### DERATION

#### Ann Treadwell, Cara Weiner, Tal Cohen in Israel

Ann Treadwell travelled to Israel March 13th with a P2G group on a program called Leadership2Gether. Young leaders from across our consortium have been having one-on-one discussions about various leadership topics. They are now in Israel for a week learning together.



Left-right, former shlicha Einav Cahaner; 2019 shaliach Amit Matityau; Ann Treadwell; former shaliach Raoul Molnar; former shlicha Noa Hadad; Tal Cohen; and former shlicha Shiran Amir.



This trip to Israel has been amazing. It's been wonderful to reconnect with Israel and to learn about and see first-hand some of the good that Israel does at home and abroad. It's also been a good reminder that, even though I don't agree with some current Israeli politicians and policies, I can still love and be proud of Israel. -- Cara Weiner

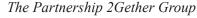


Eating sabich with Noa Hadad, Tal and Cara

I couldn't imagine that as former Israeli, there would be more I could learn about, or new things I could see, in Israel. This trip has been full of first time experiences for many of us. I'm very excited to share this with my family and friends back in Chattanooga. The most exciting place we've visited thus far was the historical Jewish agency building in Jerusalem, which hosted the very first Israeli government and president in 1949! -- Tal Cohen



Taking a break with spirits





### Celebrate Life.

At Ashwood Square, we offer more than just a community - we offer worry-free retirement living. Our all-inclusive independent retirement living concept makes life for our residents more comfortable, secure and fun. Celebrate life at Ashwood Square with Freedom Dining, housekeeping, 24-hour concierge services, new friends and plenty of events!

Call today to schedule a private tour and discover the benefits of all-inclusive retirement living:

423-443-4426

7683 Shallowford Road . Chattanooga, TN 37421 AshwoodSquareRetirement.com





THE BEST ALLERGY & ASTHMA CARE FOR THE BEST PATIENTS



State-of-the-art testing, treatment and education for adults and children with:

- Asthma
- Anaphylaxis
- Respiratory Allergy
- Hay Fever
- Sinus Disease
- · Latex Allergy
- Food Allergy
- Eczema and Hives
- Immunologic Disease
- Insect Sting Allergy

BACK ROW: Shandra Burnett, FNP; Christy Kensey, FNP; Brittany Hamby, FNP; Linda Melton, FNP; Donna Bearden, FNP; Shannon Hayes, FNP; Honor Hightshue, FNP

FRONT ROW: Hyman Kaplan, MD; Lee Perry, MD; Marc Cromie, MD; Todd Levin, MD; Jennifer Patel, MD













423.899.0431 • ChattanoogaAllergyClinic.com

Cleveland · Dalton · Downtown · Erlanger Wellness Center · Ft. Oglethorpe · Hixson · Kimball · Lee Hwy

### **ALEPH BET CHILDREN'S CENTER**





Meghan Graybeal Aleph Bet Children's Center alephbet@jewishchattanooga. com (423) 893-5486

#### It's Spring Fling Time!

Each year we look forward to our Spring Fling program, raffle, and auction with great anticipation. The children and teachers work hard to prepare for the program, and to create some special items for our auction. Our parent volunteers gather prizes from all across town, aiming to satisfy a wide variety of interests. We rehearse tirelessly, and anxiously await the delicious breakfast that Alice prepares.

On program day, we are thrilled to welcome our families and special guests. The children are eager to perform, and we are so excited to hand out our awesome prizes. Will you be joining us this year? Head over to aleph-bet.com to RSVP! If you can't make the program, you can still pick a few raffle tickets and have a chance at winning some wonderful things. We'll be collecting prizes all the way until April 9<sup>th</sup>, so be sure to check back in to the website regularly to see what new and incredible items have been added. Hope to see you at the show!



Humpty Dumpty be careful!



Cy'rie and Charlie, doing some windy experimenting



A fleet of paper airplanes!

