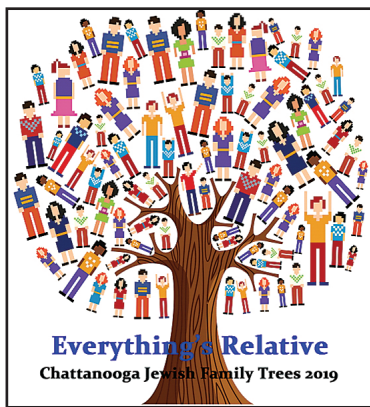


THE SHOFAAR

A Publication of the Jewish Federation of Greater Chattanooga

Volume 31 Number 10 June/July/August 2019

Everything's Relative Exhibit Opens June 3 at the JCC



There's a saying in Chattanooga that "all Jews are related." As you will see in this exhibit, there is a lot of truth to this statement. Family ties, through blood or marriage, connect many of the families of long-time Jewish Chattanoogaans. Throughout the interactive exhibit there will be blank branches on which you can write the names of your own multi-generational family members. The exhibit opens Monday, June 3rd and will be viewable every day during regular

Federation business hours (Monday through Thursday 9-5, and Friday 9-4). There is no cost to view. For more information, call or email Karen Diamond at 227-1505 or kdiamondgran@comcast.net.

Trivia Night Returns to the JCC June 27

THE JEWISH FEDERATION AND ALEPH BET PRESENT

GAME OF TRIVIA

THURSDAY, JUNE 27TH @ 7PM
AT THE JCC

**\$100 FOR A TEAM OF UP TO 4 PEOPLE,
WINNING TEAM TAKES HOME \$200!
SNACKS, BEER, WINE &
NON-ALCOHOLIC DRINKS PROVIDED**

VISIT ALEPH-BET.COM TO RSVP OR PURCHASE TICKETS

ALL PROCEEDS BENEFIT ALEPH BET CHILDREN'S CENTER

SAVE THESE DATES

2020 Campaign Kick-off	September 12
Night Run	September 14
Major Gifts	September 22

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Barefoot Nellie & Co. to Headline JCC's Independence Day Party July 4



This year at the JCC, Barefoot Nellie and Co. will be performing on the big room stage! Join us in the cool indoors for grilled chicken, potato salad cole slaw, cookies and bars, beer--and dancing, if the spirit moves you.

Barefoot Nellie & Co. is a smooth driving bluegrass band based in Chattanooga. The group was founded in 2007 by Eric and August Bruce. In 2010, they released their debut CD, "South River." BFN&Co. compiles impressive driving, darker arrangements, and blending of standard traditional bluegrass with a more innovative approach. The band's heart lies in writing, arranging and playing originals. (adapted from BarefootNellieandco.com)

Tickets are \$10/adults, \$5/kids age 8-16; \$25/family of four if purchased before July 1st. At the door they are \$14/\$9/\$35. Children age 7 and under free. RSVP online at jewishchattanooga.com, by email at rsvp@jewishchattanooga.com, or call 493-0270.

Federation Says Goodbye to Shlichah Chen Dahan with Bat Mitzvah-Style Party, August 8 at 6pm



It is with fondness and a heavy heart that we say goodbye to our 2018/19 Federation shlichah Chen Dahan. Chen has worked her way into the hearts and minds of our Jewish community over the past two years, bringing her unique style and creative programming to everything she's done. We will miss her indomitable spirit, even as we know we will maintain a relationship with her and see her in the future, as we do all of our past shlichim, in Israel.

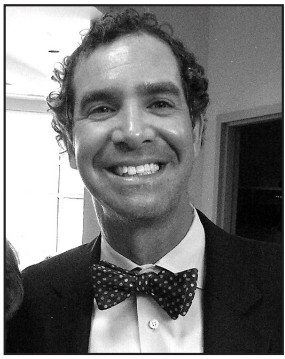
All shlichim get to decide how they want their send-off to look, and Chen wants hers to look like a bat mitzvah party! Come ready to dance and eat and have your picture taken. Chen will be giving a bat mitzvah-style speech. No cost to attend. RSVP online at jewishchattanooga.com, by email at rsvp@jewishchattanooga.com, or call 493-0270.

SAVE THE DATE: 2020 Campaign Kicks Off Thursday, September 12

This year we will kick off our annual campaign with local Music Director Emeritus and Principal Pops Conductor Bob Bernhardt, along with his colleague, Bob Elias, President and CEO of the OREL Foundation. Bernhardt and Elias met as students at the University of Southern California and have been lifelong friends. Dinner reception at 5:30 pm with program featuring several musicians at 6:45. There is no cost to attend, but you will have the opportunity to pledge. RSVP to rsvp@jewishchattanooga.com, on the website at jewishchattanooga.com, or by calling 493-0270.

The Federation & Aleph Bet Children's Center (AB) will be closed Monday, June 10th for Shavuot.
AB will be closed July 31-August 2 for Professional Development.

