## **JEW CREW**

#### Teen Interfaith Event at Mizpah, January 27th







In December, the Jewish Federation hosted an interfaith clergy luncheon to explore ways to work collaboratively within the faith communities to help combat all forms of hate. At that luncheon, the idea of engaging our youth with some sort of diversity training was suggested by Alison Lebovitz, who happens to serve as both co-advisor for The Jew Crew and co-chair of Mayor Andy Berke's Council Against Hate. Just a few weeks later, that idea became reality when The Jew Crew hosted the very first teen interfaith event at Mizpah Congregation. The program drew thirty-five attendees, including clergy and mostly high school students from various churches, such as St. Timothy's on Signal Mountain, St. Francis of Assisi Episcopal and St. Peter's Episcopal. UTC Professor Dr. Gail Dawson presented on the topic of stereotypes, using clips from the movie Zootopia to engage the teens in a provocative and powerful discussion. The teens shared deeply moving and personal stories with one another, talking about their own experiences with bullying, hate speech and discrimination, and everyone in attendance agreed that this was just the first of many interfaith educational and social activities to come.

#### Young Jewish Leadership Shabbat at home of Erica & Brandon Newman, January 11

















Young Jewish Leadership Shabbat at home of Rachael and Oscar Ruiz, February 8









## ALEPH BET CHILDREN'S CENTER





Meghan Graybeal Aleph Bet Children's Center alephbet@jewishchattanooga. com (423) 893-5486

#### Aleph Bet is the Aleph "Best!"



Storytime with Ms. Tammy



We love special guests! Thank you for sharing with us, Mr. DeAngelo!



Blue Room pjs and popcorn party

Aleph Bet Children's Center, a program of the Jewish Federation of Greater Chattanooga, aims to provide an educational, interactive and developmentally appropriate preschool program that is enriched by Jewish traditions and values and implemented by a trained, dedicated, and nurturing staff.



Aleph Bet is recognized by the State of Tenn. for its commitment to good health

## BECOME AN ALEPH BET BUDDY!

Aleph Bet Buddies are individuals like you, who understand the value of early childhood education, who want to help Aleph Bet maintain its high standards of excellence, and who want the very best for the children in our community. Since student tuition covers only 80% of the school's operational needs, Aleph Bet raises the other 20% through parent-driven fundraisers, grants and the Aleph Bet Buddy Program – because you can never have too many buddies!

To become an Aleph Bet Buddy, visit aleph-bet.com today and click the donations link. In recognition of your support, you will receive a special acknowledgment in the Shofar and your name will be listed on our Buddy Board at Aleph Bet. And of course, your gift is tax deductible.

Thank you for your support!



It's a playground dance party!



It's the Chattanooga Choo-Choo!

SAVE THE DATE • APRIL 11

## ALEPH BET SPRING FLING PROGRAM & RAFFLE

for more information, visit aleph-bet.com after march 20



## **MACHANOOGA**







Lily Dropkin, Co-Dir.
mizpahlily@epbfi.com
Betty Golub, Co-Dir.
educator@bzcongregation.com
Jan Suhrbier, Admin.
roshnooga@gmail.com

PLEASE NOTE:
Machanooga will
be held at MIZPAH
for
remainder of
school year

Machanooga has been going strong since August of 2018. Our children have

built a kehillah--a community--for every Sunday morning. Our day begins with shira-music led by either Rabbi Tendler, Rabbi Lewis, Lily Dropkin, Jan Suhrbier, or Betty Golub and our madrachim.