PLEASE JOIN US

# ALEPH BET SPRING FLING PROGRAM & RAFFLE

Join us for breakfast & class performances on Thursday, April 11 at 9am

\$12 includes breakfast and one raffle ticket. Additional raffle tickets are \$5 each or 3 for \$10

To RSVP, purchase tickets, or see complete list of prizes, please visit aleph-bet.com

ALL PROCEEDS BENEFIT ALEPH BET CHILDREN'S CENTER



#### SO FAR, WE'RE EXCITED TO OFFER PRIZES FROM...

The Sweet & Savory Classroom Stir

Chattanooga Football Club High Point Climbing and Fitness Board & Brush Creative Studio Songbirds

**CHECK ALEPH-BET.COM FOR UPDATES!** 



Aleph Bet Children's Center, a program of the Jewish Federation of Greater Chattanooga, aims to provide an educational, interactive and developmentally appropriate preschool program that is enriched by Jewish traditions and values and implemented by a trained, dedicated, and nurturing staff.





### A GIFT FOR YOU THAT LASTS A LIFETIME

Your child may be eligible to receive a gift voucher up to \$1,200 to attend Aleph Bet!\*

The Jewish Early Childhood Initiative:
Funding generously provided by the Lebovitz
Family Charitable Trust and private donors

Apply at www.aleph-bet.com or call 423.893.5486 for more information.

\*must meet eligibility requirements

### MACHANOOGA







Lily Dropkin, Co-Dir.
mizpahlily@epbfi.com
Betty Golub, Co-Dir.
educator@bzcongregation.com
Jan Suhrbier, Admin.
roshnooga@gmail.com

#### 2019 Spring Semester

April 7 April 14 April 21 - NO SCHOOL- Pesach April 28 May 5- Last Day

#### Fourteen Steps to a Passover Seder

The Haggadah says that "Every Jew is personally obligated to experience the Exodus." The story of the Israelites' Exodus from Egypt is retold to our children every year at Pesach, so that they can remember the years of slavery, savor the taste of freedom, and retell it to their own children.

However, when teaching students about Pesach, educators sometimes focus on teaching about the plagues - images of frogs, blood, locusts, etc. are easier for children to visualize. On the other hand, while bondage and freedom are more abstract concepts for children, they are among the more important lessons of the holiday.

A big challenge that parents have these days is trying to keep children engaged and excited during the Passover Seder. Since we live in the internet age, our children are constantly stimulated. Did you know that there are fourteen steps to a Seder? This year, why not include child-friendly activities in your Seder. Some are meant to be done prior to your Seder. See below for the steps.

Step 1: Kaddesh - Kiddush

Make modge podge kiddish cups to be used at your Seder

Step 2: Urchatz – Hand washing

Have children hand out individual hand sanitizers.

Step 3: Karpas – Appetizer

Make different veggie appetizers this year.

Step 4: Yachad – Break the middle matzah

Have the children build something with matzah using soy butter

**Step 5: Maggid – The story** 

Let's put on a play. Why not act out the story complete with costumes Ask the adults prior to the Seder to think of a new question they would like to ask after your

recite the Four Questions.

Step 6: Rachtzah – Hand Washing

Everyone washes their hands. Who is the most talkative person at your Seder table? Once hand washing is done, we are not supposed to speak until after the blessing over the matzah is said. If the most talkative person at the Seder washes first, then they will have to stay quiet the longest.

Step 7: Motzi Matzah – Eating the matzah

Try different types of Passover matzah like Shmorah Matzah Have you ever baked matzah? All you need is 18 minutes.

**Step 8: Maror - Bitter Herbs** 

Make your own plague bags

**Step 9: Korech – Hillel Sandwich** 

Make a different type of charoset this year.

Step 10: Shulcan Orech - Let's eat

If you are Ashkenazic, make a Sephardic dish and vice versa.

**Step 11: Tzafun – Finding the afikomen** 

Let the children take turns hiding the afikomen and the adults look for the afikomen.

Step 12: Barech – Blessings after the meal

What are you thankful for?

Step 13: Hallel – songs

Make up new verses for Dayenu.

Step 14: Nirtzah – Conclusion

L'shana Haba'ah B'Yerushalayim Next year in Jerusalem! The Seder closes with hopes to be in Jerusalem next year. What is one hope you have for the next year?

