world for the better. In this vein, I'd like to tell you about two people I met on my visit to Budapest this summer, as a representative from our Federation on the FRD mission.

They were both born in Budapest, but 75 years apart. Sophie is 17 and Suzanne is 83. When they were eight years old, each was asked a question by their schoolteacher. That question led them down drastically different paths.

In the early 1940's, at the request of the government, Suzanne's teacher asked if she was a Jew. Because she answered yes, her name was put on a list. Her father was taken away, never to return. She and her mother were forced to move to the ghetto in Budapest, and shortly thereafter, Suzanne's mother was taken away, never to return.

In the year 2000, when Sophie was eight, her teacher asked when she was baptized. Sophie did not know, and when she got home, she asked her mother, who, for the first time, told Sophie they were Jewish. Because of the war, her family (and many others) hid their faith, eventually losing their Jewish identity.

Sophie decided to learn about hers, and in doing so, brought tradition and ceremony back to her family. They began to celebrate Shabbat and the holidays. She attended Jewish summer camps, and this coming year, thanks to the assistance of our Federation, will visit Israel for the first time.

When I look at what our call to action for our community should be in 5779, I am reminded of my first visit to Israel. The group I was with was visiting the Negev, and we had just visited David Ben Gurion's burial site. There we were told the story of Moses and how he sent spies to scout out Canaan, the Promised Land. Upon their return, it was told, the scouts brought back vast amounts of grapes. Following our visit to the burial site, we visited an agricultural farm about three miles away, where we saw fields of Egyptian cotton, greenhouses filled with fruits and vegetables, and rows of grape vines: life being replanted and sustained in the middle of the desert.

The agriculturalist scientist spoke to us told us about how they were growing fruits and vegetables in the sand of the Negev. They would drill down into the ground about 100 meters and pull up brackish water, which has no nutrients in it. They would then infuse nutrients into the water for the fruits and vegetables. The scientist then told of the struggle to sustain the grape vines these past three years, an issue his team is researching so that the Negev can continue to produce grapes and sustain vineyards. They are creating an economy in the desert, creating jobs, and sustaining cities and life in the desolate sand of the Negev.

I tell these stories because I believe that this year, we as a community can and will make the world a better place. When I look back on the stories of Suzanne and Sophie, one of whom struggled to practice her Jewish faith, and the other of whom struggled to find her Jewish identity, I am inspired. When I hear about the scientist in the Negev searching for an answer to the dying grape vines, so that life can flourish in the Negev, I am inspired. I hope you are too.

It is our actions that make a difference. As we move deeper into the year 5779, let's take it upon ourselves to make a difference in our community. There is hope all around us, but it's up to us to nurture it and keep it alive.



#### On Being Bold, Innovative, and Goal-Focused

Michael Dzik Federation Executive Director mdzik@jewishchattanooga.com

Bold. By definition, "showing an ability to take risks; confident and courageous." Other synonyms of bold: brave, daring, valiant, and audacious. When you think of the term bold, what comes to mind? How does it make you feel? Do you know any people or organizations that fit those characteristics?

I recently attended a local conference with three Federation board members,--Austin Center, Ken Goldsmith and Erica Newman – along with Federation Program Director Ann Treadwell. It was titled "Bolder Board Training." Dan Pallotta, who was in Chattanooga last year as well, was brought in for a full day to be our inspirational trainer. It was truly an engaging, fun, and educational day at the Chattanooga Convention Center. I want to share a few things that were powerful for me.

One of the tools I walked away with is how to have a new perspective and approach to any problem. Using as an example 1960s America, we listed out the numerous, seemingly insurmountable challenges we faced in our race to the moon. We looked at the Lunar Module specifically, and came up with as many reasons as we could why its launch at the time would have been unlikely or at the very least immensely difficult. And an interesting thing happened. When we stepped back from our long and growing list of likely problems, we realized that what we had actually created were solutions! Lesson #1: A problem well stated is a problem that is in the process of being solved.

Lesson #2: We hear the phrase "dream big" all the time, especially in the business world. But why can't a non-profit also dream big? In short, dreaming is just as valuable in the world of philanthropy as it is in the world of business.

Lesson # 3: Innovation is revered in our society, but old habits and assumptions get in the way of new possibilities, making our own creativity and innovation invisible to us.

Lesson #4: It takes courage to make any new, bold idea a reality. It takes risks and commitment. In the non-profit arena we hear that risks go against our fiduciary responsibility. In reality however, we actually have a responsibility as volunteers (and staff) to take some risks. It's how we grow.

Lesson #5: The way to be innovative and create possibilities is to declare a measurable goal with a set deadline. State it out loud, write it, print it, distribute it – do whatever it takes so that everyone knows the goal and deadline. President Kennedy had a clear, stated goal and time line for reaching the moon and the rest is, as they say, history.

Lesson #6: Rather than looking at the "least" we can do together for a cause, let's look at the "most" we can do.

Lesson #7: Frustration is powerful energy; use it as an opportunity not to quit, but to lead the way to new and bold innovation.

Toward the end of the conference, the five of us conferred and brainstormed about how the Federation can be even more bold and innovative. We came up with several goals and time lines. This month we'll be taking many of these ideas to the Board of Directors and various committees. We will explore the challenges, and see what solutions those lead us to.

