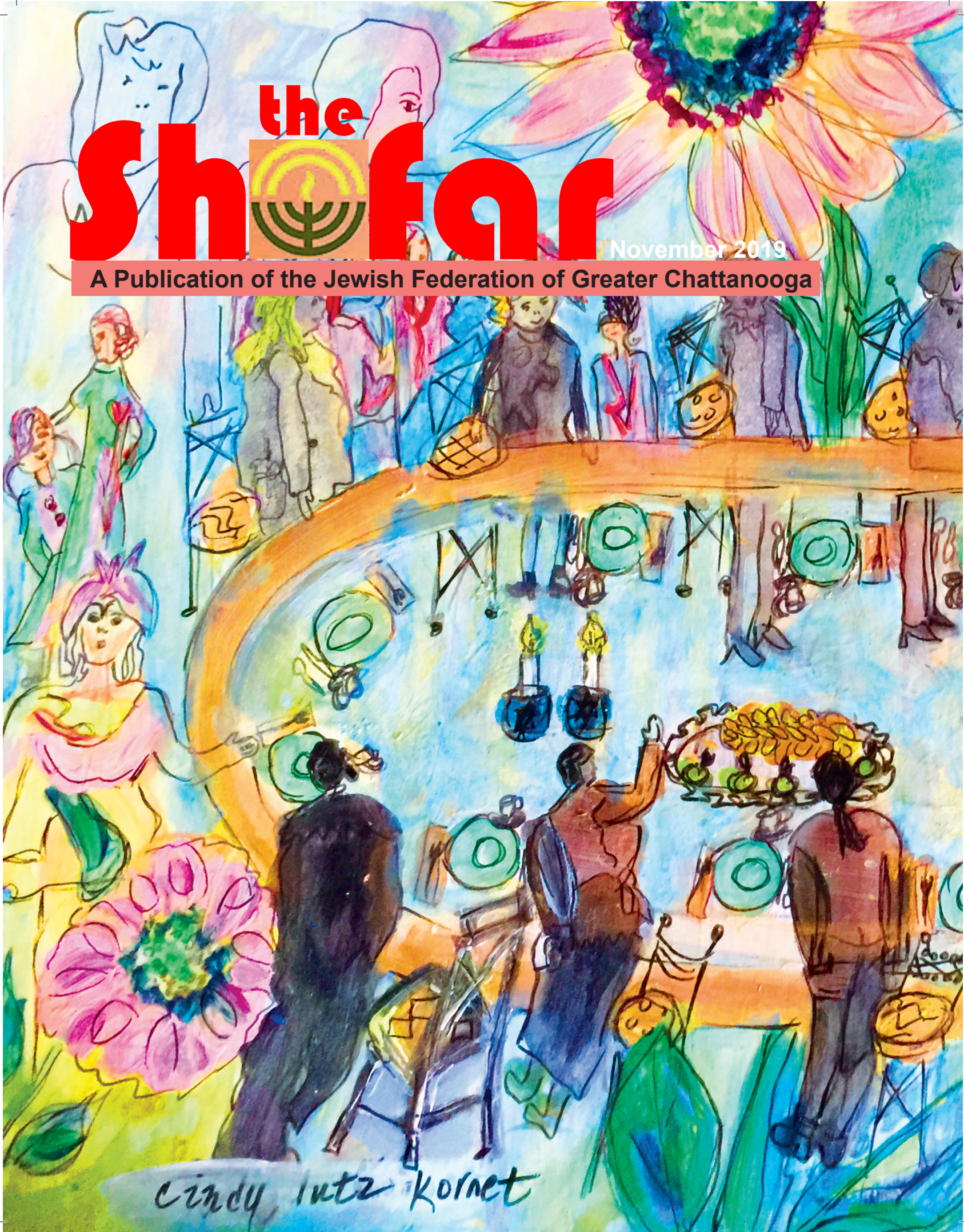


the Shofar



November 2019

A Publication of the Jewish Federation of Greater Chattanooga



Cindy Iutz Kornet



How We Combat Hate

Michael Dzik
mdzik@jewishchattanooga.com
893-5443

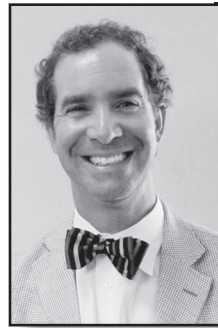
I'm very proud of the leadership role the Federation takes with many community-wide issues. For example, the Federation's Community Relations Committee (CRC) has taken an active stance against hate in all its forms. Just after the shootings at the Pittsburg Tree of Life Synagogue, the Federation brought together multi-faith clergy leaders from the community. At this luncheon, we discussed ways we can all work together to educate the public and thereby eradicate all forms of hate. The CRC committed specific dollars for anti-hate programming in 2019 and beyond.