From our family to yours, may you have a healthy, happy, kosher Pesach!

Betty, Lily and Jan













### **B'NAI ZION CONGREGATION**

# Let all reserve today for the hungry, come and eat price Saturday evening, April 20th

#### Passover at B'nai Zion

BZ hosts Second Seder Saturday evening, April 20<sup>th</sup>. Doors open at 5:45, we will eat around 6:15 and the expected end time is 9:30. Join us for delicious food, thought provoking discussion, and joyful song. To this day, in every corner of the world, Jews come together year after year for this most treasured of traditions. And every year, there is more to learn and experience. We look forward to sharing this beautiful and meaningful tradition with you this year! Supper Early Bird reservation by April 5<sup>th</sup> is \$25 members/\$35 non-members. After April 5<sup>th</sup> it is \$35 members/\$50 non-members. Children ages 5-12 \$8; ages 13-18 \$18.

#### Hila Brod



Join us in Chattanooga for a delightful Shabbat on April 6<sup>th</sup> as Hila Brod, one of our High Holy Day Cantorial candidates, leads us in prayer. Born in Tel Aviv, raised outside of Washington D.C., and currently based in Atlanta, Hila is a trained vocalist and musician. This Shabbat provides us the opportunity for a foretaste of the Holy Days ahead as well as a refreshing Shabbat as we feel confident that you will love her energy and charisma. Friday night and Shabbat morning, April 6<sup>th</sup> at 9:45 am.

#### **BSI** prepares for Purim





## Matzah Brei Brunch!



Join us on the 7th day of Pesach (April 26) for a delicious Matzah Brei cooked by our very own Joe Kodsi! Services begin at 9:30 am withbrunch to follow!



#### CHOOUSY CHOCOLATE SEDER APRIL 7 @ 12:30 PM



Join your friends and stuff your face to prepare for Regionals and Passover!



#### **Shabbat Services at Ashwood Square**

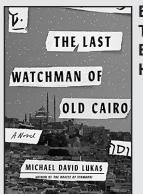


Join your BZ Family as we make a minyan at Ashwood Square Retirement Community to help everyone fulfill the mitzvah of Shabbat! We meet monthly on the 1st Friday of every month at 6:00 for the Evening Services at 7683 Shallowford Rd.

#### **Speaker Series Continues May 4th with Sanford Winer**



Our speaker series continues **Saturday, May 4<sup>th</sup>. Sanford Winer** will speak about *Parashat Acharei Mot,* which contains all of the drama of the top award winning film. Sanford Winer began the Chattanooga Jewish Film Series in 2008 and it continues to grow in size and quality.



#### B'nai Zion Book Club Tuesday, May 7 at 2:30 pm Barnes & Noble Cafe at Hamilton Place Mall

In this "wonderfully rich" novel, a young man journeys from California to Cairo to unravel centuries-old family secrets.

#### Looking towards our future!



B'nai Zion Annual Meeting Wednesday June 6, 2019 at 5:30 PM Deli Dinner and Transportation provided

#### **Contact info**





423) 894-8900 office@bzcongregation.com www.bnaizioncongregation.com

### MIZPAH CONGREGATION





923 McCallie Avenue Chatt., TN 37403 423-267-9771 mizpah@epbfi.com mizpahcongregation.org

Richard Zachary, page editor

#### **APRIL WORSHIP AND STUDY SCHEDULE**

Wednesdays: Mussar: Sacred Teachings and Ethics 7:30 am Hebrew School 4:30 pm

Lunch 'n Learn: Seasonal / current events 12:15 pm Thursdays: **Fridays**: Oneg/Kabbalat Shabbat Services 5:30 / 6:00 pm First Friday Family Shabbat Service and dinner 6:00 / 6:45 pm April 5

April 19 Passover 1st Night Seder 6:00 pm Saturdays: Torah Study w/ breakfast 9:00 am

Chen Dahan leads on April 6th Shabbat services w/ Torah/Haftarah Reading 11:00 am 10:00 am Sundays:

Machanooga: Sunday School No class on April 21 - Passover

Please Note: Due to normal security concerns, Mizpah doors (front and back) are locked at all times. Use the code or ring the bell. Thanks.