Class follows our shira. Our Pre-K students are spending the year learning about Jewish holidays, bible stories, and Israel. Rabbi Lewis teaches our older students "Jewish Values for the 21st Century." This course helps our students learn to think critically about ethics and values in their everyday lives. The curriculum for our Kindergarten through 6th grade is values-based from Shalom Learning. Our students are learning about:

Hakarat Hatov Recognizing the good Slicha Saying I'm sorry Hachnasat Orchim Welcoming

Teshuvah Taking responsibility for your actions

B'Tzelem Elohim Honoring God

Gevurah Using your inner and outer strength

Achrayut Doing what you can to make the world a better place

HaKarat HaTov Seeking joy

Koach HaDibbur Understanding the power of words

Shalom Creating a peaceful world

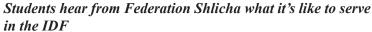
There are hands-on activities for each of these values, as well as educational videos from Bim Bam and Shaboom. These are great videos for the family!

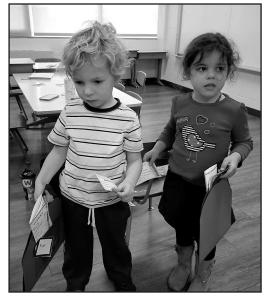
Our chugim clubs conclude our morning activities. The chugim have ranged from weaving, chess, Mine Craft, taking care of the earth and its inhabitants, creating a newspaper, learning how to take care of an opossum, and painting, to name a few.

Machanooga has been extremely fortunate to have Chen Dahan, our shlicha- emissary from Israel, working with our students. Once a month Chen shares her love of Israel with us through programs ranging from learning about Jerusalem to what it would be like to be a member of the IDF.

Please join us at Machanooga anytime to see for yourself what we are doing.







Pre K with their suitcases take a "trip" to Israel



Loom weaving with Glyn Melnyk



Young loom weaver



Completed weaving

#### 2019 Spring Semester

March 3
March 10

March 17 - NO SCHOOL - Spring Break

March 24 - NO SCHOOL -Spring Break

March 31

April 7

April 14

April 21 - NO SCHOOL- Pesach

April 28

May 5- Last Day

## Tu B'Shevat and the Importance of Trees

On January 20th an educator from the Chattanooga Zoo visited Machanooga with an owl and a snake to talk about the importance of trees to wild animals (below).







## **B'NAI ZION CONGREGATION**

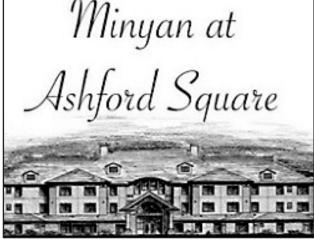
#### World Wide Wrap, February 2





THUSTCALE

Volunteers to honor MLK's Legacy



### שבת שכום

Join your BZ Family as we make a minyan at Ashford Square Retirement Community to help everyone fulfill the mitzvah of Shabbat! We will meet at 5:45 pm at 7683 Shallowford Rd on the 1st Friday of every month for the Evening Services! We hope to see you there!



Souper Bowl, February 2





**Super Bowl LIII, February 2** 

















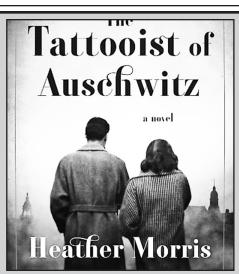


in the sub region of Ein Gedi there was a convention planned!
Friends from far and near (GA, AL, SC, NC, MS, TN)
will gather at the castle of KUSY (Beth Shalom in Atlanta).

The storytelling begins on Friday, March 8th at 3:30PM! Happily Ever After is on Sunday, March 10 at 12:00PM!



Save the Date:
March 26 at
2:30 pm
BZ Book Club
The Tatooist of
Aushwitz
Barnes and
Noble





## MIZPAH CONGREGATION





923 McCallie Avenue Chatt., TN 37403 423-267-9771 mizpah@epbfi.com mizpahcongregation.org

Richard Zachary, page editor

#### MARCH WORSHIP AND STUDY SCHEDULE

Tuesdays: Introduction to Judaism (Rabbi Lewis) 6:30 pm

Wednesdays: Mussar: Sacred Teachings and Ethics (R. Lewis) 7:30 am

Mizpah Children's Hebrew School 4:30 pm

Spring Break 20th

**Thursdays:** Lunch 'n Learn: Currents Events and Topics (R. Lewis and

Lily Dropkin) 12:15 pm

Adult Beginning Hebrew (Lily Dropkin) 6:00 pm

Fridays: Oneg / Kabbalat Shabbat Services 5:30 pm / 6:00 pm

March 1: Shabbat Worship and Dinner 6:00 pm / 6:45 pm

March 15: Shabbababat: Children's Service 5:30 pm

Shirei Shabbat- Sabbath of Song 6:00 pm

(Service held in Feinstein Chapel)