from the executive director

In early 2019, the Federation joined the Mayor's Council Against Hate; this is a sub-committee of community faith leaders. Some of the members were at our original luncheon, and we were heartened to see many new faces as well, all ready to take action.

Fast forward to today: the Federation, in collaboration with several churches and our local Muslim community, have put together some unique and bold programming for January 2020. This group will be hosting TM Garret, from Memphis, Tennessee, a former white supremacist who now speaks widely about his powerful personal story and about how to combat all forms of hate. Our plan is to create several events throughout the community for Mr. Garret, including special engagements for high school students. These are just a few examples of how the Federation is being proactive: by sharing resources with other faith communities, which in turn impacts the larger Chattanooga community.

It is your annual campaign dollars that allow us to bring these types of programs to Chattanooga. Thank you for your support of this and all of our important missions.



Pray as if Everything Depended on God...

Austin Center

...Act as if everything depended on you.

During the High Holy Days we cast away our sins and ask to be written in the book of life for a good,

healthy New Year. Then it's our responsibility to go forth and make the world a better place: to act as if the world's well-being depends on the actions we take. Of course there are things we cannot control. But we can control how we treat people, how we help others, and how we act.

When I look at what our community's call to action should be in the new year 5780, I am reminded of my first visit to Israel. The group I was with had just visited David Ben Gurion's burial site in the Negev, overlooking the

Zin

Canyon. There we were told the story of Moses and how he sent spies to scout out

the Promised Land of Canaan. When the spies returned, they brought back vast amounts of grapes and wine.

After Ben-Gurion's burial site, we visited an agricultural farm. There, in the middle of the desert, we saw fields of Egyptian cotton, greenhouses filled with fruits and vegetables, and rows of grape vines: life being planted and sustained. We were told how farmers would drill down into the ground about 100 meters and pull up brackish water, which they would then infuse with nutrients. We tasted peppers and tomatoes right off the vine, that had been grown out of the sand of the Negev. We were told that the grape vines could flourish just as they did 3000 years ago, but that, after three years, the vines die. Research is underway to overcome this problem so that the Negev can continue to produce grapes to make wine--creating an economy, jobs, cities, and life in the otherwise desolate sand of the Negev. As I look forward to this year, my hope is that the Negev will find the answer to why the grape vine dies and that once again life will flourish there.

It is our actions that make a difference. As we move into the New Year 5780, let us all take it upon ourselves to make a difference in our community. Let's use our heart, our soul, and our might to teach the lesson of hope to the next generation. In our Shabbat service every week there is a passage that I constantly refer to and reflect on, that as a community we can use as our mantra in the New Year:

Pray as if everything depended on God.

Act as if everything depended on you.



A Place At the Table

Ann Treadwell
atreadwell@jewishchattanooga.com
493-0270 ext 13

During this time of division--socially, politically, religiously and economically--it's hard to hear--much less heed--the diversity of voices around the table. Conservatives listen

to conservatives. Progressives listen to progressives. The term "preaching to the choir" has become a mantra. Where is the creative problem-solving that comes from listening to other's voices? Where is the strength that comes from hearing what the "other" side has to say, rather than following a specific doctrine?

When I was in junior high and middle school, during the few years my mother was reasonably healthy, she was the advisor of a high school youth group. This was in the early 1970s. The kids came from various backgrounds, from impoverished and living in the projects to upper middle class. Two of the kids' families were going through a "messy" divorce: the father of one family had left to marry the mother of another family.