#### **Lunch and Learn**

Thursdays from 12:15-1:15

Bring your own lunch as Rabbi Lewis presents teachings on seasonal topics: upcoming holidays, world events, or as guided by the interest of participants. These sessions will be a pleasant way to see Temple friends during the week and to explore deeper understandings of Judaism

#### **Wednesday Morning Mussar**

Wednesdays at 7:30 a.m.



Mussar is a 1,000-year-old tradition of Jewish study in which the focus is practical application of our sacred teachings into the ethics by which we guide our lives. We use teachings from Alan Morinis' book, Every Day, Holy Day, as launching off points to discuss Jewish values and to explore texts from Talmud and other books of Jewish law, theology, and practice.

Bring your coffee, a bagel or nosh if you like, and let Torah provide you extra energy for the rest of the day.

#### **Shabbat Morning Torah Study:**



Every Shabbat morning at 9:15 am Led by Rabbi Craig Lewis Preceded by lox, bagels and coffee



#### Scholar in Residence at Mizpah

Join us for an exciting weekend May 3-5th for our Scholar-in-Residence program. Jamie Downing, PhD, Assistant Professor of Rhetoric at Georgia College and State University, present "American Judaism: A Process of Becoming." Dr. Downing is a wonderful scholar and a magnificent teacher. You will not want to miss these sessions. She will offer the sermon on Friday night, lead a special session of Torah Study on Shabbat, and join us Shabbat afternoon at 6:30 pm for Havdallah, dinner and

learning. Mark your calendars!



#### Toda Raba Edie Redish

Mizpah would like to offer a huge mazal tov and toda raba to Edie Redish as she leaves her position as Federation Community Nurse. When I first moved to Chattanooga, I (Richard Zachary) worked with Edie in the intensive care units at Erlanger Hospital. I was thrilled when she began her tenure at the Federation, and knew how lucky we were. Edie followed in the wise and caring footsteps of Cindy Powell and continued to excel and make the position her own and then some. Best wishes from Mizpah.

#### Passover in Venice!

Buona Pasqua - Happy Passover! Friday, April 19, 2019 6:00 pm Feinstein Hall

Come enjoy the sights, sounds and tastes of Venice, Italy All food prepared with love – amore – by our talented volunteers

Call to make payment over the phone- 423-267-9771 or go to the website and pay under "donate now" (make sure you state what it's for) \$18.00 members, \$23.00 non-members 18 and under and Military are free Your payment is your RSVP



#### First Friday Shabbat Dinner Friday, April 5



Join us every First Friday of the month for a delicious, home cooked meal. On April 5, our committee will serve all the treats you will be going without during Passover: veggie and cheese lasagna, garlic bread, salad bar, cheesecake. Dinner follows our regular Friday Shabbat worship services. Please call ahead 267-9771 to RSVP. We don't want to run out of your favorite food. As always, a gluten free op-

tion is available. Please let us know in advance.

#### Mizpah Hosts String Theory 2019

Mizpah was fortunate to host a regular session of the String Theory Chamber Music, normally held at The Hunter Museum. Appearing in concert March 5th were artistic director and pianist Gloria Chien, clarinetist Anthony McGill and Bella Hristova, violin. Selections were from Leonard Bernstein; Lukas Foss; a specially commissioned piece by Joan Tower; Ellen Zwilich; and a spectacular Yiddish and klezmer-inspired composition by Paul Shoenfield. Local Maestro Bob Bernhardt conducted a pre-concert musical dialogue and learning session.







From left: Anthony McGill, Bella Hristova, Gloria Chien

#### Toda Raba Finette and David Winer



A hearty "Thank you and job well done to Finette and David Winer and their committee for the very successful March 30th Casino Night Fun-raiser. In addition to having loads of "fun," the money generated above expenses will cover valuable congregational activities. Finette always goes above and beyond when asked to chair an event or fill a position on the Board. Thank you very much for this successful event and your many years of service.

