

NIGHT RUN 5K CHATTANOOGA

SATURDAY | SEPTEMBER 14 | 8:45 PM

CHATTANOOGA RIVERWALK

Begins at Blue Goose Hollow Trailhead
898 W 9th Avenue, Chattanooga, TN 37402

5K RACE



Registration at: nightrunchattanooga5k.org

Registration includes race t-shirt, glow-in-the-dark accessories and other goodies! After-party with appetizers and 1st beer free 21+ at Naked River Brewing Co. (All ages welcome!)

Proceeds benefit children's charitable organizations in Chattanooga and Israel



THE STRENGTH OF A PEOPLE. THE POWER OF COMPLEXITY.

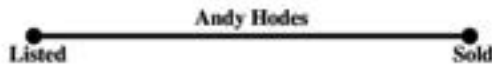
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THE JEWISH FEDERATION AND ALEPH BET PRESENT



Thursday, September 26
7pm at the JCC

**\$100 FOR A TEAM OF UP TO 4 PEOPLE
WINNING TEAM TAKES HOME \$200!**

SNACKS, BEER, WINE &
NON-ALCOHOLIC DRINKS PROVIDED

visit aleph-bet.com to rsvp or purchase tickets

ALL PROCEEDS BENEFIT ALEPH BET CHILDREN'S CENTER

The Jew Crew Cruises into a New Year

Last month, the Jew Crew kicked off the start of another awesome year with its annual Jew Cruise, with fourteen high school students from around the area gathering for some fun, food, and a fabulous time on the Lebovitz houseboat.

Advisors Alison Lebovitz and Andy Hodes were thrilled to

welcome back so many veteran members and to welcome aboard several new members, including ninth graders Callie and Gabby Czarnecki, Dorian Furr, Josh Hillner, Jonah Hodes, Zach Israel, and Eva Waxenberg.

Jew Crew is a program of the Jewish Federation of Greater Chattanooga. Now entering its nineteenth year, it brings together Jewish high school students (grades 9 through 12) once a month for social activities and social action projects. We make the world a better place and we have a great time doing it. We are also excited to welcome our newest shaliach, Amit Matityau, and know he will bring a taste of Israel to Chattanooga. We hope to see everyone at our next program on September 22nd.

J.CREW

2019-20 PROGRAMS

PROGRAM 2

Sunday, September 22, 2019

Israel Program

PROGRAM 3

Sunday, October 27, 2019

Paint N' Party

PROGRAM 4

Sunday, November 17, 2019

Giving Thanks & Giving Back

PROGRAM 5

Sunday, December 15, 2019

Annual Chanukah Party

PROGRAM 6

Sunday, January 26, 2020

Annual Jew Crew Retreat

Friday, February 21-23, 2020

TBD

PROGRAM 7

Sunday, March 22, 2020

PROGRAM 8

Sunday, April 19, 2020

End of Year Program & Celebration

Advisors: Alison Lebovitz, Andy Hodes

For more information contact:

Alison at alebo@mac.com

Andy Hodes at andy@andyhodes.com

All programs run from 12:15 to 2:00 p.m.





Aleph Bet in Action

We are so excited to be back at Aleph Bet for another exciting school year! We got things started in August by getting settled into new classrooms, and welcoming new friends. The children were thrilled to celebrate their friendships on Tu B'Av! We celebrated this day of love and friendship with heart-shaped pizza, dancing, a photo booth, and some special games. To cap it all off, the children exchanged some little "love notes" with their friends, just to remind one another how much we care.

Toward the end of September, we're looking forward to our first Trivia Night of the year. These adults-only quarterly events have become a favorite activity with our patrons. If you haven't had the chance to join us in the past, we hope to see you on September 26th! The topic this time around is some of our favorite TV shows: Seinfeld, Friends, and The Office. We know this is going to be a popular subject, so be sure to reserve your spot today!

Finally, we've been getting our schedule together for our Shabbat visitors for the year, and we've left a few spots open for some community volunteers. Every Friday morning, we welcome one of our community rabbis, educators, or a special volunteer to help us welcome Shabbat with stories, songs, and (of course) challah. If you'd like to be added to our visitor list, please contact me, Meghan Graybeal, today!

Alephbet@jewishchattanooga.com or (423) 893-5486



We asked our families what they love about Aleph Bet...