One of the kids was the son of my father's boss, who was, like my father, a Goldwater Republican.

from the program director

My mother would invite anyone to come to our house for dinner at any time--whether it was a school night or a weekend--year round. On any given night, there could be 10-15 at the dinner table, including my parents, my siblings, and me. Dinner conversations could get loud, and animated but they were always respectful. I wonder whether it was out of respect for my parents that everyone felt they could voice their opinion without prejudice, or, if, in bringing up topics like drugs at school, premarital sex (this was pre-Rowe vs. Wade), and the Nixon/McGovern years, people understood my parents were teaching all of us to understand the importance of listening and compromise.

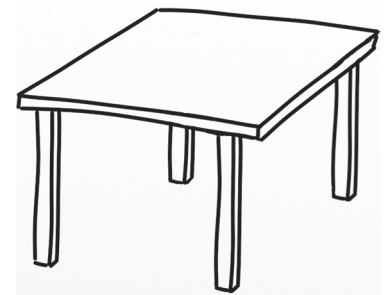
When those kids, all older than me, graduated high school and left, I was devastated. No longer did I have the same supportive group of kids, the health of both of my parents was fading. Suddenly, my desire for independence hit me like a fireball. And because of my seat at the youth group table, I gravitated to other tables where people were talking--and listening--to issues of politics and social action.

On the cover: Cindy Lutz Kornet, "G-d has reserved a seat for each of us at his table."

Reflecting on my youth, I clearly see the importance of making a place at the table for those who might not share the same ideas or opinions. This is the concept I wanted to build into the exhibit "A Place At The Table."

The pieces in the exhibit are thoughtful and well crafted, and speak in a very clear voice. I'm not sure if it's because when we age we have more in common with more tables, or if, as we age, we gravitate to the tables which are comfortable, but I find something to relate in all of them. They make me realize--again-- that what my parents did in those years was truly remarkable. My father would never have listened to conversations like the ones we were having if not been for the shared table my mother convened. We would never have learned to respect my parents'--and others'--wisdom if not for that table.

Please, come see the exhibit. Contemplate the diverse ideas that are represented. I hope you will consider giving someone a place at your table.



Foreign Policy Supper Club: Hot Local Topics Monday, November 18 Dinner 6pm, Program 7pm

Antisemitism in Colleges and Universities

Dr. Perry Brickman's new book, *Extracted*, is his summary statement after thirteen years of research on the rampant antisemitism at the Emory University Dental School in the 1950s. The book tells the story largely based on the personal experiences of a number of Jewish students whose dental careers were prematurely ended by an anti-Semitic dean of the school and several other faculty members.

Perry will discuss antisemitism in colleges and universities today, like the recent painting of the rock



on the UTK campus declaring "Jews Did 9-11" (see left). Dinner and program, \$12; program only, free. Please RSVP.

CAMPAIGN 2020 UPDATE



Mike Spector

I am happy to report that Campaign 2020 is going well. We have seen over 250 pledges to date, well on our way to the 400 pledges we set as our goal. Four-hundred pledges would be a significant increase in donors! Please help us get there.

from the campaign chair

You should have received your puzzle piece along with your pledge form to fill out and return to the Federation. Every community member is a piece of the puzzle and is equally as important as every other. We hope everyone will join the effort to make the Campaign 2020 a success. Your gift helps to ensure a vibrant future for Jews here in Chattanooga--supporting programs like Aleph Bet, social services, community programs and celebrations, dinners, Mitzvah Meals, exhibits, and more--at home and around the world. We are one Jew helping another Jew, collectively making the world a better place for all Jews.

Where the money goes

In 2018 alone, we provided:

1,602 delivered meals, congregate meals, and food vouchers to elders and people in need

1,448 in-home services by the health care advocate and social worker

1,741 rides to and from doctor's appointments, hospitals, grocery stores and pharmacies

121 program opportunities

Programs and activities as part of the Shlichim Program

P2G opportunities for teachers, students, teens and adults

When the waves grow stronger, the strongest are revealed

How does the Navy protect the sea borders of Israel?

What kind of units are there in the Israeli Navy?

Is the Israeli Navy part of the IDF?

Come get answers for these questions and to hear the amazing stories of the Israeli Navy!

MONDAY | NOVEMBER 4TH | 5:30 PM | JCC



Speaker:
Amit Matityau



Federation Shaliach

Jewish Documentary Film Series Subscription Plan



See you at the movies!