The Shofar April 2019 15

### **CHABAD**



Rabbi Shaul Perlstein

### 12 Reasons Why Sending Your Children to Jewish Summer Camp Is the Most Important Thing You Can Do This Summer

As the summer approaches and school ends, a world of seemingly limitless possibilities for enrichment, education and entertainment present themselves for our children. Unique among the options are the opportunities afforded by attending a Jewish summer camp.

In recent years, countless studies have shown that the informal, experiential education provided by summer camp is critical to forming lasting Jewish bonds and beacons of Jewish identity for young children.

12 reasons Jewish summer camp is so great:

#### 1. Because they serve gefilte fish

Well, that's not entirely true. We've personally attended many Jewish summer camps that never served succulent loaves of gefilte fish on their tables. Shocking, we know. Fish aside, a good Jewish summer camp will be sure to serve kosher food for your child, nourishing your child's body and soul.

#### 2. Because a proud Jew is a healthy Jew

And you want your children to have the greatest spiritual health. When children attend a Jewish summer camp, they are able to stretch their Jewish "muscles," grow, and explore their place among our people.

#### 3. Because it's time to get physical . . .

Even the greatest soul needs a strong body, as Maimonides writes: "The health and wellbeing of the body is part of one's service of G-d." Swimming, sports and classes by Zak Fenderson of Orangetheory Fitness keep our campers moving.

#### 4. . . . and spiritual

A real Jewish camp will be based on educating campers about the Torah, mitzvot, and history of the Jewish people. Critical year round, but for children who don't attend Jewish school during the year, camp is a unique chance to learn about Judaism.

#### 5. Because no matter where you are in the world, there's a Jewish camp nearby.

Jewish camps are often at the heart of communities around the world. For example, Chabad's network of Gan Israel camps can be found in some seventy countries. That means that no matter where in the world you are, a chance for an exciting summer of Jewish learning and exploration is accessible.

#### 6. Because what's a summer without tons of fun?

There's never a dull moment at Jewish summer camps: activities, sing-alongs, camping, hiking, color war and more. The spark in their eyes will tell you how much they enjoyed their time.

#### 7. Because, let's admit it, you also need a break . . .

You're a great parent. We know that. Your kids know it. But even the greatest parents deserve some time off. A Jewish summer camp will be a great place for your children to be while you recharge.

#### 8. Because they learn about the holidays . . .

Rosh Hashanah isn't only apples and honey, Passover isn't only matzah ball soup. Let your children discover a world full of fun Jewish holidays through cupcake wars, art and dress up .

#### 9. Because there will be plenty of camp plays

I mean, who doesn't love a good sing-along?

#### 10. Because the camp counselors are amazing

Professional and courteous, each counselor is dedicated to giving your child a meaningful and powerful learning experience in safe and warm environment.

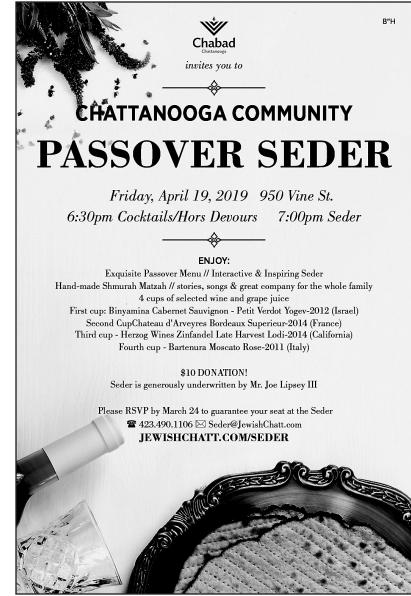
#### 11. Because they will come home happy!

In Judaism, happiness is a great thing, and Jewish camps do everything in their power to make your child happy.

#### 12. And immediately begin counting down for next year.









So send your child to a Jewish summer camp—you will be happy you did!

Visit www.jewish-chatt.com/camp to sign your child up, and be a part of what everyone is talking about.