Shabbat: Torah Study preceded by breakfast 9:15 am

Worship services w/ Torah and Haftarah Reading 11:00 am

Sundays: Machanooga: Sunday School at Mizpah 10:00 am

Spring Break 17th and 24th

Please Note: Due to security concerns, Mizpah doors - front and back - are locked at all times. Use the code or ring the bell. Thanks



#### Lunch and Learn

Thursdays from 12:15-1:15

Bring your own lunch as Rabbi Lewis presents teachings on seasonal topics: upcoming holidays, world events, or as guided by the interest of participants. These sessions will be a pleasant way to see Temple friends during the week and to explore deeper understandings of Judaism together.

#### **Wednesday Morning Mussar**

Wednesdays at 7:30 a.m.



Mussar is a 1,000-year-old tradition of Jewish study in which the focus is practical application of our sacred teachings into the ethics by which we guide our lives. We use teachings from Alan Morinis' book, *Every Day, Holy Day,* as launching off points to discuss Jewish values and to explore texts from Talmud and other books of Jewish law, theology, and practice.

Bring your coffee, a bagel or nosh if you like, and let Torah provide you extra energy for the rest of the day.

#### **Shabbat Morning Torah Study:**

Every Shabbat morning at 9:15 am Led by Rabbi Craig Lewis Preceded by lox, bagels and coffee



ocally Written And Acted!

## The Totally Rad 80's

MEGILLAH TELEVISION PRESENTS

Locally Written And Acted!

"A TOTALLY 80s PURIM" SPIEL AND CARNIVAL SUNDAY, MARCH 24

10:30 AM

Featuring Music By:

Madonna, Guns And Roses, One Night In Bangkok, Depeche Mode, Devo

80's Pop Culture And TV Shows



Locally Written And Acted!



## **CHABAD**



Rabbi Shaul Perlstein

#### Purim is March 21! Here's What to Do!



#### Listen to the Megillah

To relive the miraculous events of Purim, listen to the reading of the Gantse Megillah (entire book of Esther). And not just once but twice: Saturday night, March 11, and again on Purim day. Tell the children that Purim is the only time when it's a mitzvah to make noise! And don't forget to stamp out Haman's name.



#### Give to the needy (Matanot La'Evyoni)

Concern for the needy is a year-round responsibility, but on Purim it is a special mitzvah to remember the poor. Give charity to at least two (but preferably more) needy individuals on Purim day.



### Send food portions to friends (Mishloach Manot)

On Purim we emphasize the importance of Jewish unity and friendship by sending gifts of food to friends. On Purim day, send a gift of at least two kinds of ready-to-eat foods (e.g., pastry, fruit, beverage) to at least one friend.



#### Eat, Drink and Be Merry

Purim should be celebrated with a special festive meal on Purim day, at which family and friends gather together to rejoice in the Purim spirit. It is a mitzvah to drink wine or other inebriating drinks at this meal.



### **Purim Customs: Masquerades and Hamentashen**

It is customary for children to dress up and disguise themselves an allusion to the fact that the miracle of Purim was disguised in natural garments. This is also the significance behind a traditional Purim food, the hamantash—a pastry whose filling is hidden within a three-cornered crust.