NOTES FROM LEADERSHIP



Telling Our Stories Makes a Difference

*Austin Center
Federation Board Chair
boardchair@jewishchattanooga.com*

The impact we make is measured in the people we help and the lives that are made better. Through my involvement as a leader on behalf of the Federation, I continue to be amazed at the difference we make in people's lives. Our Social Services program is unparalleled among Federations for taking care of our elderly and at-risk. The Jewish Film Series continues to sell out, engaging not just the Jewish community but the community at large. Our leadership and the Community Relations Committee are working with community's clergy and the Mayors Council Against Hate to combat hate in all forms. Our leadership training continues to turn out passionate and engaged community leaders who join boards and inspire future generations of volunteers and leaders.

Commemorating Yom HaShoah, Yom HaZikaron and Yom Ha'atzmaut last month, I realized more than ever the impact our Jewish Federation has directly on members of our community. This year's Yom HaShoah and Yom HaZikaron, commemorating the lives and heroism of six million Jewish people who died and honoring the survivors, had a profound impact on me.

Every year at Yom HaShoah, we invite Holocaust survivor Henry Green to light a candle. This year, he was unable to attend, and so we asked the community to recite the words he would have: "I light these candles in remembrance of the agony that numbed the mind and could have turned our hearts to stone, but didn't." We as a community will never forget those who endured the Holocaust, and will continue to tell their stories. (This is why we ask a Keeper of Our History to light a candle "in honor of all of those people who keep stories and the history alive, and light the candle of knowledge within others from generation to generation.")

We ask children and grandchildren of survivors to light candles as well, and that evening we heard from two children of survivors, Tom Balazs and Rachel Salomon Sadowitz. As a result of the Federation's Partnership 2Gether teacher exchange, Rachel reconnected with her father, a survivor who was living in Israel. When Rachel shared the profound impact this Israeli partnership exchange had on her life, it reaffirmed for me that the work we do in this community is truly life changing.

The Yom HaZikaron program, written and lead by Federation shlichah Chen Dahan, was also very special. Hearing Tal Cohen speak about the his time serving in the IDF, and about our "adopted" platoon, men and women who are defending Israel, is a reminder of the bonds we all share. Tal honored his friend Gandhi, who immigrated to Israel from the Republic of Dagestan in 1998, and began studying at the Hebrew University. Soon after, Gandhi's parents and sisters immigrated to Israel and settled in Hadera. In August 2000, Gandhi enlisted in the IDF. On June 5, 2002, he was killed in a terror attack at the Megiddo junction, when he boarded an "Egged" bus. Gandhi was twenty-one years old.

Tal also honored his uncle Meir (Miro) Alush, who was born in Israel and raised in Binyamina with his five brothers and sisters. In 1993, after moving to Haifa, he was moved to serve in the west bank. On June 16, 1996, Meir went to an Arab store in Ariel with his wife and son. Moments after, a terrorist followed and shot Meir to death and injured his wife. Meir was 40 years old.

On Yom HaZikaron we honor those who have lost their lives: the 23,741 fallen soldiers, the 3150 murdered in terrorist attacks and the 4 Israeli civilians killed the weekend of March 4th. We are lucky to have people in our community like Tom, Rachel, Chen, and Tal, who make us stronger by sharing their stories.

Lastly, we as a community celebrate Yom Ha'atzmaut, Israel Independence Day, also because of the bond we have to our Jewish homeland. We are a family, and each of us--as storyteller and as witness--makes a difference in and for our community.



An Israel Trip to Remember

*Michael Dzik
Federation Executive Director
mdzik@jewishchattanooga.com*

What an incredible trip to Israel this past month. I enjoyed connecting and reconnecting with everyone on the trip, Americans and Israelis. Throughout our travels across Israel, we also had many conversations – from politics and security to education and health care. Israel's innovation continues to have no boundaries.

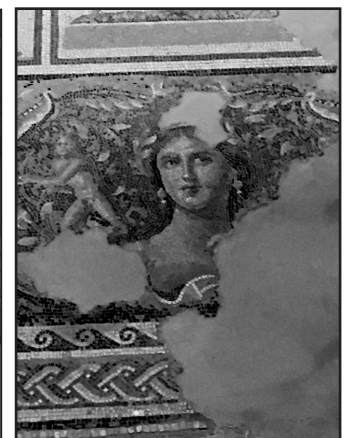
There are too many highlights to mention, but one of my favorites was Shabbat dinner in Hadera with our "family" and, of course, connecting with many of our shlichim family as well (Einav, Noa, Raoul and Amit).

Ready to experience Israel? We are looking forward to planning another trip soon. Let me know if you're interested.

Have a wonderful summer and I look forward to seeing you at the many community events to come.



Group photo at the Jaffa port on our final day in Israel



Mona Lisa of Israel at the ruins in Tzippori



Dessert farming at the Salad Trail. One of many cherry tomato varieties (all invented in Israel)- Each vine grows to nearly 30 feet!



Lynn Howard with IDF soldiers



Left: Salad Trail guide Peter shows us a Kassam rocket that was fired from Hamas in Gaza and landed in one of his kibbutz fields. These Kassam rockets are made from old metal water pipes in Gaza. Middle: Artists have taken remnants from Kassam rockets and turned them into steel flowers. Right: Remnant of an Iron Dome missile that destroyed incoming terrorist rocket.