### **HADASSAH NEWS**



#### Hadassah Happenings

by Judy Sachsman Chapter Reporter



hadassah.org
Chattanooga
Chapter

During Purim, Hadassah held its annual program at B'nai Zion, arranged with the

help of Rabbi Susan Tendler, Ruth Votava, and Millie Lander. "Purim Traditions, Old and New" combined baking hamantaschen and studying the lives of important women associated with Purim. Hadassah is named for Esther, who is celebrated at Purim, and the organization Hadassah originated from a group of women meeting on Purim in 1912.

On Friday April 12th at 10:30, Bev Coulter is once again arranging for a "hands on" CPR/AED Training session for Hadassah members. There is no charge for this important program at the JCC, and members are invited to RSVP by April 10<sup>th</sup> to Beverly at: bcoulter007@gmail.com or (423) 667-4914. Participants should wear comfortable clothes for this program.

On May 5th at 2 p.m. over tea, Deborah Levine will discuss her award-winning memoir, "The Magic Marble Tree," which focuses on women, healing, and Judaism, at the home of Dana Banks. This will be an international-flavored celebration of Deborah's life growing up in British Bermuda, combining the festivities of Cinco de Mayo with some Greek treats. RSVP to jmsachsman@gmail.com or dbbanksl@aol.com

Beverly Coulter, Vicki Lewis, Judy Sachsman, and Dana Waxler will travel to Birmingham on April 13th for the Southern Region Spring Board meeting. Any Hadassah member who would like to travel to a future board meeting should speak to Judy Sachsman or Dana Waxler.

Celebrate each lifecycle event with membership in Hadassah. Contact Judy Sachsman for information about annual and life membership. (jm-sachsman@gmail.com)

Hadassah enhances the health and lives of people in Israel, the United States and worldwide. By connecting and empowering Jewish women to effect change, we are the women who do.



"Nosh and Learn" with Rabbi Tendler. Participants making ribbon and bell streamers to honor Esther and Vashti

As always, we have great gift ideas for Life Cycle events or "Just For Instance" that are perfect to support Hadassah and Young Judaea as well. Jewelry and Certificates can be just the right thing.

Still new on the scene is the Endless Beginnings pendant that supports medical research at Hadassah Medical Center. These beautiful pendants can be purchased for \$150. Bangle charm bracelets support our Young Judeans and Camp Judaea facilities. Charms include the Young Judaea lion, hamsa and Star of David. (Visit Hadassah.org to see these.) Purchase one for \$25, two for \$48 or three for \$70.

You can also always buy Hadassah Certificates for \$18, \$25, \$36 or \$50. For all jewelry and certificates, contact Millie Lander. To purchase cards for any occasion, contact Paula Israel.



Rabbi Susan Tendler prepares hamantaschen dough



Baking hamantaschen at B'nai Zion

Want to raise some more awareness?
Like Hadassah on Facebook, follow us on Twitter and find us on Pinterest.

Remember, we don't just stand for the Power of Women Who Do, we have "The power of women to change the status quo."





#### YOU AND I CAN CHANGE A LIFE

#### By Supporting Young Judaea Scholarships

- Give a child a Young Judaea camp experience
- Help a teen participate in a Young Judaea Israel Program
- Ensure Jewish continuity and future leadership



#### MAKE A DONATION!\*

#### YOU CAN RECEIVE THESE FABULOUS BRACELETS IN GRATITUDE

Enc	losed is my check for \$ (please make checks payable to Hadassah)
	would like to pay by:Visa MasterCard Amex Discover
Total	Amount to be Charged: \$
Card	# Expiration Date: CVC #
Name	e on Card Signature
Name	Chapter/Group
Address	City/State/Zip
Phone	email
	Would you like to receive a bracelet(s) in gratitude for your donation*? Yes No If YES, as part of your payment, you can receive:
	bracelet for \$25 payment; 2 bracelets for \$48 payment; 3 bracelets for \$70 paymen
	Indicate type of bracelet and quantity: chamsa star lion

### FEDERATION BULLETIN BOARD

#### The Shofar

Published ten times a year by the Jewish Federation of Greater Chattanooga

Austin Center, Board Chair Michael Dzik, Executive Director Dana Shavin, Editor

The Shofar is mailed at no charge to local members of the Jewish community. The cost for out-of-town subscribers is \$25 a year. The views and opinions expressed are those of the authors and not necessarily those of the Jewish Federation or the editorial staff of this newspaper.