"MY FAVORITE PART ARE THE RESPECT & VALUES TAUGHT ALONGSIDE THE USUAL PRESCHOOL CURRICULUM."


"We knew Aleph Bet was the program for us when we saw the teacher-child relationships, and learned about the teachers' longevity."

"My child's favorite part are her teachers, friends, and the playground!"

"WHEN MY CHILD ASKS WHAT DAY IT IS AND I TELL HIM IT'S A SCHOOL DAY, HE TELLS ME HE IS GLAD. HE WANTS TO GO TO SCHOOL. IT'S A WONDERFUL FEELING TO KNOW MY CHILD IS ENJOYING HIS DAY AND IS EXCITED TO GO TO SCHOOL."

"We chose Aleph Bet because the school came highly recommended by teachers in the Hamilton County school system whose children had attended."

"I feel secure, knowing that my children are in a loving environment where they are not only being educated, but also being encouraged to be kind & compassionate toward others."



Schedule a tour today and learn what your family will love about Aleph Bet

Limited space is still available for the 2019-2020 school year!

visit aleph-bet.com for more information

shlichim program

Q & A with Incoming Shaliach Amit Matityau

Amit Matityau
Israel@jewishchattanooga.com



As we welcome Amit, we thought it would be a good idea to get to know him a little bit in advance, so we did a little Question and Answer session with him. Guess what? HE DOESN'T LIKE CHOCOLATE! Read on to learn more.

--Tell us about your family. I come from a small and warm family. My father, Alexander, is 54. He is a practical engineer and a real handyman. He made aliya with his family from Azerbaijan when he was 9 years old. My father always stands by my side, giving me tips and advice when needed. From him I've learned kindness and respect. He is the best man I know.



My mother, Sarit, is 47. She is a teacher at the main high school in Sderot (my home town). Her specialty is math but she is also the vice-principal of the high school. She is the smartest person I know. She is really into books and cooking. My mother is my best friend and I can share everything with her.

I am the oldest of three siblings. My sister, Rehut, is 21. At the age of 18, she volunteered for a year (before her army duty) with kids at risk in south Tel-Aviv. She served in the army as an army tech guide to reservist troops. After her service, she went to be a guide in a Jewish summer camp in Chicago via the Jewish agency program.

My youngest brother, Yehonatan, is 16. He wants to be a doctor when he grows up. In Israel, we have a special program for military doctors and he will start this program next year. My family is my anchor. They are really important to me and I have their full support for my Shlichut.

--What is your favorite thing to do in Israel? I enjoy traveling around Israel and the beach is my favorite place to go. I think the best beaches in Israel are the Tel-Aviv beach and Eilat beach. In Eilat, in southeastern Israel, you can find coral reefs and wild animals (including dolphins), and snorkeling is must-do! surrounding nothing but desert, and on the Red Sea shore. Eilat is the perfect place to read a book, meet new people, and enjoy late-night campfires.



--Do you have any hobbies? My hobbies are hiking, reading, watching sports, and hanging out with my friends. Although I like to host people, I adore outdoor activities.

--What are you looking forward to in Chattanooga? Experiencing other cultures and meeting new people! As a nature lover, I look forward to exploring the wild side of Tennessee, and to travel.

--Do you have a favorite and least favorite food we should know about? I love all kinds of food! I love BBQ (making and eating), cheese, and salty things. I'm not into sweets at all. I don't like chocolate! In the kitchen, I'm very good at making *lacinia* and *shakshuka* (spicy!).

--Why did you decide to pursue a shlichut? To expand my perspective on the international level. The values of friendship and zionism are values I grew up on and the shlichut is the best way for me to fulfill it.

--What do you hope to get out of your time in Chattanooga? On a personal level, I hope to know myself better and to develop my skills and expand my point of view. On a community level, I hope I can reach every one of you. I hope to be a meaningful part of the community.





Shalom everyone!

Lily Dropkin

It's time to gear up for a great year at Machanooga! We're excited to welcome our new madrichim, Josh and Jonah, and to welcome back Hannah, Rachel and Juliana. We also are welcoming new teachers Jennifer Lewis and Marissa Street. For more about our amazing staff, see below.

This year, parents must sign their children in and out of the building before and after class. If carpooling, just make sure you've authorized your carpool buddy to leave with your children, and they can sign them in.



Traci Sloan

Questions? Contact Traci Sloan at traci.sloan@gmail.com or Lily Dropkin at youth@mizpahcongregation.org.