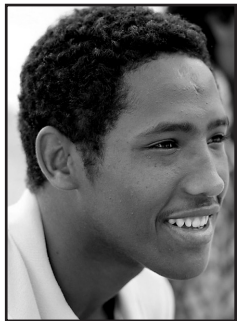
Introducing the Chattanooga Jewish Documentary Film Series subscription plan! For \$36 per person you get admission to films, popcorn, and a beverage. Alternatively, you can use your tickets for friends (for example, get admission for two people to two films, or four admissions for one film, etc.). This is a great way to attend and support the series!

Subscriptions can be prepaid by sending a check to the Jewish Federation at PO Box 8947, Chattanooga, TN 37414; online at jewishchattanooga.com; or by calling the office at 493-0270 with a credit card number.

Cost per film without subscription will be \$10 per film, per person and will include popcorn and a beverage. For information on the upcoming films, turn to page 10.

Hint: We think subscriptions to the Series would make for excellent Chanukah gifts!

Tikkun Olam Ventures: Creating Sustainable Local Economies



Mudin Makaria, a small farmer in Ethiopia, has struggled to make his crops grow. His land is desert-like; sandy, mineral poor and far from an adequate water supply. It's been a challenge to feed and support his wife and seven children. Like all of the farmers in his community, he doesn't have money to invest in technology or even access to learn

about new planting or watering methods. But today, thanks to a special Israeli agriculture project, Tikkun Olam Ventures (TOV)—run by the Federation partner Joint Distribution Committee (JDC)—Makaria's green fields now supply a bounty of tomatoes, onions, and hot peppers.

Named for *tikkun olam*, the Jewish value of “repairing the world,” TOV delivers the fruits of Israel's AgTech labor, such as its revolutionary Drip Irrigation System. This life-saving program not only teaches farmers how to make their land arable and feed their families, but also helps them create a sustainable local economy.

Israel has much in common with Ethiopia—both regions are dominated by desert lands with limited water and small farming communities. “The idea behind TOV [is that] we were looking to bring these innovations that were developed in Israel and bring them to the developing world. And we were looking for a way to do it sustainably and create a model that would be replicable,” explained Eliran Douenias, a former JDC Ralph Goldman Fellow.

TOV will invest in five to 10 agricultural enterprises in Ethiopia, supporting more than 300 smallholder farmers, according to the JDC. Pilot sites will include Israeli drip irrigation equipment and other technology, hybrid seeds and specialized training. With increased crop yields and sales, farmers will be able to repay their loans, infusing the fund with new dollars that can provide loans to farmers in other locations.

Douenias pointed out four major challenges faced by Ethiopians as well as 500 million other smallholder farmers in the developing world: “Farmers don't get access to the capital in order to buy what they need for their farm. They don't have the access to the specific technology that can help them improve yield and income. They don't have the access to the know how that should be gathered with the technology. Finally, many of these farmers live off the road, hours and hours from the main city and the big markets.”

Small farmers in Ethiopia have to overcome all of these barriers—and TOV helps them do just that. Douenias said, “TOV's vision in Ethiopia is to create a way for farmers to get access to these innovations and technologies that can help them improve their lives by increasing productivity and income.” Israel's technology and expertise has “significantly different compared to what I did before,” Makaria said, and he intends to use it in all his fields. Many of his neighbors have expressed that they, too, would like to join the project. Over the first five years, the program aims to reach 5,000 farmers and aid 22,000 local citizens.

As one of those 5,000 farmers, Makaria knows that he is growing so much more than fresh food for his family—he is planting the seeds for an economically nourished community, whose impact will be felt for generations.

Source: Jewish Federations of North America.

Join the Jewish Federation Legacy Society

The Legacy Society is made up of individuals who, in the tradition of our Jewish faith, wish to share their blessings with others by providing for the future needs of the Jewish community. There are a number of ways to contribute to the Jewish Federation's Endowment through estate planning: a bequest in a will, contribution of the remainder of an IRA or other retirement plan, a life insurance policy, charitable remainder trust, donor advised fund, charitable gift annuity, piece of real estate, securities or other property, or the donation of other assets. However they choose to contribute, Legacy Society members can be sure that their planned gift will turn their dreams for a strong future Jewish community into a reality. Join today.