### JEWISH FEDERATION OF GREATER CHATTANOOGA

Mailing Address: P.O. Box 8947 Chattanooga TN 37414

Street Address: 5461 North Terrace Road Chattanooga TN 37411

Phone: (423) 493-0270

Fax: (423) 493-9997

Web: www.jewishchattanooga.com

- -Chen Dahan (Federation shlicha); ext. 31; cell 385-0098 Israel@jewishchattanooga.com
- -Michael Dzik (Executive Director), ext. 15; direct: 893-5443 mdzik@jewishchattanooga.com
- -Alice Goss-Morgan (Kitchen Supervisor), ext. 12
- -Meghan Graybeal (Aleph Bet Children's Center Director), ext. 19; direct: 893-5486 alephbet@jewishchattanooga.com
- -Christi Haustein, LMSW (Social Services Director), ext. 16 chaustein@jewishchattanooga.com direct: 893-9241
- -Annette McJunkin (Office Manager), ext. 14 amcjunkin@jewishchattanooga.com
- -Jake Balser (Receptionist/Admin. Assistant), ext. 10 federation@jewishchattanooga.com
- -Eddie Reel (Van Driver) (423) 298-7169
- -Aaron Russell (Operations) contact Annette McJunkin
- -Dana Shavin, MS (Communications Dir./Shofar Editor), ext. 30 dshavin@jewishchattanooga.com
- -Jason Shuman (Van Driver) (423) 320-1480
- -Ann Treadwell, MFA (Program Director), ext. 13 email: atreadwell@jewishchattanooga.com

Austin Center (Federation Board Chair), (423)933-3533 email: boardchair@jewishchattanooga.com

#### Jewish Federation Mission Statement

The Jewish Federation of Greater Chattanooga builds and fosters a strong unified Jewish community and strives to ensure its well-being and continuity locally, in Israel, and throughout the world.

### Jewish Cultural Center Statement of Purpose

The Jewish Cultural Center, funded by the Jewish Federation of Greater Chattanooga, is a venue for programs, classes, and exhibits; social services; and a preschool—all rooted in Jewish values. The facility enables the Jewish community to raise its visibility, foster relationships, and strengthen its identity in the Chattanooga area.

### Shofar Policies and Procedures

#### **Article/Advertising Deadline**

The deadline for *Shofar* articles, announcements, photos and advertising is the 8th of the preceding month. Submit articles via email to *Shofar* editor Dana Shavin at dshavin@jewishchattanooga.com. Photos should be e-mailed as high resolution (300 dpi) jpeg files. Hard copies of photos will be returned once they are scanned and the issue has gone to press.

#### The Shofar calendar

The Federation maintains an online calendar for the community that includes congregational events, social activities, special services and celebrations. Contact Jake Balser at the Federation (493-0270, ext. 10; federation@jewishchattanooga.com) before scheduling your event and/ or to add your date to the calendar. View the online calendar by visiting www.jewishchattanooga.com and clicking the calendar tab.

Only Jewish Federation and Federation-sponsored events are listed on the *Shofar* calendar, which appears on the inside back page of each issue.

#### Letters to the Editor

It is the policy of *The Shofar* to encourage letters to the editor. For a letter to be published, it must be signed. The writer's name will be printed. Letters may be edited for length and are selected for publication at the discretion of the editor. Letters should be no more than 200 words.

#### **Mazel Toys and Condolences**

Please contact Dana Shavin (or dshavin@jewishchattanooga.com or 493-0270, ext. 12) with information regarding mazel tovs and condolences. Whenever possible, dates of death will be printed. These announcements are accepted until the 20th of the month.