#### **Mentalist Paul Draper Coming to Chabad**



Get an up close look and meet the award winning, world-famous mentalist Paul Draper. Paul has appeared with the likes of David Copperfield and Lance Burton. He has been a regular on TV including on the History Channel, A&E, HBO, Hallmark, the Travel Channel, HGTV, and shows like Hell's Kitchen, Pawn Stars, Ghost Adventures, Mindfreak, and House Hunters. In addition, Paul has headlined for many casinos, including the Orleans Casino and Planet Hollywood V Theater, in addition to his seven years as house magician for the Venetian Hotel & Casino.

He is the winner of the prestigious Merlin Award, the Houdini award for best Mentalist, and the PCAM award.

No matter your age, you will be wowed by his amazing talent and are sure to be talking about this amazing experience for months after!

For more information see above graphic. See you in space!





## **HADASSAH NEWS**



#### Hadassah Happenings

by Judy Sachsman Chapter Reporter



In honor of Israeli Mother's Day, Chen Dahan, Federation shlicha, held a Women's Night at the

JCC, where Hadassah provided a table illustrating the 360 Rebuilding of Hadassah Hospital's Tower Campaign. Participants symbolically added blocks to rebuild the Tower and tiles related to Hadassah and Israel to the words on the Scrabble board. Hadassah Hospital is adding 200 beds and seventeen operating rooms. Special tzedakah circular boxes were available for contributions.

Chen demonstrated Israeli cooking and and helped members provide a brunch in Vicki Lewis' kitchen. The food and the camaraderie made this event special as over twenty women gathered around Vicki's open kitchen bar.

During Purim, Hadassah will hold its annual Hadassah program at B'nai Zion, arranged with the help of Rabbi Susan Tendler, Ruth Votava, and Millie Lander. On Tuesday, March 19, "Purim Traditions, Old and New" will combine baking Hammentaschen (3:30pm) and studying the lives of important women associated with Purim(5:30pm). Hadassah is named for Esther, who is celebrated at Purim, and the organization Hadassah originated from a group of women meeting on Purim in 1912. RSVP to Ruth Votava at 423 899 6418 or email mommabear89@aol.com. The fee will be \$7 a person. Come for the whole program or any part: baking, noshing, and/or learning!

On Friday, April 12 at 10:30, Bev Coulter is once again arranging for a "hands on" CPR/AED training session for Hadassah members. There is no charge for this important program at the JCC, and members are invited to RSVP by April 10<sup>th</sup> to Beverly at: bcoulter007@gmail.com or 423 667 4914. Participants should wear comfortable clothes for this program.

At a May 5 tea, Deborah Levine will discuss her award-winning memoir, *The Magic Marble Tree*, which focuses on women, healing and Judaism at the home of Dana Banks.

Celebrate each lifecycle event with membership in Hadassah. Contact Judy Sachsman for information about annual and life membership. (jmsachsman@gmail.com)

Hadassah enhances the health and lives of people in Israel, the United States and worldwide. By connecting and empowering Jewish women to effect change, we are the women who do.

Want to raise some more awareness?
Like Hadassah on Facebook, follow us on Twitter
and find us on Pinterest.

As always, we have great gift ideas for Life Cycle events or "Just For Instance" that are perfect to support Hadassah and Young Judaea as well. Jewelry and Certificates can be just the right thing.

Still new on the scene is the Endless Beginnings pendant that supports medical research at Hadassah Medical Center. These beautiful pendants can be purchased for \$150. Bangle charm bracelets support our Young Judeans and Camp Judaea facilities. Charms include the Young Judaea lion, hamsa and Star of David. (Visit Hadassah.org to see these.) Purchase one for \$25, two for \$48 or three for \$70.

You can also always buy Hadassah Certificates for \$18, \$25, \$36 or \$50. For all jewelry and certificates, contact Millie Lander. To purchase cards for any occasion, contact Paula Israel.

Israeli Brunch and Cooking Demonstration with Chen Dahan, at Vicki Lewis Home, February 10th

Chen prepares
rozalach, a
pastry rolled
and filled
with Nutella
spread, then
baked until
crispy and
dusted with
confectioner's
sugar.
Pictured here
with Vicki
Lewis.