L-r Topaz and Sapir Marom with Rebecca Dzik. Sapir was hosted in Chattanooga 4 years ago as part of our P2G teen exchange, and Rebecca and I were hosted by the Marom family 3 years ago. Rebecca is attending Alexander Muss High School in Israel and we all reconnected at our Shabbat in Hadera. Sapir is now in the IDF.



FEDERATION NEWS

Dzik Addresses Christians United for Israel in Cleveland, Tenn. May 7



Michael Dzik spoke to a packed house at the Omega Center International in Cleveland, Tennessee the evening of May 7th.

On May 7th, Christians United for Israel (CUFI) held a Night to Honor Israel event at Pastor Perry Stone's Omega Center International, in Cleveland, Tennessee. The keynote speaker for the event was Pastor John Hagee, CUFI Founder. Other speakers included Cleveland's Mayor Kevin Brook and Dr. Randy Caldwell.

Michael Dzik, Federation Executive Director, spoke about the importance of supporting Israel. Over 2,000 people attended the event. CUFI is a grass-roots organization, which has grown to become the largest Christian pro-Israel group in the United States with over six million members that speak as one voice on behalf of Israel.

STAY IN THE LOOP!

Our website is
<http://www.jewishchattanooga.com>.
 Our Facebook page is Jewish Federation of Greater Chattanooga (JFGC)

Join the Jewish Federation Legacy Society

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams for a strong future Jewish community into a reality. Join today.

- | | | |
|------------------|-------------------|----------------------|
| Anonymous (2) | Dropkin, Warren | Lowe, Beth |
| *Allen, Amelia | Dzik, Michael | Lowe, Rob |
| Allen, Owen | Dzik, Paula | *Malsh, Rebecca |
| *Alper, Maxine | Fairchild, David | *Nash, Ike |
| Balser, Jeff | *Frank, Estelle | Oxenhandler, Barbara |
| Balser, Robin | Hanan, Jan | Parker, Jordan |
| Berz, Bob | Hanan, Michael | Parker, Rebecca |
| Binder, Claire | Hanan, Rachel | Pregulman, Helen |
| Black, Bonnie | Hanan, Victor | Richelson, Alan |
| Black, Stephen | Hill, J.R. | Rosenfeld, Jackie |
| Bogo, Jerry | *Hochman, Colman | Rosenfeld, Roy |
| Bogo, Rosalee | Hochman, Lynn | Siskin, Pris |
| Bohn, Jerry | Hodes, Alvin | Sivils, Janet |
| Brooks, Ellyn | Hodes, Andy | Spector, Linda |
| Brooks, John | Hodes, Melody | *Spector, Mark |
| Brouner, Betsy | Howard, Lynn | Spector, Mike |
| Brouner, Lee | Israel, David | Susman, Gail |
| Center, Austin | Israel, Scott | Susman, Joel |
| Center, Marilyn | Jaffe, Dot | Weiner, Cara |
| Cohen, Tal | *Jaffe, Sam | White Dropkin, Donna |
| Cohn, Herb | Lebovitz, Alison | Winer, David |
| *Cohn, Sue | Lebovitz, Alan | Winer, Elaine |
| Cowan, Rob | Lebovitz, Betty | Winer, Finette |
| Diamond, Karen | Lebovitz, Charles | Winer, Sanford |
| DiStefano, David | Lebovitz, Lauren | Zachary, Richard |
| DiStefano, Susan | Lebovitz, Michael | |
| Dittus, Sandy | *Levine, Lawrence | *Deceased |

See how easy it is to join the Legacy Society!

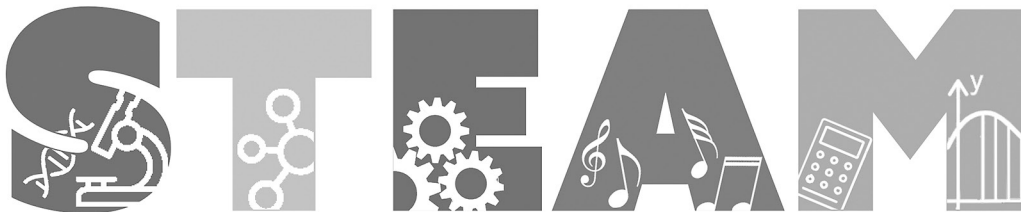
Call Michael Dzik at 493-0270 ext 15.

Partnership 2Gether Educator Delegation

Taking a looking into Science, Technology, Engineering, Arts and Math in the Israeli Education System



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 2GETHER
 HADERA - EIRON
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Partnership2Gether Educator Delegation

December 25 - January 2, 2020

VISIT INCLUDES:

- Home Hospitality in our Partnership Region
- Hotel in Jerusalem
- Touring in Israel - Jerusalem, Tel Aviv, and our Partnership Region of Hadera-Eiron
- Seminars with Israeli Professionals in the areas of Science, Technology, Engineering, Arts and Math
- Interaction with other Southeast Consortium educators
- Mifgash with Israeli Educators

All land costs covered by the P2G budget. Contact Ann Treadwell at the Greater Chattanooga Jewish Federation: 423-492-0270 ext. 13



@ THE JEWISH CULTURAL CENTER



Uterior Motives

Ann Treadwell
Program Director atreadwell@jewishchattanooga.com

I would like to tell you that we plan programs and activities at the Federation just for the fun of it. But we don't. Even with our shlichim, the questions we ask over and over are, What good? For which people? With what resources? There is even a sign above their desk to remind them of the importance of what they do, and of keeping programming relevant.