I feel the Federation is already quite innovative and bold. The programs we offer to the community are unique and challenge the mind, body, and soul. Our social services are innovative and caring. We are always looking at opportunities for outreach and in-reach in the Jewish community as well as the general community. Our Federation has a wide variety of volunteers who shape the organization and make things happen. Our next step is to be even more bold – with how we program, provide services, fund raise, conduct outreach, connect, communicate, engage, and more.

I'm excited about what the future holds for our Jewish community. Ready to be bold? Join me on this journey to innovate, and to create the best Jewish community we can create.

The next time you're looking at a charity, don't ask about the rate of their overhead. Ask about the scale of their dreams.

Dan Pallotta

# @JEWISH CULTURAL CENTER



# Listen to the Stories Unfolding

Ann Treadwell
Program Director atreadwell@
jewishchattanooga.com

Last month my son Jacob and I went to visit the professor who was my mentor in college (art school). I had come upon an article about him, which said he'd received an honor. It also that said he had moved away from Ohio.

In fact, he moved from one of the most beautifully tended pieces of land in northern Ohio--home to his family, his studio, and the 10-acre farm that had so nurtured his creativity and provided such a sense of safety--to Foley, Alabama.

I have never forgotten that Ohio farm and the sense of place he built there. I have also never forgotten the lessons he taught me, usually through trial and error, about creating environments.

A Google search turned up nothing about his new address. There was nothing on Facebook. The alumni affairs office simply said, "We don't give out that information." Unbeknownst to me, however, the person in the office called him and gave him my contact information. A couple weeks later, up popped a text: "Please come see me." And so Jacob and I headed south to Foley.

I forewarned Jacob about my mentor. Like many creative people, I figured he would always be creating, but I also assumed that, at 82, his pace might have slowed. I assumed that he'd become an "elder statesman." I was excited, a tad anxious (what would he think of how I had turned out as a creative person?), and very curious.

As we pulled into his driveway, we immediately saw that his was no "normal" house. Although made of concrete, there were very few square or rectangle walls. Amazing mini-gardens populated the circular driveway in front of the handmade, oversized wooden doors that only a sculptor or fine craftsman could have made.

We knocked but there was no answer. My heart pounded at the thought that maybe we or he had the date wrong. I rang their phone, then heard laughter and, "I see you!" Then there was a bear hug.

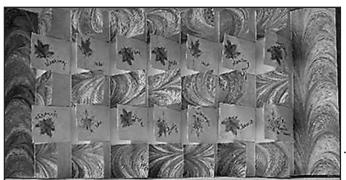
"Treadmill," (my school nickname) he said, "so glad that you made it." He commented on how Jacob, 26, looked like my husband William, who he last saw when William was twenty-two.

The house, built by the hands of my mentor with minimal assistance, has six doors. Outside each door is a different vista. He bought the ten acres of flat, plowed farmland and turned it into a miraculous arboretum with over thirty kinds of palms, tropical flowering bushes, different kinds of bamboo, and beautiful roses (his wife's favorites). One mature pomegranate tree was bearing fruit. It was truly magical and easily as impressive as the ten acres in Ohio.

We had a wonderful visit. We told stories about our lives, about what we had accomplished over the last thirty years. We looked at plans for a new cottage he was thinking of building. Jacob admitted that he was exhausted trying to keep up with us as we trekked through the property, and he saw first-hand that elders can have extremely full lives without access to the internet. (Later he did update my mentor's cell phone using the hotspot on his.)

What does this have to do with the Federation and its programs? It's all about listening. Listening to our stories, the old ones and those unfolding. Think of this type of listening like the abstract leaves of a book—a book of our lives. The "Leaves" exhibit reception will be October 30th at 5:30 p.m. and will showcase artist books in addition to other images. Until then, if you have not had a chance to visit the "Jewish Words" exhibit, try to do so before October 11th. And also in the spirit of keeping stories alive, on October 24th the archives committee will meet to identify children in photos from all iterations of Day School and Jewish camps gong back twenty years or more.

So please. Come look and listen to the words, see the art works, and hear stories.



Virginia Urani, from "Leaves" exhibit

Federation closed Monday and Tuesday, October 1 & 2, for Shimini Atzret and Simchat Torah.

#### Foreign Policy Supper Club

Monday, October 8 @ 6 p.m. "South Africa's Fragile Democracy" The African National Congress (ANC) party has governed South Africa since the end of apartheid in 1994. But the party today suffers from popular frustration over official corruption and economic stagnation. It faces growing threats from both left and right opposition parties, even as intraparty divisions surface. Given America's history of opportunistic engagement with Africa, there are few prospects for a closer relationship between the two countries. Meanwhile, a weaker ANC could lead to political fragmentation in this relatively new democracy. \$12 includes dinner and cost of materials for discussion. Please RSVP.

#### **Tuesday Cafe**



**Tuesdays, October 9, 16, 23, 30 at** noon. Menu will be listed in the community email. \$10. To-go orders may be available after all event attendees are served. Please RSVP.

#### Young Jewish Leadership Thirsty Thursday

Thursday, October 4, 5:30 pm Place TBD.

"Jewish Words" Exhibit Closes Thursday, October 11 at 4 p.m. View during office hours until then at no cost.

#### **Hebrew Class**

Tuesdays, October 9, 16, 23, 30. See page 8 for more information.

#### Joint Hadassah-Federation Medicare Panel

Sunday, October 14. 3pm. Bring your family and your questions.