Meet our teachers



Jen Lewis K-2nd Grade

I will bring a lot of energy to the classroom with fun activities, stories and learning. I plan to use the Jewish calendar to teach values, traditions, holidays, food, and Hebrew letters.



Alex Chenkus 3rd-5th Grade

I grew up with Jewish learning and I enjoy helping to create those experiences with our youth. Looking forward to seeing y'all on Sunday!!



Marissa Street - 6th Grade

Having had an extensive Jewish education as a child, I know the value of it. In addition to our standard curriculum, I will lead chugim on Jewish classical music and environmental social activism.



Rabbi Tendler 7th-8th Grade

I'll be co-teaching with Rabbi Lewis and co-leading shira each week. Jewish camp runs through our family veins and I am excited to share that pulse with all of you each Sunday.



Rabbi Lewis - 7th-8th Grade

Rabbi Tendler and I will engage and challenge young Jewish minds. 7th & 8th grade are formative years in a Jewish person's life--and also the most fun.

About our Chug Blocks

Everyone has a passion, interest, or skill. Whether your strengths be math, art, music, science, cooking, drama, dancing, gardening, sports, history, photography, technology, yoga, meditation, or something else, we need your help to ensure that Machnooga thrives as a community-wide endeavor and opportunity.

Our new Sunday educational initiative is excited to offer at least 2 parallel chugim (elective group activities) for our kids' learning and enjoyment. We are looking for volunteers from the community to offer 45 minutes in 2 to 4 week blocks (can be non-consecutive) from (11:15 to 12:00pm).

Ready to sign up to teach? Contact Lily at youth@mizpahcongregation.org or Traci at traci.sloan@gmail.com.

CHUG BLOCK 1

August 25th

September 8th, 15th

NO CHUG Sept 1, 22

2019 Schedule

August 4th - Staff Training

August 18 - First Day

August 25

September 1 - NO SCHOOL - Labor Day

September 8

September 15

September 22

September 29 -NO SCHOOL - Erev Rosh

Hashanah

October 6 - NO SCHOOL - Fall Break

October 13 - NO SCHOOL - Fall Break

October 20

October 27

November 3

November 10

November 17

November 24

December 1 - NO SCHOOL - Thanksgiving

December 8

December 15 - Last Day of Fall Semester

Meet our madrichim

Hannah, Rachel, Juliana, Jonah and Josh are our madrichim (teaching assistants) this year. Look for them in classrooms, assemblies, in chugim--everywhere the action is!





923 McCallie Avenue
 Chatt., TN 37403
 423-267-9771
 mizpah@epbf.com
 mizpahcongregation.org

September Worship and Study Schedule (Regular/Ongoing)		
Sundays	Machanooga	10:00 am
Wednesdays	Morning Mussar	7:30 am
	Hebrew School	4:30 pm
	Choir Practice for HHD	5:00 pm
Thursdays	Lunch n' Learn	12:30 pm
Fridays	Kabbalat Shabbat Oneg	5:30 pm
	Kabbalat Shabbat Services	6:00 pm
	1 st Friday Shabbat Dinner	6:45 pm
	3 RD Shabbat: <i>Sherei Shabbat</i>	6:00 pm
Saturdays	Torah Study preceded by breakfast	9:00 am

MIZPAH HIGH HOLY DAYS SCHEDULE		
ROSH HASHANAH		
Saturday September 21	S'lichot: Reception/Havdalah/Study/Service	7:00 pm
	Note: Joint celebration with B'nai Zion	
Sunday September 29	Erev Rosh HaShanah Services *	7:30 pm
Monday September 30	Rosh HaShanah Children's Service	9:00 am
Rosh HaShanah Main Service *		10:00 am
	Tashlich	5:00 pm
	Chattanooga Riverpark – Hubert Frye Center Playground.	
	Potluck picnic, games for kids	
Sunday October 6	<i>Kever Avot</i> Memorial Service: Mizpah Cemetery	2:00 pm
YOM KIPPUR		
Tuesday October 8	Erev Yom Kippur (Kol Nidre) Service *	7:30 pm
Wednesday October 9	Yom Kippur Children's Service	9:00 am
	Yom Kippur Main Service *	10:00 am
	Discussion Session (Library)	1:00 pm
	Afternoon Service	2:00 pm
	<i>Yizkor</i> Memorial Se	4:00 pm
	<i>Book of Remembrance available</i>	
	<i>N'ilah</i> (Concluding) Service*	5:00 pm
Break-the-Fast Meal in Feinstein Hall follows Yom Kippur <i>N'ilah</i> Service		
<u>Please Call the Temple to Volunteer</u>		
Dana Banks, Chair		
*Child Enrichment (childcare) provided by Creative Discovery Museum Staff		
<u>Please call Mizpah to reserve your spot</u>		
(423) 267-9771		