Pick a program, a speaker, an event, and look at our ulterior motives. Let's take the Fourth of July Independence Day picnic, a secular event. We begin by asking ourselves, What purpose do we have in bringing people together? There is the socialization component, including making sure that people who might otherwise be alone aren't. There is the nutritional component, making sure that people who might not eat a nutritious meal on a holiday get one. And there is the "neutral space" component: using the Federation facility to bring people together from different congregations or who are unaffiliated. It is this last motive that seems to me to be among the most important right now.

Our Jewish community has a number of issues to deal with – issues that can only be dealt with by having conversations that are multi-faceted. Because the strength of the future will be in how we take our conversations and use them to build up the entire Jewish community. In learning the history of the community through the Jewish Archives, I've become aware of several times when the entire community came together for the good of the whole.

One of many examples includes the aftermath of the synagogue bombing here in July 1977. The whole community came together to rebuild the synagogue and mikvah. The Torah covers from the bombed synagogue, currently housed at Chabad of Chattanooga, are a testament to the Jewish community prevailing over evil.

We all know that some of the harder decisions the community has had to make have come through painful conversations. One example is the closing of the proudly built and well-used traditional Jewish Community Center that is now the Chattanooga First Church of the Nazarene. Over the years, I've talked to many people about the process of selling that facility, dreaming a new vision, and then creating the Jewish Cultural Center facility. There is still anger among some of the older members of the community. There is still a wish that the JCC facility could have been maintained. There is some reluctance in acknowledging that it was the right thing to do. And there is a sense of pride that the Cultural Center facility is so well used.

Back to programming. One of the things you will begin to see is some pop-up programming. These pop-up programs are pilots or tests. It's our way of trying to see whether what we do has the desired effect on the right people, and whether it's worth the resources to continue the program. We expect some failures. But we hope and plan for success. The nature of a pop-up event means you may not see an announcement about it in *The Shofar*; it may just be an e-mail, postcard, or a Facebook announcement. Some of the pop-ups will take place as programs or events, others may just be conversations or quick learning sessions. The ulterior motive for programming this summer is to get people together to talk, and to remind ourselves to always be learning about, and from, the questions, *What good, for which people, with what resources?*

INNOVATE. CREATE. LEAD.

JULY 29 - AUGUST 2

MON - FRI, 9 AM - 4 PM

Calling all 7th – 10th graders (Rising)

Join us for a first of its kind and unique leadership and entrepreneurial summer experience for teens in Chattanooga.

Inspired by Israel as an innovation hub, IAC Eitanim is a nation-wide program that motivates teens to develop leadership skills, critical thinking, problem solving and community activism.



The teens will be given real world problems to solve while mentored by community professionals. Final project solutions will be presented in a Demo Day.

COST: \$50, BRING YOUR OWN LAPTOP AND LUNCH.

APPLY NOW! SPACE IS LIMITED

FOR MORE INFORMATION, PLEASE CONTACT ANN/CHEN:
ATREADWELL@JEWISHCHATTANOOGA.COM | ISRAEL@JEWISHCHATTANOOGA.COM



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EITANIM



Jewish Federation*
OF GREATER CHATTANOOGA

SHLICHIM PROGRAM



What Comes Between

Chen Dahan, Federation Shlichah
Israel@jewishchattanooga.com

Friends and family in Chattanooga, as I was starting to think about my good-byes, I realized this is officially my LAST *Shofar* article. I find it interesting how we always emphasize and impart special meaning to the FIRSTS and LASTS in our lives, when actually what is most important is everything that happened in

between them--the middle.

That "middle" is the process--the way and the journey--that determines the significance of the LASTS. I hope my journey here has been as significant for you as it was for me. And I cherish every "middle" moment I had here - from events and programs to casual schmoozing with every member of the community.

I don't want to sum up my *shlichut* in Chattanooga just yet (final goodbyes, tears and summary are promised in my goodbye bat mitzvah-style party on August 8th), because right now, I don't feel I am ever leaving. Chattanooga and the Jewish community have become such big part of me, and I will forever feel part of it, even though I will not be physically around.

I hope this time of LASTS will be also a time of NEXTs: next time I visit Chattanooga, next level of friendships, next year in Jerusalem!

Please keep in touch!!!!

Email: Chenda12662gmail.com

WhatsApp: +972-50-754-4146

Facebook: Chen Dahan

Going Out in Style--Bat Mitzvah Style!

Join us at the JCC August 8th at 6p.m. for Chen's farewell bat mitzvah-style party. With the assistance of Soundforce Event Specialists, we will make this a fun evening for all. Please RSVP at rsvp@jewishchattanooga.com. No cost to attend.