Anonymous (2)	Center, Austin	Hanan, Rachel	Lebovitz, Lauren	Sivils, Janet
*Allen, Amelia	Center, Marilyn	Hanan, Victor	Lebovitz, Michael	Spector, Linda
Allen, Owen	Cohen, Tal	Hill, J.R.	*Levine, Lawrence	*Spector, Mark
*Alper, Maxine	Cohn, Herb	*Hochman, Colman	Lowe, Beth	Spector, Mike
Balsler, Jeff	*Cohn, Sue	Hochman, Lynn	Lowe, Rob	Susman, Gail
Balsler, Robin	Cowan, Rob	Hodes, Alvin	*Malsh, Rebecca	Susman, Joel
Berz, Bob	Diamond, Karen	Hodes, Andy	*Nash, Ike	Weiner, Cara
Binder, Claire	DiStefano, David	Hodes, Melody	Oxenhandler, Barbara	White Dropkin, Donna
Black, Bonnie	DiStefano, Susan	Howard, Lynn	Parker, Jordan	Winer, David
Black, Stephen	Dittus, Sandy	Israel, David	Parker, Rebecca	Winer, Elaine
Bogo, Jerry	Dropkin, Warren	Israel, Scott	Pregulman, Helen	Winer, Finette
Bogo, Rosalee	Dzik, Michael	Jaffe, Dot	Richelson, Alan	Winer, Sanford
*Bohn, Jerry	Dzik, Paula	*Jaffe, Sam	Rose, Cassie	Zachary, Richard
Brooks, Ellyn	Fairchild, David	Lebovitz, Alison	Rose, Kevin	
Brooks, John	*Frank, Estelle	Lebovitz, Alan	Rosenfeld, Jackie	* Deceased
Brouner, Betsy	Hanan, Jan	Lebovitz, Betty	Rosenfeld, Roy	
Brouner, Lee	Hanan, Michael	Lebovitz, Charles	Siskin, Pris	

See how easy it is to join the Legacy Society!

Call Michael Dzik at 493-0270 ext 15.

You must RSVP to all programs to ensure we have adequate seating and/or food. RSVP on our website at Jewishchattanooga.com; by email at Rsvp@jewishchattanooga.com; or call (423) 493-0270. Specify if vegetarian.



**CARING
BRIDGE**

Show your support and keep up with Alice Goss-Morgan. Sign in to her Caring Bridge site.

**caringbridge.
org/visit/
alicegossmorgan**

Tuesday Cafe



Join us for lunch every Tuesday at noon. Menus in weekly email. Vegetarian options available with advance notice. \$10. Rsvp@jewishchattanooga.com or 493-0270.

Mitzvah Meals Suggested Donations

- \$8 per meal
- \$90 per month based on 3 meals/week
- \$125 per month based on 4 meals/week
- 160 per month based on 5 meals/week
- 190 per month based on 6 meals/week

Meals are available for pick-up or delivery.



To-go orders from any/all community programs will be charged the program fee (\$10-\$12) as opposed to the Mitzvah Meal fee. All Mitzvah Meal recipients must be pre-approved by the Director of Social Services. Menus are set by the Kitchen Supervisor and Director of Social Services.



David Byfman: Elevating Jewish Education in an Era of Hate

As the grandson of Holocaust survivors, I never thought I would have to write this article. As an optimistic Jewish educator, I never wanted to write it. As the new CEO of The Jewish Education Project, I never dreamed I would have to write it.

But with anti-Semitic incidents on the rise, and particularly, in the aftermath of the tragedies in Pittsburgh and Poway, Jewish educators and Jewish youth professionals cannot ignore the changing climate here in America and around the world.

This, however, is not going to be an article filled with scary numbers and photos of swastikas. It is, however, a call to Jewish educators and all of those who care about Jewish youth to better understand that, in this dark moment, we must remain true to the tenets of good educational practice. I believe the following educational principles, are more relevant than ever.

Fear is not a good pedagogy.

I understand American Jews' personal fears at this moment in time. Yet, filtering these anxieties into our classrooms, youth groups, and summer camps is not going to be an effective pedagogy – not in the short-term and certainly not in the long-term. It is totally appropriate for Jewish educators to communicate to students that they are aware and concerned about rising anti-Semitism. However we cannot allow children to believe that their world is so saturated with violence that it paralyzes them. For growth to occur, human beings must understand their threats, but more importantly be engrained with the knowledge and skills to overcome threats.