#### **Community Trivia Night**

Tuesday, October 16. See page 12 for more information.

#### Archives Photo ID

Wednesday, October 24 @ 1:30, JCC. Purpose of meeting is to identify children in photos from all iterations of Day School and JCC summer camps going back twenty years or more. All congregations represented.

#### Super Sunday

Sunday, October 28 from 10 a.m. to noon.

#### Leaves" Exhibit Reception

Tuesday, October 30 @ 5:30 p.m. No cost to attend.

### Your R.S.V.P. assures you a seat, a meal, and allows us to meet your special dietary needs.

There are three easy ways to RSVP:

- 1. On the WEBSITE at http://www.jewishchattanooga.com.
- 2. Via EMAIL at rsvp@Jewishchattanooga.com
- 3. Via the old fashioned TELEPHONE, at 493-0270 ext. 10.

#### No Meat? No Problem!

If you prefer a vegetarian meal at one of our events simply RSVP to the Federation AT LEAST three work days prior to the event. **We are happy to accommodate you but must have advance notice.** 

#### Did We Goof?



Sometimes, we make mistakes. And sometimes, you catch them. What should you do if you find an error in *The Shofar* or on the website or our Facebook page? Go to the source! Email Communications Director Dana Shavin at dshavin@jewishchattanooga.com and she will fix it. Thanks for paying attention.

#### Take Home Chef Alice Goss-Morgan's "Bowls of Love"



Purchase matzo ball soup or chili for just \$4 for a one-bowl container or \$8 for a two-bowl size. **Call ahead to reserve; we do run out.** Contact Ann Treadwell (do *not* call the kitchen) at 493-0270, ext. 13; or atreadwell@jewishchattanooga.com to get your order packaged and ready to go!

### 2019 ANNUAL CAMPAIGN HONOR ROLL

#### King David \$100,000+

Lebovitz Family Trust

#### Maccabi \$25,000-49,999

Alan Lebovitz Alison Lebovitz Lauren Lebovitz Helen Pregulman

#### Kadima \$10,000-\$17,999

Ernie Kresch

#### Lion/Herzl \$5000-\$9,999

Dana and Sam Banks
Fran and Joe Dzik
Paula and Michael Dzik
EMJ Corp
Lynne and Michael Herman
Becca and Todd Levin
Lynda and Scott Norman

#### Hatikvah \$3600-\$4999

Owen Allen
Jeff Balser
Andy Berke
Jane and Bob Berz
Austin Center
Marilyn and Morton Center
Herb Cohn
Doris and Ival Goldstein
Shirley and Richard Krause
Jackie and Roy Rosenfeld
Jim Shire

Linda and Mike Spector Donna White-Dropkin and Warren Dropkin

Elaine and Sanford Winer



Goal: 1,100,000

Pledges as of Sept. 26: \$523, 561

THANK YOU!

#### **Our Impact**



Oshra Levy was relieved. Her husband's open heart surgery had gone well. After four weeks in the hospital, he was starting to regain his strength at their quiet home in Beit Meir, in the hills just west of Jerusalem.

Their peace didn't last long. In the middle of the night, Oshra woke up to loud banging and evacuation orders shouted over a megaphone. When she opened the window, smoke and sparks from a raging fire flew up and engulfed their bedroom.

Despite the terrifying darkness and choking

smoke, Oshra woke her husband as gently as possible, then her son. They fled the house quickly, with nothing but the clothes on their backs and a bag of life-saving medication.

When the blaze was finally extinguished, they returned to a ruined home. The front hall was completely charred, and a firefighter's axe had chopped through front door. Only then did the Levys realize their fortune: If Oshra hadn't heard that megaphone, they would not have made it out alive.

Their son has no school to go to now. It burned down, along with much of the town. Smoke hangs in the air amid ruins of destroyed homes. And her husband has been in and out of the hospital since that fateful night.

It will take a while to rebuild their home—and their lives. Meanwhile, a \$1,000 grant from Federation partner The Jewish Agency for Israel is helping the Levys—and other families in Beit Meir who have lost everything—slowly get back on their feet.

Oshra is optimistic, and deeply thankful. Fighting back tears, she says, "Your help is truly needed. This is a blessing."

#### Pomegranate \$1800-\$3599

Robin Balser
Monique Berke
Ronnie Berke
Erin and Tal Cohen
Dot and Reuben Dubrow
Izzie Frumin
Jan and Ken Goldsmith
Alvin Hodes
Andy Hodes
Jill and Jim Levine
Steve and Barbie Potts
Judy Richelson
Fern Shire
Richard Zachary
Sandy and Larry Zuckerman

#### Ben Gurion \$1000-\$1799

Donna and Jeffrey Alper Anonymous Bonnie and Stephen Black Karen Diamond and Clark White Susan and David DiStefano Carolyn Drake and Keith Reisman Lynn Howard and Alan Richelson Paula and Al Jarman Krissy and Charles Joels Myrna and Howard Kaplan Louise Kushner Brenda and Paul Lefkoff Ruth Longway Beth and Rob Lowe Janice and Clayton Rhodes Sandy and Ben Tabakin Finette and David Winer