Thirteen year-old Chen at her bat mitzvah, 2007

The Shlichim Program is made possible by your donations to the Jewish Federation Annual Campaign.

COMMUNITY NEWS

Congratulations 2019 Seniors! You did it!

Kalli Agudo
Eva Binder
Grace Brody
Ethan Goldblatt
Ben Hillner
Jake Levine
Zoe McCarley
Zachary Opengart
Carolyn Potts
Megan Raisin
Noah Raisin
Ben Suhrbrier
Ryan Val



Mazel Tov

Alex Center, daughter of Trent Center, was awarded the Battle Award at GPS Class Day. This award is given to a junior who has a B average or higher, exhibits leadership qualities in academics or extra curricular activities, is enthusiastically active in sports, and shows versatility.

Condolences

We mourn the passing of the following beloved friends and family:

- Sam Chawkin, son of the late Louis Chawkin and Rose Kaufman Chawkin and cousin of Marcie Mott, in Atlanta.
- Frank Moses, husband of Margaret Doty, brother of Susan and Sally Moses, father of Sarah, Teddy and Molly Moses, on May 5.

Although the Shofar deadline is the 8th of the month, mazel tovs and condolences are accepted at any time. Contact Dana Shavin at 493-0270, ext. 12 or dshavin@jewishchattanooga.com.

Tributes

In Honor of

Will Melnyk, Michael Bunting, Becca Sadowitz

Yom HaShoah, Ingrid Halvorsen

In support of Israel, David Speal

Rob Goldberg birthday, Trudy and Tom Trivers

Please use the website to rsvp to events, register to volunteer, and read *The Shofar*. You can even safely donate online!

<http://www.jewishchattanooga.com>.

You're gonna love it!



Did We Goof?

Sometimes, we make mistakes. And sometimes, you catch them. What should you do if you find an error in *The Shofar* or on the website or our Facebook page? Go to the source! Email Communications Director Dana Shavin at dshavin@jewishchattanooga.com and she will fix it. Thanks for paying attention.

oops



Take Home Chef Alice Goss-Morgan's "Bowls of Love"



Purchase matzo ball soup or chili for just \$4 for a one-bowl container. **Call ahead to reserve; we do run out.** Contact Ann Treadwell (do not call the kitchen) at 493-0270, ext. 13; or atreadwell@jewishchattanooga.com to get your order packaged and ready to go!



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Mitzvah Meals Suggested Donations

- \$8 per meal
- \$90 per month based on 3 meals/week
- \$125 per month based on 4 meals/week
- 160 per month based on 5 meals/week
- 190 per month based on 6 meals/week

Meals are available for pick-up or delivery.



To-go orders from any/all community programs will be charged the program fee (\$10-\$12) as opposed to the Mitzvah Meal fee. All Mitzvah Meal recipients must be pre-approved by the Director of Social Services. Menus are set by the Kitchen Supervisor and Director of Social Services.

Jewish-style food, haimisha atmosphere
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Sat. 10:30 to 5:00

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Check our website for our daily menu

COMMUNITY EVENTS

Mimuna Dinner, April 28, JCC



Yom Hashoah Commemoration, May 1, JCC

On May 1st the community commemorated victims of the Holocaust with a candlelighting ceremony, prayers from Rabbis Craig Lewis and Susan Tendler, and personal stories from community members Rachel Salomon and Tom Balazs.



Children of survivors



Rabbis Lewis and Tendler



Community leaders



Community youth



Grandchildren and great-grandchildren of survivors



Rachel Salomon

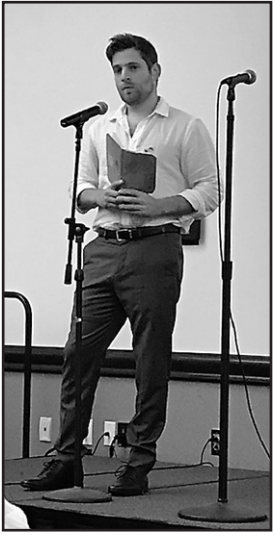


Tom Balazs

COMMUNITY EVENTS

Yom HaZikaron Commemoration, May 8, JCC

Paying tribute to the fallen soldiers of war and victims of terrorism with a reading by spoken word poet Andrew Lustig and readings by community members.