Rabbi Lewis speaks at vigil for El Paso, Dayton shooting victims August 11 in Miller Plaza

Rabbi Craig Lewis (*far left in photo*) was a featured speaker at the August 11th vigil to remember the victims of the Dayton, Ohio and El Paso, Texas shootings. The vigil was sponsored by Moms and Students Demand Action, La Paz, and Tennessee United. Pictured with Rabbi Lewis are other vigil participants.





The Faces of BSI and Machanooga

Traci Sloan, Machanooga Co-director – Traci Sloan is no stranger to Jewish education in the Chattanooga community. Once director of Aleph Bet, and more recently co-director of CJCRS, Traci has been teaching at Machanooga since its inception.



Eytan Oren, Youth Director – We all know and love him! As a newlywed living in Atlanta, he will continue to be part of our BZ community. Primarily, his role will be that of Youth Director.

Laurie Fisher, BSI Interim Director – Laurie Fisher has filled all sorts of roles for B'nai Zion, as Chair of Education, organizing our Scholars of the Scroll program, teaching and thinking through the adult ed classes, and volunteering to substitute in BSI whenever needed, to name a few. Laurie, who is working on her Ed.D in Jewish Education, is a natural choice in the interim, as our congregation envisions our future.



Sanctuary Re-dedication Unveilings

Sunday, September 8 at 4:00 pm.

A joyful event in which we will carry the Torahs back to their sacred space, creating memorable moments.

September 1 at 10:00 a.m.: Colman Hochman

October 6 at 10:00 a.m. during Kever Avot: Howard and Yetta Gropper



The Magic of Hila Brod

Hila Brod, Ba'alat Tefillah, was born in Tel Aviv, raised outside of Washington, D.C., and was a proud Camp Judea camper. Hila is a trained vocalist and musician with a special passion for opera. She earned her master's degree in music from Georgia State University. Join us to experience her magic.

Since when has throwing our sins away been so fun?

Tashlich in the park!

Kever Avot/Howard Gropper Unveiling
10:00a.m. B'nai Zion Cemetery

October 6th -11:30 am- River Park
4301 Amnicola Highway

*Boat and paddleboard rentals available.
Bring your own family picnic, frisbees,
and games. After unburdening ourselves
through the ritual of tashlich, we will
have a day of fun in the sun!*



High Holy Days Services Schedule 2019/5780

Kavanah to Kaparah – Friday, Sept. 13 at 6:00 pm
at Paula and Al Jarman's
Selichot – Saturday, Sept. 21 at 8:30 pm
Erev Rosh Hashanah - Sunday, Sept. 29 - 5:45 pm
**Rosh Hashanah - Monday & Tuesday, Sept. 30 &
Oct. 1 - 9:00 am**
**Kever Avot – Sunday, Oct. 6th, 10:00 am at B'nai
Zion Cemetery;**
Tashlich - 11:30 am at River Park
Kol Nidre - Tuesday, Oct. 8, 6:30 pm
Yom Kippur - Wednesday, Oct. 9, 10:00 am
**Mincha - 5:35 pm/Neilah 6:30 pm/
Maariv/Break Fast - 7:45 pm**

Won't You Join Us for the High Holidays?

To join Chabad for the High Holidays is to enjoy an inspiring synthesis of delights for body and soul. Held at the shul at 950 Vine Street, the atmosphere is as physically comfortable as it is spiritually warm and inviting. Services are not only about prayers and rituals, but about celebrating one's Judaism as a dynamic and enriching community experience, an



experience harmoniously shared by Jews of any and all backgrounds. Whether you've joined Chabad for High Holidays in the past or whether this is your first time celebrating with us, you and your family can look forward to ushering in the New Year enveloped by the uplifting spirit of joy, discovery and solidarity that is the hallmark of this unique program.