### Your Support Helps. Give Today

#### Mensch \$500-\$999

Merle Backer
Jerry Bohn
Laureen Brock
Rita and Bob Brook
David Fairchild
Sheldon Gelburd
Barbara Oxenhandler
Melinda and Chuck Rosenthal
David Sachsman
Judy Sachsman
Amy and Robert Snetman
Joel Susman
Ann Treadwell
Trudy and Tom Trivers
Jennifer and Danny Waxenberg

#### Aliyah \$250-\$499

Joy Adams Merav and Tom Balazs Trent Center Susan and William Ferguson Caitlin and Zachary Gardner Meghan Graybeal Ellen and Ken Hays Charlotte Jacobson Marian Kern and John Beck Nona Martini and Mark Issenberg Annette McJunkin Jo-Ann Morris Kathy and John Raisin Liga Richelson Valdis Richelson Beth Roberts Sandra and Mark Shapiro Gail Susman

It's never been easier to pledge!
Call Michael Dzik at 493-0270
or log onto
http://www.jewishchattanooga.com/donate

#### **Chavarim** \$1 - \$249

Jake Balser Zac Beker Daniella Cohen Daya Cohen Dean Cohen Sadie Cowan Chen Dahan Rachel Dzik Rebecca Dzik Fifi Ginsberg Cristine Goldberg Danny Gottlieb Noa Hadad Christi Haustein Vivian and Martin Hershey Melody Hodes Micah Hodes Carolyn and Michael Insler Rick Jacobs Elaine Kaset Leslie Klasterka Judy and Jerry Kleinstub Eileen and Neil Loeffler Stella and Michael McHugh Teddi Mendel Julie Newton Warren Posternack Emalee Reardon Eddie Reel Beverly and David Rice Eric Richelson Leonard Richelson Sylvia Saloshin Dana Shavin and Daryl Thetford

Jason Shuman

Ros Steinberg Karen Weintraub

Sara and Aaron Solomon

4 October 2018 The Shofar

# **FEDERATION NEWS**

#### **Third Annual Night Run Coming Up Fast**



The third annual Night Run Chattanooga is a 5K timed race and one mile walk presented by the Jewish Federation of Greater Chattanooga. It benefits recreational programs for youth in Chattanooga and Israel. The event takes place November 10th on the Riverwalk. There will be an afterparty for adults at Bewhaus. To register visit <a href="http://www.nightrunchattanooga5k.org">http://www.nightrunchattanooga5k.org</a>. Pricing (group discount available during registration): Regular -- \$30

Race Day -- \$35, Student pricing -- \$20.

In Chattanooga, Night Run has benefited "Operation Get Active," a health initiative that uses the game of soccer to encourage youth to live active and healthy lifestyles. It aims to inspire and educate youth across Chattanooga about the importance of health, fitness and nutrition. Currently it is working in eight different locations across the city at elementary schools, private community centers and public recreation centers.

In Israel , Night Run has benefited two different programs, Mifalot and Neve Michel. At Mifalot the funds were targeted for soccer programs that encouraged Christian, Muslim and Jewish interfaith teams. At Neve Michael Children's Village, a program for youth and children at risk and in our Partnership2Gether region of Hadera, the program benefited recreational activities.

This year's Night Run is chaired by Rob Lowe. Volunteers are key to the success of this event. T-shirt distribution, registration, manning water table, snacks distribution, and more are all done by volunteers. Night Run is also fortunate to have several corporate sponsors. It is not too late to volunteer or be a corporate sponsor for Night Run. Contact Ann Treadwell at 493-0270 or <a href="mailto:atreadwell@jewishchattanooga.com">atreadwell@jewishchattanooga.com</a>.

#### Join the Jewish Federation Legacy Society

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams for a strong future Jewish community into a reality. Join today.

Anonymous (2)	Dropkin, Warren	Lowe, Beth
Allen, Amelia (Deceased)	Dzik, Michael	Lowe, Rob
Allen, Owen	Dzik, Paula	Malsh, Rebecca (Deceased)
Alper, Maxine (Deceased)	Fairchild, David	Nash, Ike (Deceased)
Balser, Jeff	Frank, Estelle (Deceased)	Oxenhandler, Barbara
Balser, Robin	Hanan, Jan	Parker, Jordan
Berz, Bob	Hanan, Michael	Parker, Rebecca
Binder, Claire	Hanan, Rachel	Pregulman, Helen
Black, Bonnie	Hanan, Victor	Privett, Rachel
Black, Stephen	Hill, J.R.	Richelson, Alan
Bogo, Jerry	Hochman, Colman (Deceased)	Rosenfeld, Jackie
Bogo, Rosalee	Hochman, Lynn	Rosenfeld, Roy
Bohn, Jerry	Hodes, Alvin	Siskin, Pris
Brooks, Ellyn	Hodes, Andy	Sivils, Janet
Brooks, John	Hodes, Melody	Spector, Linda
Brouner, Betsy	Howard, Lynn	Spector, Mark (Deceased)
Brouner, Lee	Israel, David	Spector, Mike
Center, Austin	Israel, Scott	Susman, Gail
Center, Marilyn	Jaffe, Dot	Susman, Joel
Cohen, Tal	Jaffe, Sam (Deceased)	Weiner, Cara
Cohn, Herb	Lebovitz, Alison	White Dropkin, Donna
Cohn, Sue (Deceased)	Lebovitz, Alan	Winer, David
Cowan, Rob	Lebovitz, Betty	Winer, Elaine
Diamond, Karen	Lebovitz, Charles	Winer, Finette
DiStefano, David	Lebovitz, Lauren	Winer, Sanford
DiStefano, Susan	Lebovitz, Michael	Zachary, Richard
Dittus, Sandy	Levine, Lawrence (Deceased)	

See how easy it is to join the Legacy Society! Call Michael Dzik at 493-0270 extension 15.