Andrew Lustig



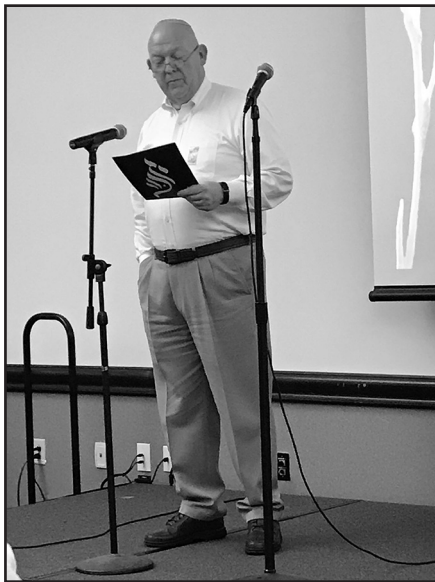
Nicole Taeye, Rob Lowe, Randi Weiss



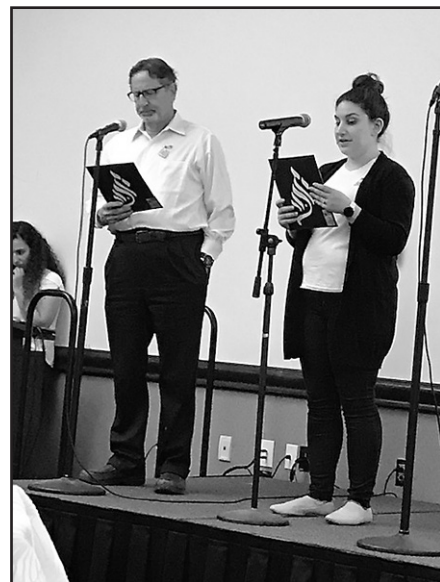
Images of fallen soldiers of war, with candles



Images of fallen soldiers of war with biographies



David Navas



Richard Zachary, Cori Cohen



Tal Cohen



Merav Balazs, Cara Weiner

Yom Ha'aztmaut, Israel Independence Day, May 9

On May 9th the community celebrated the 71st anniversary of Israel's Independence with a traditional Israeli meal of chicken shawarma, fried eggplant, hummus, baba ghanouj, and Israeli salad; readings by community members around the theme of what it means to be Jewish and a part of Israel; readings by spoken word poet Andrew Lustig; and songs played and sung by Eleanor Tallie Steinberg. Alison Lebovitz emceed.



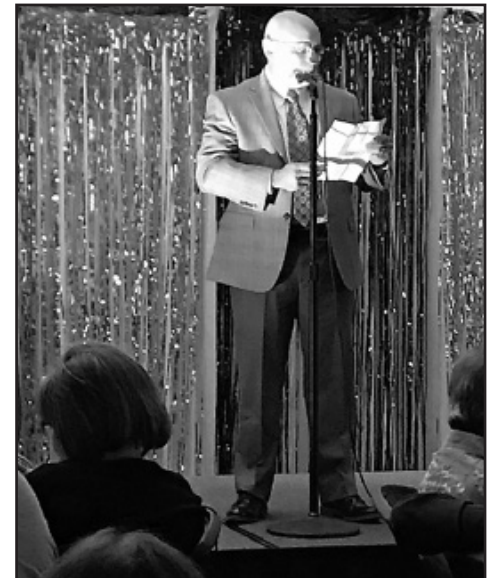
Alison Lebovitz, emcee



Andrew Lustig, spoken word poet



Eleanor Tallie Steinberg, singer



Dennis Matzkin



Max Cowan



Rebecca Sadowitz



Irv Ginsburg



SUMMERTIME AT THE JEWISH CULTURAL CENTER

June at the JCC

Your R.S.V.P. assures you a seat, a meal, and allows us to meet your special dietary needs.

There are three easy ways to RSVP:

1. On the WEBSITE at <http://www.jewishchattanooga.com>.
2. Via EMAIL at rsvp@jewishchattanooga.com
3. Via the old fashioned TELEPHONE, at 493-0270 ext. 10.

No Meat? No Problem!

If you prefer a vegetarian meal at one of our events simply RSVP to the Federation AT LEAST three work days prior to the event. **We are happy to accommodate you but must give advance notice.**



Tuesday Cafe

Tuesdays, June 4, 11, 18, 25 @ noon. Menu will be listed in the community email. \$10. To-go orders may be available after all event attendees are served. Please RSVP.

"Everything's Relative" exhibit opens for viewing

Monday, June 3 @ 9am. See front page for information. Runs through August.

Jewish Film Series Screening of *Murer: Anatomy of a Trial*

Wednesday, June 5 at 7:15pm. \$8 includes popcorn and drink

Jewish Film Series Screening of *Enemies: A Love Story*

Wednesday, June 12 at 7:15pm. \$8 includes popcorn and drink



Foreign Policy Supper Club

Decoding U.S.-China Trade

Monday, June 17 @ 6 p.m. \$12 includes dinner and materials for discussion. Please RSVP.

Though arguably the most advanced economy in the world, the United States still uses centuries-old numbers to measure trade. These antique numbers mangle understanding of the U.S.-China trade relationship, shrinking America's true economic size and competitiveness, while swelling China's. Bad numbers give rise to bad policies that ultimately kill U.S. jobs and cede market share to China. What other tools can the United States employ to counter China's unfair trade practices? There are several available, yet they remain mostly unused.

Jewish Film Series Screening of *Redemption*

Wednesday, June 19 at 7:15pm. \$8 includes popcorn and drink

Trivia Night

Thursday, June 27 @ 7pm, JCC. See front page for more information.

July at the JCC



Tuesday Cafe

Tuesdays, July 2, 9, 16, 23, 30 @ noon. Menu will be listed in the community email. \$10. To-go orders may be available after all event attendees are served. Please RSVP.