Intrinsic motivation trumps extrinsic motivation.

We all know that people are motivated to do certain things because of external societal pressures. Educators understand that at a certain point, short-term change for a learner can only be solidified if it is linked to an intrinsic motivation – the person has to want to change. If we start allowing Jewish identity and education to be dictated by external forces like anti-Semitism, then we have no chance of long-term success.

Changing Time, Changing Realities.

Today's younger generations are filled with many paradoxes, some of which manifest themselves in the very trends that define them as a generation. But it is precisely their ability to fluidly move between different versions of themselves that has lead some sociologists to label them as "Plurals."

Over several years, The Jewish Education Project has uncovered many surprising trends in American Jewish life. You might agree with them or vehemently disagree with them

–but as Jewish educators, ignoring these trends is to avoid the changing realities taking place before our very eyes.

Some of these trends, specifically amongst many Jews today, included in our latest GenZ Now research include:

--American Jewish teens live in the freest country and time that the world has ever known, and they do not believe that the world is out to get them. No matter how many times people tell them about swastikas being painted on bathroom stalls, Jews being attacked while out for a leisurely walk, and even shootings in synagogues, many young Jews today do not feel like their lives are under immediate threat.

--As the "lockdown generation," they are more scared of going to our schools than going to our shuls.

--Jewish teens repeatedly told us that the suggestion that Jews are persecuted more than other minorities is just wrong. They resent seeing Jewish persecution as any more important or salient than the persecution of other minorities in our midst.

--GenZ Jewish teens are pained by historic Jewish suffering and feel connected to Judaism's unique history, culture and tradition. They see our history as a calling for us to stand up as upstanders and ensure that "Never Again" means never again for us or any other human being.

--Finally, today's Jewish youth are proud Jews and do not see that as, in any way, contradictory to their commitment to humanity and ensuring that they strive to make this world a better place.

I understand that people are alarmed and even scared because of the recent uptick in anti-Semitic incidents in the United States and beyond. Jewish education cannot be a place sounding only alarm bells and modeling defensive posturing. It must be a bastion of deep commitment to core educational values that ensure the positive development of our students, children, and grandchildren. If Jewish educators and educational institutions do this well amidst the rise of anti-Semitic hatred, the Jewish community will continue to thrive.

David Bryfman is CEO of The Jewish Education Project, conveners of the upcoming Jewish Futures Conference on December 4th in NYC titled, 'Pride & Prejudice: Jewish Education's Battle Amid Growing Anti-Semitism.'

young jewish leadership

Upcoming Shabbat dinner:
November 22, Place TBD

YJL Shabbat October 18



J*CREW

2019-20 PROGRAMS

PROGRAM 4

Sunday, November 17, 2019
Giving Thanks & Giving Back

PROGRAM 5

Sunday, December 15, 2019
Annual Chanukah Party

PROGRAM 6

Sunday, January 26, 2020
Program TBD

PROGRAM 7

Friday, February 21-23, 2020
Annual Jew Crew Retreat
Location TBD

PROGRAM 8

Sunday, March 22, 2020
Program TBD

PROGRAM 9

Sunday, April 19, 2020
End of Year Program & Celebration

Advisors: Alison Lebovitz, Andy Hodes

For more information contact:

Alison at alebo@mac.com

Andy Hodes at andy@andyhodes.com

All programs run from 12:15 to 2:00 p.m.



From Dana Bash

In memory of Jerry Bohn

From Carolyn and Barrett Rosen

In memory Dorothy Kaset and Herman Trotz

From Lois and Robert Kiselik

In Memory of Beatrice Margolis

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Mazel Tov

--to **Zachary Beker**, who became a member of the Young Professionals of Chattanooga 2019-20 Protégé Chattanooga cohort.

--to **Stephanie Hays and Peter Woolcock** on the birth of their son, Hays Woolcock, on October 12th.