# NIGHT RUN 5K CHATTANOOGA

#### **Corporate and Family Sponsorship Levels**

#### **Gold** \$ 500

- Recognition at the event
- One time, 1/16 Page Ad in the Shofar
- Name on back of event T-shirt
- Logo on event poster
- 8 event entries (includes 8 event T-shirts)
- Name on Sponsor Board
  - Name listed on the www.jewishchattanooga.com

#### **Silver** \$ 250

- Recognition at the event
  - Name listed in the Shofar
- 4 event entries (includes 4 event T-shirts)
- Name of Sponsor Board
- Name listed on the www.jewishchattanooga.com

#### **Bronze** \$ 150

- · Recognition at the event
- · Name listed in the Shofar
- 1 event entry (includes 1 T-shirt)
- Name of Sponsor Board
- Name listed on the www.jewishchattanooga.com

Shofar: monthly Jewish newspaper, Circ: 1,000 + households

Now is the time to become a sponsor! Run, don't walk, to the phone or computer, and call or email Ann Treadwell, at 493-0270 or atreadwell@jewishchattanooga.com.

#### **First Amendment Dinner August 28th**

Zach Wamp spoke this year at the popular First Amendment Dinner at the JCC. In addition to recognizing US military veterans for their service, Wamp spoke about Issue One, the premier bipartisan political reform organization in Washington, D.C.. Its campaign, "Fix Politics Now," makes finding solutions to dysfunction in Washington a top issue in the 2018 campaign.



Zach Wamp, pictured here with Kevin and Cassie

# **COMMUNITY NEWS**

#### October 2018-April 2019 Jew Crew Calendar of Events

Did You Know?

Your donation to

the Federation

helps support

**Jew Crew** 

Unless otherwise noted, all programs run from 12:15 to 2:00 p.m

Advisors: Alison Lebovitz, Andy Hodes & Chen Dahan

#### Program 3

Sunday, October 28, 2018

Paint N'Party

#### **Program 4**

Sunday, November 18, 2018 *Giving Thanks & Giving Back* 

#### Program 5

Sunday, December 9, 2018 Annual Chanukah Party

#### Program 6

Sunday, January 27, 2019 *Scavenger Hunt* 

#### **Annual Jew Crew Retreat**

Friday, February 22-24, 2019 *Camp Ramah Darom* 

#### Program 7

Sunday, April 28, 2019

End of Year Program & Celebration

For more information contact: Alison at alebo@mac.com Andy Hodes at andy@andyhodes.com, or Chen Dahan at israel@jewishchattanooga.com

A Very Special Visitor



In September we had a special visitor in Chattanooga. Noa Hadad, our former shlicha, visited the US for two weeks, and spent one of those weeks in Chattanooga. Noa joined us for Campaign Kickoff, YJL events, and even hosted her own event, telling us about the cadet

program she is taking part in. Noa has so much energy and was able to meet up with so many of our community members in her short visit. Noa and Chen even had the opportunity to go out on the boat with Noa's former host family, the Brooks! We already miss her!

Let us feature your bar/bat mitzvah or graduating senior in *The Shofar*! Email Dshavin@jewishchattanooga.com to find out how.

#### **How to Have Fun Without the Food**



Want to come to a meal-time program but don't wish to eat? Now you can, at half the cost. (If lunch program is \$10, you'll pay \$5.) Why is there still a cost? Fees pay not just for the meal but for labor, marketing, and other associated expenses. *Regardless of whether or not you eat, you will still need to RSVP in order to reserve a seat.* 

Note: Please do not bring outside food or beverages into the Federation. If you would like to suggest a beverage or food to be served at an event, please contact Ann Treadwell. She and Alice Goss-Morgan, Kitchen Supervisor, will consider your suggestion. Food allergies or restrictions? Please contact Ann Treadwell. We will do our best to accommodate you. Atreadwell@jewishchattanooga. com or 493-0270 ext. 13.

By the Numbers

1

It takes 1 person helping another person to ensure we have 1 strong community.

Consider pledging to the Federation's Annual Campaign if you have not already done so.



#### **Community Mission Trip to Israel in 2019**

Rosh Hanikra
Akko Tiberias
Haifa Nazareth
Mediterranean
Tel Aviv Amman
Jerusalem Jericho

Gaza
City Massada
Beer Sheva
THE NEGEV JORDAN
Mitzpe Ramon
Petra

EGYPT

LEBANON
Metula
SYRIA
Nazareth
Beit Shean

SYRIA
Nazareth
Dericho
Amman
Jericho
Petra

Join us on this very important trip!

When: May 8-20, 2019 Cost: \$3,550 per person

(Land only, double occupancy.)
Federation subsidies will be available. Final cost of trip will be determined based on number of participants. \$500 due Oct. 12.

Want more information?
Contact Michael Dzik at
493-0270 ext. 15.

Jewish-style food, haimisha atmosphere Catering for all events!