Articles about upcoming Bar/Bat Mitzvahs, weddings and other special events are featured on the Community Lifecycles page. Text and photo must be provided in accordance with *Shofar* deadline on the 8th of the month preceding the issue.

#### Corrections

Please contact *Shofar* editor Dana Shavin if you find an error in *The Shofar*. We aim for accuracy.

#### **Community Directory Updates**

If you have updates/corrections to the community directory, please contact the Federation at federation@jewishchattanooga.com or 493-0270, ext 10. You can also make corrections at our website, jewishchattanooga.com.

### April 2019 Adar II/Nisan 5779

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	Tuesday Cafe Noon, JCC  2020 & Beyond 5:30pm, JCC	3	4	5 Candle Lighting 7:48	Candle Lighting 8:45
7 Machanooga at  MZP  "Stories from Israel" opens noon, JCC Good Deeds Day Noon, JCC	8	Tuesday Cafe Noon, JCC 2020 & Beyond 5:30pm, JCC	10	Aleph Bet Spring Fling 9am, JCC	12  YJL Shabbat  Dinner  Home of Becca  Sadowitz  Candle Lighting 7:53	Candle Lighting 8:51
14 Machanooga at MZP	Foreign Policy Supper Club JCC, 6pm	Tuesday Cafe Noon, JCC  2020 & Beyond 5:30pm, JCC	17	Federation Board Meeting 5:30pm, JCC	Federation closes at 3 for Passover  Candle Lighting 7:59	Candle Lighting 8:57
No Machanooga	Federation kitchen closed for Passover all week (22nd-26th)	NO Tuesday Cafe  2020 & Beyond 5:30pm, JCC	24	Federation closes at 3pm for Passover  Candle Lighting 8:04	Federation closed for Passover  Candle Lighting 8:05	Candle Lighting 9:04
Machanooga at  MZP  Jew Crew  Mi-Mu-Na  Dinner  6pm, JCC	29	Tuesday Cafe Noon, JCC 2020 & Beyond 5:30pm, JCC (Final class)	Yom HaShoah 7pm, JCC	2	Candle Lighting 8:10	4 Candle Lighting 9:10

For an up-to-the-minute version of a calendar that displays events for all Jewish community organizations, click the Community Calendar tab on the homepage of www.jewishchattanooga.com. The Shofar calendar lists only Jewish Federation and Federation-sponsored events.

#### **Key April Federation Dates**

**Tuesday Cafe** 

Tuesdays, April 2, 9, 16, 30

2020 and Beyond

Tuesdays, April 2, 9, 16, 23, 30

**Aleph Bet Spring Fling** 

Thursday, April 11

**Foreign Policy Supper Club** 

Monday, April 15

Mi-Mu-Na Dinner

Sunday, April 28

#### **Calendar Abbreviation Key**

AB	Aleph Bet Children's Cente
JCC	Jewish Cultural Center
MZP	Mizpah Congregation
P2G	Partnership 2Gether
YJL	Young Jewish Leadership

You can now update your contact information for the Directory by going to the website! Simply go to https://www.jewishchattanooga.com/directory. It's that easy!

This issue was mailed on or before March 25. Please contact your mail carrier or local postmaster if you did not receive it promptly.

Please see page 18 for Shofar policies and procedures.

The Shofar is online at the Federation website.
Go to Jewishchattanooga.com/Shofar
The online Community Calendar is current.



#### Federation in Israel

Watch the May *Shofar* for more photos and a summary of the trip from Ann Treadwell.



Cara Weiner, Ann Treadwell, Tal Cohen on rooftop of



Cara Weiner (r) with her Leadership 2Gether roommate Megan Senzell at bread shop.





# **Dennis Matzkin, M.D.**Ophthalmic Surgeon

7405 Shallowford Road Suite 420 Chattanooga, TN 37421 (423) 855-8522

# Allied Eye

Specializing in...

Diseases and Surgery of the Eye

- Cataract surgery (femto-phaco)
- Multifocal implants
- "Lasik for baby boomers"
- Lasik and PRK
- Glaucoma and diabetes
- Neuro-opthalmology
- Routine eye exams