Independence Day Party with Barefoot Nellie

Thursday, July 4 @ 11:30pm. See front page for information. Be sure to RSVP.



Foreign Policy Supper Club

Cyber Conflict and Geopolitics

Monday, July 15 @ 6 p.m. \$12 includes dinner and materials for discussion. Please RSVP.

Cyber conflict is a new and continually developing threat, which can include foreign interference in elections, industrial sabotage and attacks on infrastructure. Russia has been accused of interfering in the 2016 presidential elections in the United States and China is highly committed to using cyberspace as a tool of national policy. Dealing with cyber conflict will require new ways of looking at 21st century warfare. Is the United States prepared to respond to such threats?

June: Three Movies Left in Jewish Film Series

June 5: *Murer: Anatomy of a Trial*

The subdued but engrossing *Murer: Anatomy of a Trial* slowly unspools its righteous anger over two-and-a-quarter hours, depicting in despairing detail a trial about a war criminal who orchestrated the murder of thousands of Jews. Writer-director Christian Frosch's starchy courtroom drama focuses on the true-life trial of Franz Murer, but the film quickly evolves from a legal battle into a resonant, timely exploration of political expediency, the manipulation of the truth, and the normalcy of evil. *137 minutes, English, German, Hebrew, Yiddish*

June 12: *Enemies: A Love Story*

Based on the brilliant, enigmatic novel by Isaac Bashevis Singer, this is a quietly haunting film about an aloof Jewish intellectual (Ron Silver) who managed to hide from the Nazis during WWII and now, in 1949, leads a double life in Coney Island, NY. He's married to his wartime (non-Jewish) protector (Margaret Sophie Stein) and fooling around with a sexy married Jewish woman (Lena Olin). Things get even more complicated. *119 minutes, English*

June 19: *Redemption*

A dutiful but deeply unhappy father fights to save his gravely ill daughter and his own dreams of being a rock musician, in this poignant and probing Israeli drama. Widowed and single, middle-aged Menachem (Moshe Folkenflik) works as a grocery clerk, struggling to cover costly medical treatments for his cancer-stricken six-year-old daughter. After personal tragedy ends his stint as a rock musician, he becomes dedicated to Orthodoxy. Hoping to raise much-needed cash, Menachem tries to persuade his former bandmates to reunite. But is a return to singing compatible with the tenets of his faith? Featuring mesmerizing musical performances, this pitched battle between religion and rock 'n' roll is a spiritually rousing story of self-fulfillment, and paternal and fraternal love, in the face of an existential crisis. *104 minutes Hebrew with subtitles*



August at the JCC



Tuesday Cafe

Tuesdays, August 6, 13, 20, 27 @ noon. Menu will be listed in the community email. \$10. To-go orders may be available after all event attendees are served. Please RSVP.

Chen Dahan's Going Away Party

Thursday, August 8 @ 6 pm. See front page and page 4 for information.



Foreign Policy Supper Club

The United States and Mexico: Partnership Tested

Monday, June 17 @ 6 p.m. \$12 includes dinner and materials for discussion. Please RSVP.

The United States and Mexico have a long, intertwined history, with both countries prominently featured in each other's politics and agendas. The war on drugs, immigration and trade issues have taxed the relationship over the years. What impact will new leadership in both countries have on this crucial partnership?

Campaign Kickoff

Thursday, September 12 @ 5:30pm. See front page for more.

Music Director Emeritus and Principal Pops Conductor Bob Bernhardt, along with his colleague, Bob Elias, bring a program of musicians to the JCC. Dinner reception at 5:30 pm with program at 6:45. There is no cost to attend. Opportunity to pledge. Please RSVP to rsvp@jewishchattanooga.com, on the website at jewishchattanooga.com, or by calling 493-0270.

By the Numbers

660

Family entries for the *Everything's Relative* exhibit, with more than 1,000 local relatives named

SOCIAL SERVICES



What We Do: By the Numbers

Christi Haustein, LMSW
Social Services Director
chaustein@jewishchattanooga.com
893-9241

During our Social Services committee meeting in April, it was suggested that we begin showing not only what services we provide, but the number of folks we're seeing, in *The Shofar*. This month, we will look at the number of clients who have received transportation service, Mitzvah Meals, and case management services. The Community Health Advocate's encounters will be placed in *The Shofar* at a later date. If there are other ways we can show you what the Social Services department is doing, let me know!