OPEN 7 DAYS Sun.- Fri. 10:30-3:00 Sat. 10:30 to 5:00 tel 756-3354 (DELI) fax 266-8646 (TOGO)



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# **COMMUNITY NEWS & EVENTS**

#### **Eva Schloss to Speak at Memorial Auditorium**



On Sunday, October 14th at 7 p.m. Eva Schloss will speak at the Memorial Auditorium. The event will be preceded by an exhibit of prints from paintings by Heinz Geiringer, Eva Schloss's brother. Heinz died in the Holocaust and his paintings were hidden by family and retrieved by Eva after the war.

The lessons of The Holocaust must be remembered and passed on from generation to generation or the horror of it all, and the evil that spawned it, will come around again. The seeds of another Holocaust always lie dormant and ready to sprout somewhere.

Eva Schloss knows these lessons and teaches them around the world. Like her childhood friend Anne Frank, Eva's family went into hiding in Amsterdam, but were ultimately betrayed by a Nazi sympathizer. Eva's father and brother were killed in the concentration camps, but Eva and her mother survived. After the war, Eva's mother married Otto Frank, making her Anne Frank's stepsister, albeit posthumously.

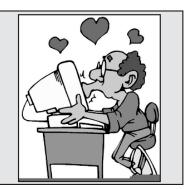
Eva has published four books on her Holocaust experiences, including the best-known Eva's Story. She has been featured on 60 Minutes. In 2017 the New York Times captured her story using new hologram technologies so that she can continue to teach in classrooms, even after death.

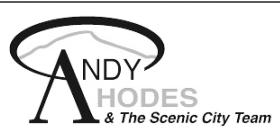
Now 89 years old, Eva Schloss continues to travel the world to deliver the critical lessons of The Holocaust. She has never been to Chattanooga, and her visit will likely be the last by a Holocaust survivor. A second program for high school students is also planned. Call Memorial Auditorium for tickets or go to Evatickets.com.

Our website is up-to-date and state of the art. Please begin using it if you haven't already! You can rsvp to events, register to volunteer, read The Shofar, and even donate.

http://www.jewishchattanooga.com.

#### You're gonna love it!





#### The Shortest Distance Between **Listed and Sold**

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It is important to choose a real estate professional who understands the value of a straightforward approach. That's why people work with Andy.

With his dynamic marketing abilities, his extensive network, and his relentless energy, Andy can get your home sold. Period. End of Story.

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#### **Mazel Tov**

-- to Josh and Edie Weiss on the birth of their daughter, Elliana Bea Weiss, on August 28.

#### Condolences

We mourn the passing of the following beloved friends and family:

--Colman Hochman, husband of Lynn Hochman; father of Hallie (Patrick) Jay (Jennifer), Jonathan (Dena) and Tom (Puh); grandfather of Michael, Shehan, Joel, Eamon, Seth, Daniel and May; brother of Gail Cohen.

--Josephine (Yuppie) Shavin, wife of Harold Shavin, mother of Alan (Lisa), Rita (Bob), Gayle (Allen); grandmother of Erik (Jennifer), Sarah, Stefani, and Sam; great-grandmother of Maya; sister of Dorothy Kaset, Harry Sear.

#### In Memory of

Eleanor Ulin

Sam and Dana Banks and Dr. Lawrence and Carol Young

Although the Shofar deadline is the 8th of the month, mazel tovs and condolences are accepted at any time. Contact Dana Shavin at 493-0270, ext. 12 or dshavin@jewishchattanooga.com.

#### Mitzvah Meals **Suggested Donations**

- --\$8 per meal
- --\$90 per month based on 3 meals/week
- --\$125 per month based on 4 meals/week
- --160 per month based on 5 meals/week
- --190 per month based on 6 meals/week

Meals are available for pick-up or delivery.



To-go orders from any/all community programs will be charged the program fee (\$10-\$12) as opposed to the Mitzvah Meal fee. All Mitzvah Meal recipients must be pre-approved by the Director of Social Services. Menus are set by the Kitchen Supervisor and Director of Social Services.

#### PARTNERSHIP 2GETHER MEDICAL DELEGATION EXCHANGE

**P2G Medical Exchange** has reserved spaces on a unique and specialized weeklong trip for medical doctors. For more information see below.



January 20-26, 2019











#### Trip Includes:

- All meals and hotel accommodations with an optional two nights of home hospitality.
- Tours of Hillel-Jaffe Hospital, Hadassah Medical Center, Western Galilee Hospital, and other innovative medical facilities.

Program includes touring, Shabbat in Jerusalem and social and professional time with physicians in our region. Cost: \$950 for all land costs for one week. Airfare purchased on your own.

#### Questions or to reserve your space contact:

Dr. Stewart Perlman at stew.perlman@gmail.com or Harriet Schiftan at harriet@jewishnashville.org or 615-354-1687







### SHLICHIM PROGRAM



#### An Open Letter to YOU

Chen Dahan, Federation Shlicha Israel@jewishchattanooga.com

Dear Jewish Chattanooga,
I would like to wish us all a year
of learning and renewal, a year of
togetherness and kindness, a year of
love and tikkun olam. May it be a year
of unity, both in our homes and with
our family overseas in Israel. As I am
beginning my second year of shlichut in
Chattanooga, I am grateful for the family

I've gained here, and cannot wait to see what this year will bring. Shana tova and next year: Rosh Hashanah in Israel!