Table at Women's Night Highlights Hospital

Hadassah provided a table illustrating the 360 Rebuilding of Hadassah Hospital's Tower Campaign. Participants symbolically added blocks to rebuild the Tower and tiles related to Hadassah and Israel to the words on the Scrabble board



## FEDERATION BULLETIN BOARD

#### The Shofar

Published ten times a year by the Jewish Federation of Greater Chattanooga

Austin Center, Board Chair Michael Dzik, Executive Director Dana Shavin, Editor

The Shofar is mailed at no charge to local members of the Jewish community. The cost for out-of-town subscribers is \$25 a year. The views and opinions expressed are those of the authors and not necessarily those of the Jewish Federation or the editorial staff of this newspaper.

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- -Meghan Graybeal (Aleph Bet Children's Center Director), ext. 19; direct: 893-5486 alephbet@jewishchattanooga.com
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- **-Jason Shuman (Van Driver) (423) 320-1480**
- -Ann Treadwell, MFA (Program Director), ext. 13 email: atreadwell@jewishchattanooga.com

Austin Center (Federation Board Chair), (423)933-3533 email: boardchair@jewishchattanooga.com

### Jewish Federation Mission Statement

The Jewish Federation of Greater Chattanooga builds and fosters a strong unified Jewish community and strives to ensure its well-being and continuity locally, in Israel, and throughout the world.

## Jewish Cultural Center Statement of Purpose

The Jewish Cultural Center, funded by the Jewish Federation of Greater Chattanooga, is a venue for programs, classes, and exhibits; social services; and a preschool—all rooted in Jewish values. The facility enables the Jewish community to raise its visibility, foster relationships, and strengthen its identity in the Chattanooga area.

## Shofar Policies and Procedures

#### **Article/Advertising Deadline**

The deadline for *Shofar* articles, announcements, photos and advertising is the 8th of the preceding month. Submit articles via email to *Shofar* editor Dana Shavin at dshavin@jewishchattanooga.com. Photos should be e-mailed as high resolution (300 dpi) jpeg files. Hard copies of photos will be returned once they are scanned and the issue has gone to press.

#### The Shofar calendar

The Federation maintains an online calendar for the community that includes congregational events, social activities, special services and celebrations. Contact Jake Balser at the Federation (493-0270, ext. 10; federation@jewishchattanooga.com) before scheduling your event and/ or to add your date to the calendar. View the online calendar by visiting www.jewishchattanooga.com and clicking the calendar tab.

Only Jewish Federation and Federation-sponsored events are listed on the *Shofar* calendar, which appears on the inside back page of each issue.

#### Letters to the Editor

It is the policy of *The Shofar* to encourage letters to the editor. For a letter to be published, it must be signed. The writer's name will be printed. Letters may be edited for length and are selected for publication at the discretion of the editor. Letters should be no more than 200 words.

#### **Mazel Toys and Condolences**

Please contact Dana Shavin (or dshavin@jewishchattanooga.com or 493-0270, ext. 12) with information regarding mazel tovs and condolences. Whenever possible, dates of death will be printed. These announcements are accepted until the 20th of the month.

Articles about upcoming Bar/Bat Mitzvahs, weddings and other special events are featured on the Community Lifecycles page. Text and photo must be provided in accordance with *Shofar* deadline on the 8th of the month preceding the issue.

#### Corrections

Please contact *Shofar* editor Dana Shavin if you find an error in *The Shofar*. We aim for accuracy.

#### **Community Directory Updates**

If you have updates/corrections to the community directory, please contact the Federation at federation@jewishchattanooga.com or 493-0270, ext 10. You can also make corrections at our website, jewishchattanooga.com.