For a complete list of services visit www.jewishchatt.com

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CHABAD OF CHATTANOOGA
950 VINE ST. **6:30PM**

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BY SUSHI NABE
THURSDAY, OCTOBER 17
6:00 PM
@ CHABAD 950 VINE ST.

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- CHATTANOOGAS ENTERTAINMENT GAME BUS
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CHESHVAN 5780 / NOVEMBER 2019

We yearn to feel happy, self-assured, and enthusiastic, yet we're consumed by feelings of doubt, regret, insecurity, and suffering. Do our delicate positive emotions have a fighting chance at being in control? This course explores negative emotions in a completely new light, offering spiritual mechanisms that allow us to remain upbeat no matter what life brings.

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HOW MAJOR JEWISH IDEAS HAVE BECOME UNIVERSAL VALUES

TEVES 5780 / JANUARY 2020

Once considered preposterous, many of Judaism's revolutionary teachings are today's universal values that are taken for granted. The history of the gradual transition of attitudes on values is as instructive as it is fascinating. An analysis of Jewish contributions past and present allows us to define ways in which Judaism can continue serving as a beacon of light and wisdom for all humanity.

SECRETS OF THE BIBLE

ICONIC STORIES, MYSTICAL MEANINGS, AND THEIR LESSONS FOR LIFE

IYAR 5780 / MAY 2020

The Bible is rich in tales, from the Garden of Eden to Noah's Ark, from the selling of Joseph to Moses's breaking of the Tablets. But what do these stories truly tell us? Review six famous and infamous biblical stories, and investigate the questions and mysteries they raise under the lens of the Torah's mystical insights. The results bear both cosmic significance and practical relevance.

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CONTACT US FOR MORE DETAILS 423-910-9770

2019-2020 Course Offerings

THE ROHR JEWISH LEARNING INSTITUTE





Hadassah Happenings

A special thank you to Dana and Richard Waxler for hosting the Annual Giving Pool Party at their home in August. Annual Giving starts at Chai Society of \$180 a year and includes Keepers of the Gate which starts at \$1,000 a year. Annual Giving enables Hadassah National to plan the charitable support of Hadassah Hospital in Israel as well as countless other

projects.

Sit down with Amit, the new Israeli shaliach, at Rembrandt's in the Bluffview Art District on Sunday, September 8th at 1 p.m.. Help plan how Hadassah can incorporate his unique skills into upcoming programs.

The Southern Region fall board meeting is scheduled for September 14-15 in Birmingham. Any Hadassah member who would like to attend a future board meeting should speak to Judy Sachsman or Dana Waxler. At this meeting the new Southern Region President, Marla Kameny, will be installed, and there will be a discussion about 2019-20 plans.

The Chattanooga Chapter High Holiday card, which is distributed to the community, will be available soon. Donations will benefit the expansion of the maternity and the Well Baby Department at Hadassah Hospital in Israel. Although the card will have been printed by the time the *Shofar* reaches members, additional contributions are always welcome. Kathy Kessler, Helen Smith and Millie Lander have formed an invaluable team, contacting community members about being included in the 5780 edition.

Put Sunday, October 27th from 3-6 pm on your calendar. It's our annual Margaritas and Maj Jongg, a fun, social event at Mizpah. Dana Banks, Ellyn Brooks, and Paula Israel have generously offered to chair this event. Those attending are welcome to share any treats with the players. Instruction in the game of Maj Jongg will be available and alternate games will be provided.

A program on women's health is scheduled at a tea on Sunday, November 10th, at the home of Elaine and Sanford Winer. Bev Coulter and a group of volunteers met in August to discuss the details of this event.

Celebrate each lifecycle event with membership in Hadassah. Contact Judy Sachsman for information about annual and lifetime membership. (jmsachsman@gmail.com)

Hadassah enhances the health and lives of people in Israel, the United States and worldwide. By connecting and empowering Jewish women to effect change, we are the women who do.

Hadassah Freedom of Choice Convention in New York City



Above, Richard and Dana Waxler; below, Dana Waxler participating in Hadassah's rally for advocacy for women's health and pro-choice issues outside of the convention hotel.



Dana Waxler with Immediate Past Southern Region President Bonnie Boring.



Dr. Steve and Beverly Coulter, new Hadassah and Associate Keepers of the Gate.



Annual Giving pool party, hosted by Dana and Richard Waxler.



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**Find us online at
Jewishchattanooga.com**