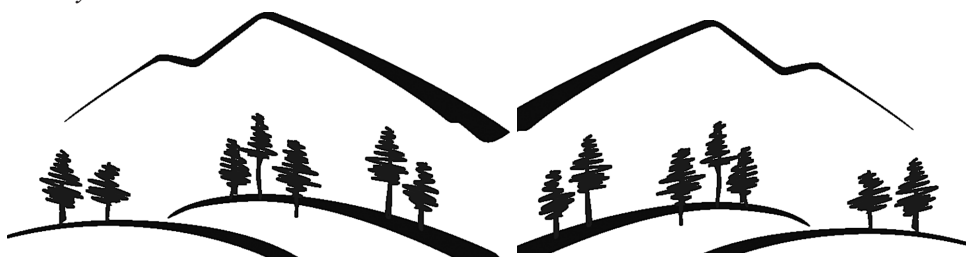
	APRIL	YEAR TO DATE
Total case management encounters:	126	356
Case management of unduplicated clients:	35	145
Transportation:	85	345
Mitzvah Meals:	23	93

Improve Your Health Naturally

Being outside can improve memory, help fight depression and lower blood pressure. Below are 12 great reasons to spend more time in the great outdoors:

1. Walking in nature can improve your short term memory.
2. Being outdoors can help one de-stress, unwind.
3. Reduces inflammation.
4. Enjoying the outdoors can help with energy.
5. Outdoor experience can reduce anxiety and fight depression.
6. Being outdoors may help in protecting your vision, nearsightedness.
7. Spending time outside can help lower blood pressure.
8. Outdoor experience can help with your ability to focus.
9. Being outside can help with your creativeness.
10. New research is showing that being in nature, specifically forest, can help in preventing cancer.
11. Additionally, time spent in a forest may help boost your immune system.
12. Overall, time spent outdoors is associated with a lower risk of early death.

More at: <https://www.businessinsider.com/why-spending-more-time-outside-is-healthy-2017-7>



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Alzheimer's and Brain Awareness Month

Charli Stanley-Parker,
Community Health Advocate

Hello JCC Community! We are going to be kicking off June by rocking our favorite purple shirt for Alzheimer's & Brain Awareness Month. Did you know dementia affects 47 million people worldwide? This month allows us to shine a light on a devastating illness that is too close to home for too many. One way to stay ahead of this disease is to be as knowledgeable as possible. Below are the 7 stages of Alzheimer's Disease (*adapted from smartbrainaging.com*).

Stage 1: No Impairment -During this phase no symptoms are detectable
Stage 2: Very Mild Decline- Slight forgetfulness and/or memory loss is common.

Stage 3: Mild Decline- At this point, physicians will be able to detect impaired cognitive functions. People in this stage tend to have a hard time with finding the right word to say, remembering names of new acquaintances, and have issues with organizing and planning.

Stage 4: Moderate Decline- Individuals in Stage 4 have very pronounced symptoms. They may start forgetting parts of their lives and histories, have trouble with simple math or handling finances, and have poor short-term memory (such as recalling what they ate for breakfast).

Stage 5: Moderately Severe Decline- By Stage 5, individuals may start needing assistance with their day-to-day activities such as dressing, preparing food, or remembering to eat. There may be significant confusion. Typically though, the individual is still able to perform some basic daily activities like bathing and toileting.

Stage 6: Severe Decline- At Stage 6, those suffering from Alzheimer's will require constant supervision and need professional care. Symptoms could include: Loss of bowel and bladder control, major personality shifts and possible behavior problems, wandering, and an inability to remember details about themselves and those closest to them.

Stage 7: Very Severe Decline- This is the final stage. Sadly, there is no cure so this is a terminal illness. Those in stage 7 lose the ability to communicate or respond to their environment. They may still be able to speak some words or phrases but no longer have any insight into their condition and will require assistance with all activities of daily living.

If you or someone you know suffers from Alzheimer's and would like more information, visit WWW.ALZ.ORG. For those searching for support groups, please visit 'www.setaad.org'. The 2019 Walk to End Alzheimer's will be in Chattanooga on September 21st.

Need a Ride? Tips for Van Travelers



Contact the Social Services department for approval to receive transportation services. Once you have been approved, you may call the appropriate driver for the day you need transportation.

Please book trips at least 48 hours in advance by contacting the appropriate driver **during office hours** (9:00 a.m. to 5:00 p.m.)

--Contact the office or driver as soon as possible if unable to take the trip.
 --Please schedule all possible location stops with your driver while making your appointment to accommodate your needs.

--We are more than happy to stop at an unexpected location for you but we cannot guarantee to accommodate you because of other scheduled trips with passengers.

Mondays - Wednesdays - Mark and Eddie Reel
Tues. & Thurs.- Eddie Reel & Jason Shuman
 Mark Swafford: 423-321-4236
 Eddie Reel: 423-298-7169
 Jason Shuman: 423-320-1480;

DID YOU KNOW?

The Social Services Program is made possible by your donations to the Jewish Federation Annual Campaign.

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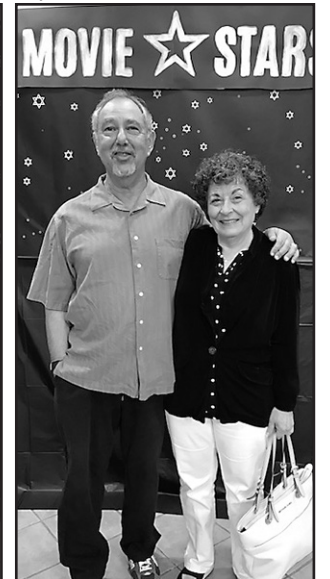
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Jewish Film Series committee (l-r) Sanford Winer, Sheila St. Aubin, Stephen Black, Ann Treadwell, Richard Zachary, Frank Miller



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