## March 2019 Adar I/Adar II 5779

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	Candle Lighting 6:19	Candle Lighting 7:15
3 Machanooga at MZP	4	5 Pain Mgmt Class 10am, JCC Tuesday Cafe Noon, JCC	6	7	8 Candle Lighting 6:25	Cabaret Music Night 7:30, JCC  Candle Lighting 7:21
10 Machanooga at MZP	Shlichim Road Tour Panel Discussion 7pm, JCC	Pain Mgmt Class 10am, JCC Tuesday Cafe Noon, JCC 2020 & Beyond 5:30pm, JCC	13	14	Candle Lighting 7:31	Candle Lighting 8:27
No Machanooga	18 Foreign Policy Supper Club JCC, 6pm	Pain Mgmt Class 10am, JCC Tuesday Cafe Noon, JCC 2020 & Beyond 5:30pm, JCC	20	21	Candle Lighting 7:37	Cabaret Music Night 8:45, JCC —— Candle Lighting 8:33
Machanooga at MZP	25	Pain Mgmt Class 10am, JCC Tuesday Cafe Noon, JCC 2020 & Beyond 5:30pm, JCC	Federation offices closed for Staff Retreat AB open	Federation offices closed for Staff Retreat AB open	YJL Shabbat Dinner Weiner home  Candle Lighting 7:42	Candle Lighting 8:39

For an up-to-the-minute version of a calendar that displays events for all Jewish community organizations, click the Community Calendar tab on the homepage of www.jewishchattanooga.com. The Shofar calendar lists only Jewish Federation and Federation-sponsored events.

#### **Key March Federation Dates**

**Cabaret Nights** 

Saturday, March 9 & 23

**Pain Management Class** 

Tuesdays, March 5, 12, 19, 26

**Tuesday Cafe** 

Tuesdays, March 5, 12, 19, 26

2020 and Beyond

Tuesdays, March 12, 19, 26

Foreign Policy Supper Club

Monday, March 18

**Shlichim Road Tour Panel Discussion** 

Monday, March 11

#### **Calendar Abbreviation Key**

AB	Aleph Bet Children's Center
JCC	Jewish Cultural Center
MZP	Mizpah Congregation
P2G	Partnership 2Gether
YJL	Young Jewish Leadership

You can now update your contact information for the Directory by going to the website! Simply go to https://www.jewishchattanooga.com/directory. It's that easy!

This issue was mailed on or before February 26th. Please contact your mail carrier or local postmaster if you did not receive it promptly.

Please see page 18 for Shofar policies and procedures.

The Shofar is online at the Federation website.
Go to Jewishchattanooga.com/Shofar
The online Community Calendar is current.





## Dennis Matzkin, M.D. Ophthalmic Surgeon

7405 Shallowford Road Suite 420 Chattanooga, TN 37421 (423) 855-8522

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- Routine eye exams

#### PHILANTHROPY CAMP

For rising 1-6th graders Camp Date: July 30-August 2 9:00 a.m. to 4:00 p.m. daily



First Church of the Nazarene/Jewish Cultural Center 5455/5461 North Terrace Road, Chattanooga, TN 37411

Philanthropy Camp is a one week day camp for children, with opportunities to "give back" to others and to understand the positive differences they can make in their community. Through age-appropriate, hands-on-activities, games, field trips, speakers, art, and drama, campers will explore the concept of, and the relationship between, philanthropy, faith, family, and community. These camps are a joint program of Chattanooga First Church of the Nazarene and the Jewish Federation of Greater Chattanooga.

\$125.00 for the first child

\$110.00 for each additional sibling

Application on website at http://jewishchattanooga.com/camps

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- Latex Allergy
- Food Allergy
- Eczema and Hives
- Immunologic Disease
- Insect Sting Allergy

BACK ROW: Shandra Burnett, FNP; Christy Kensey, FNP; Brittany Hamby, FNP; Linda Melton, FNP; Donna Bearden, FNP; Shannon Hayes, FNP; Honor Hightshue, FNP

FRONT ROW: Hyman Kaplan, MD; Lee Perry, MD; Marc Cromie, MD; Todd Levin, MD; Jennifer Patel, MD













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