#### **Jewish Agency Shlichim Conference**

In September I had the opportunity to join the Jewish Agency shlichim conference for 2<sup>nd</sup> year shlichim, in New York. I met sixteen other community shlichim from all over the country and even from Canada, for two days of learning and enrichment. We started our first day at the Jewish Agency offices in Manhattan talking to a very impressive young lady, Faith Leener, who, along with her husband, initiated a special organization for Jewish education under the name "Base".

We had an interesting workshop with her about the "user experience" we give to our communities as shlichim. Next we went out to the streets of Manhattan for a fun (and very hot) game of scavenger hunt, learning about Jewish and Israeli spots in the city. We met a couple who told us that they recently got a new shaliach – and it felt good to see that our job is touching so many lives.

The next day we had many workshops that had us reflect on the past year and that gave us tools for the year to come. It was such a great experience to hear from other shlichim about their work in their communities and to see that we can all



learn from each other. I am so grateful that the Shlichut Program and that the Jewish Federation of Greater Chattanooga is giving me the opportunity to evolve and grow. it is the best present I could have gotten for Rosh Hashanah.

Toda! Chen

#### Join us in the "Israel Booth" for Chattanooga Pride Day

Sunday | October 7 | 10 AM - 7 PM Ross's Landing

201 Riverfront Pkwy, Chattanooga, TN 37402

Many stickers from Israel, info about the gay community in Israel and lots of fun!



#### It is time for lyrit!

Interested in learning conversational Hebrew?
We are starting a 10 classes course of Ivrit at
the Jewish Cultural Center

#### Save the dates:

October 9th, 5:30 PM - Getting to know each other

October 16th, 5:30 PM – Small talk
October 23rd, 5:30 PM – In the restaurant
October 30th, 5:30 PM – In the mall
November 6th, 5:30 PM – Transportation
November 13th, 5:30 PM – Getting around
November 27th, 5:30 PM – In the news
December 4th, 5:30 PM – Holidays with the family
December 18th, 5:30 PM – Slang
January 4th (Friday, time TBD) – Hebrew
celebration and Israeli meal and games.
Please contact Chen to register at:
Israel@Jewishchattanooga.com
or 423.493.9997

#### DID YOU KNOW?

The Shlichim Program is made possible through your donations to the Jewish Federation Annual Campaign.

#### YJL Shabbat at the Lake

On August 31<sup>st</sup> we met for a special YJL Shabbat dinner on the lake. The amazing Brook family hosted and Alice cooked a fantastic fried chicken dinner. Noa surprised everyone with a special Israeli desert, *krembo*! We had such great time at the lake with great weather and more than 40 YJLers! We even had some friends from out of town. Thank you to everyone who made it happen and see you at our next YJL Shabbat dinner on October 26th. For more details, please join Young Jewish Leadership of Greater Chattanooga on Facebook or contact Chen at Israel@jewishchattanooga.com)





# SOCIAL SERVICES



# Medicare Part D Demystified

Christi Haustein, LMSW Social Services Director chaustein@jewishchattanooga.com 893-9241

August and September held great learning experiences for me. I met so many of you through Tuesday Café, home visits, Campaign Kickoff, and the Better Balance Series. But there are lot of you I still don't know, so I will

be reaching out more in the coming months.

Speaking of the Better Balance Series, the Federation was thrilled to welcome Nicole Berger in August and early September for this four week event. We had great attendance and received wonderful feedback from those who participated. Nicole discussed many topics, including flexibility, strength, balance, and coordination. She explained that physical therapy for the older population combines stretching, walking, massage, and others activities. Nicole encouraged participants to practice what they learned daily, as this would build their confidence, create a safer environment, and could potentially prevent falls and visits to the hospital. We are hoping that Nicole will be available for another session of Better Balance in December of this year. We will keep you posted!

Please plan to attend our joint Hadassah-Federation program, "Choices: A Family Affair Looks at Medicare" Sunday, October 14th at 3 p.m. at the JCC. Edie Redish and I will be available to answer any questions. In preparation for this, Medicare State Health Insurance Assistance Program training (SHIP) is coming up soon for all of those needing assistance with Medicare Part D enrollment.

Medicare Part D is your prescription plan. Enrollment opens October 15th and will end December 7th. (you should have received your postcard by now). Please call Jake Balser, Executive Assistant at the Federation, at 493-0270 and he will mail you the 2019 Medicare forms to complete, along with a self-addressed stamped envelope for your convenience. Once we receive these forms back and they are COMPLETE, Jake will call and make an appointment for you to meet with me about Medicare Part D enrollment. Please understand, this is on a first come, first served basis. Medicare forms need to be accurately and completely filled out in order for this to run effectively and efficiently. To make this event a little sweeter, Alice will be baking cookies and cake and serving them up with coffee! See you soon!

#### Need a Ride? Tips for Van Travelers



Contact the Social Services department for approval to receive transportation services. Once you have been approved, you may call the appropriate driver for the day you need transportation.

Please book trips at least 48 hours in advance by contacting the appropriate driver *during office hours* (9:00 a.m. to 5:00 p.m.)

--Contact the office or driver as soon as possible if unable to take the trip.
--Please schedule all possible location stops with your driver while making your appointment to accommodate your needs.

--We are more than happy to stop at an unexpected location for you but we cannot guarantee to accommodate you because of other scheduled trips with passengers.

Mondays - Rick Jacobs

Tues. & Thurs.- Eddie Reel & Jason Shuman

Wednesdays - Eddie Reel & Rick Jacobs

Eddie: 423-298-7169 Jason 423-320-1480; Rick Jacobs 423-432-2222



#### **Thanksgiving Pies**

Pumpkin \$15 Apple Cranberry \$15. Pecan \$18

Order Deadline: November 13

#### Pick up dates:

Tuesday afternoon, November 20 Wednesday morning, November 21

To order call 493-0270 or email Federation@jewishchattanooga.com

#### **Speaking of Balance: Watch Your Step!**

When most people think about losing their balance, they immediately think of falling. And, yes, the consequences of falling for adults 65 and over are tremendous—13,700 deaths, 1.8 million visits to the emergency room, and \$19 billion in medical costs annually due to hip fractures, head trauma, and more.

But many of us—particularly those of us under 65—don't necessarily fall when we lose our balance. Instead, we end up with a host of sprains and strains that put a damper on everything from walking to playing sports. Here's what happens: most of us have a sense of where we are in space, as well as the relation of one body part to another. This sense is called proprioception, and it's vital to ensuring—when we're walking or running, for instance—that we know approximately where our feet will land with each step. As we age, we naturally lose proprioception, so that maybe our feet hit at an odd angle, putting strain on ankles and backs.

"Baby boomers have gotten to the point where they're starting to hit their 60s, and they're not content to sit on the porch," says Jay Mabrey, M.D., chief of orthopedics at Baylor University Medical Center in Dallas. "They want to get out there and do stuff—without falling or getting injured."

Fortunately, it's fairly easy to improve your proprioception—and that's through balance training.

Rock Steady: Try the following balance exercises for a quick and painless way to improve your game, whatever it might be. (Exercises provided by Joe Scott, outpatient team leader for orthopedics at Southcoast Hospital Group in North Dartmouth, Massachusetts.)

Stand on two feet with your eyes open (and without holding on to any-

thing). Then close your eyes. Try to keep them closed for 30 seconds without swaying (eventually working up to 1 minute, using a kitchen timer to time yourself).

Once you've mastered the previous exercise, stand on one leg for 30 seconds. Then close your eyes for 30 seconds while standing on one leg. Work up to being able to stand on one leg for 1 minute with your eyes closed. Repeat, using other legs. (Article by Gabrielle



deGroot Redford,, AARP.com. Reprinted from AARP.com)

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### **COMMUNITY NEWS**

#### **Jonah Hodes Bar Mitzvah October 20**



Jonah Hodes will become a Bar Mitzvah at B'nai Zion Congregation during Shabbat morning services October 20th. The community is invited. He is the son of Andy and Melody Hodes, the brother of Micah Hodes, and the grandson of Audrey Minns (z'l), and Alvin and Elizabeth (z'l) Hodes.

Jonah is in 8<sup>th</sup> grade at East Hamilton Middle School. He especially enjoyshis Spanish, Honors Algebra, and Advanced Studies classes. He is a member of the Junior National Honor Society, and was recently elected as an 8<sup>th</sup> grade representative to the Student Council. This past summer, in Boston, Jonah attended

the first Jewish Science and Technology camp in the country, the URJ 6-Points Sci-Tech Academy, where he studied Digital Film Production and participated in workshops in Rocketry and Audio Tech. He has been a regular volunteer for Family Promise and has volunteered every year for the BZ/Mizpah Christmas Luncheon at Erlanger Hospital. His primary focus revolves around his concern for the environment. Jonah started the Recycling Club at his school and tirelessly encourages all students and staff to recycle. Outside of school, Jonah enjoys the out-of-doors, being with friends, and playing games. He makes homemade skin care products and hopes one day to be a dermatologist.

#### Sadie Cowan to Graduate in Spring, 2019



Sadie Cowan, daughter of Julie and Rob Cowan, and sister to Max Cowan, 12, will graduate from Dalton High School this spring. Sadie has been actively involved in school, and has been named as a Georgia Scholar, a Furman Scholar, AP Scholar with Honors, and a Scholar Athlete. She is in the National Honor Society and National Beta Club, and was a Georgia Governors Honors Nominee in math. She is also a member of the Latin National Honor Society and is an International Baccalaureate Diploma Candidate.

Outside of school Sadie is a Lifetime/12

year Girl Scout Ambassador, currently working to achieve her Gold award. She has lettered in varsity lacrosse and is a member of the Drama Club. She is currently training for her second half-marathon. Sadie loves traveling and live music, especially Dead and Company/ Grateful Dead. She hopes to attend Vanderbilt, Tulane, Boston University, or Wellesley, and plans to study Social Sciences and Women's Studies.

#### Dorian Elliott Furr Bar Mitzvah October 20 at Chabad



Dorian Elliott Furr, son of Drs. Helen Furr and Robert Scott Furr, and grandson of Mila and Roman Klyachman and William and Irmgard Furr, will become a bar mitzvah at Chabad on October 20th. He is the brother of Livia, 10, and Hannalea 7

Dorian attends McCallie. He plays baseball and likes golf and fishing. He is always ready to help anyone in need. For his bar mitzvah project, Dorian chose to work with Chattanooga ARK (Acts of Random Kindness). Through ARK, businesses and people receive a box in the shape of an ark to be filled with coins.

### Mazel tov to all!



**Dennis Matzkin, M.D.**Ophthalmic Surgeon

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