Condolences

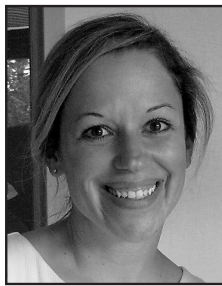
We are sad to announce the passing of

Beatrice Margolis, mother of Fern (Dr. Jim) Shire and grandmother of Lily Shire.

Dorothy Wiener, mother of Tracy Wimberley and Laura Wiener; grandmother of Shani, Ariella and Yarden Tsfonti, aunt of Henry Stein.

Contact Shofar editor Dana Shavin at dshavin@jewishchattanooga.com to place a mazel tov or condolence.

social services



Christi Haustein, LMSW
Social Services Director
chaustein@jewishchattanooga.com
893-9241

7 TIPS FOR SURVIVING THANKSGIVING (WITH GRACE AND GRATITUDE)

Thanksgiving is stressful! You know it. We know it. Below are some tips from ahealthydoseofdistraction.com. We've edited for brevity.

CUT BACK ON ALCOHOL

Many people are tempted to deal with stress by drinking. We suggest you enjoy the company of my friends and family with a clear head. Here are some ways to avoid overdrinking:

- Plan to engage in meaningful conversation instead of avoiding it.
- Offer to play a game with the kids.
- Think of a nice glass of wine as a dessert instead of the main course.

SLEEP MORE

Many of us, when we travel, don't sleep well or enough. Plan to go to bed around the same time you would any other Thursday. Then do it.

AVOID EATING OUT OF OBLIGATION

Do not feel guilty if you have no desire to eat Aunt Peg's Jello mold. Instead, splurge on what you actually like. If you don't eat gluten, do not make yourself sick eating stuffing or rolls. Don't eat what doesn't make you happy.

FIND SOME ALONE TIME

Taking a simple walk around the neighborhood can also do wonders for your mind and body.

LEAVE THE COOKING TO SOMEONE ELSE

Ask your family if you can take a break this year from hostess duty. You might be surprised how many people offer to help out if you explain you need a year off--or just some help.

AVOID BLACK FRIDAY SHOPPING

Crowded places, angry people, lines, and the smell of desperation. Unless you are extremely enthusiastic, don't bother shopping on this famous day. Also, consider buying from small businesses this year instead of malls or big-box retailers.

HAVE AN ATTITUDE OF GRATITUDE

Thanksgiving is not really about the meal. It's a time to reflect on all of the inspirational people who fill our minds and hearts. You might not have the house, car, or job you dream of. But chances are you have people in your life who inspire you, love you, and who you love in return. Remembering this when you are stressed can help ease anxiety.



Charli Stanley-Parker
Community Health Advocate
advocate@jewishchattanooga.com
322-8641

When Is the Open Enrollment Period?

MEDICARE PART D *



October 15th through
December 7th

Coverage
begins
January 1st

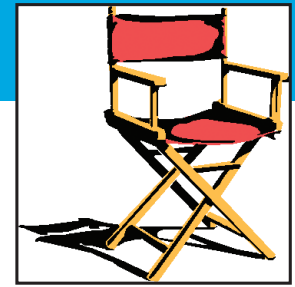
*Call the Federation for guidance.
Appointments must be made in advance

William M. Hillner, Ph.D. **Clinical Psychologist**

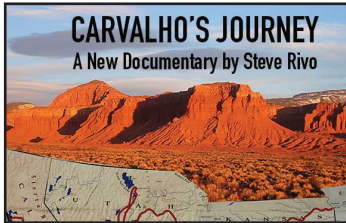
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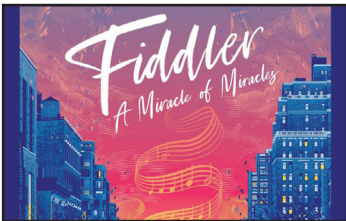
Annual Jewish Documentary Film Series And the Films Are... *by Frank Miller*



On January 15th, the Federation will welcome the Chattanooga Jewish Documentary Film Series. Four outstanding films, selected by committee members Frank Miller, Sanford Winer, Stephen Black, Sheila St. Aubin, Richard Zachary, and Ann Treadwell, will be screened on consecutive Wednesdays at 7pm. There will be closed captioning for all films. *Cost is \$10 per screening and includes popcorn and a beverage, or purchase a subscription plan (see page 5).*



“Carvalho’s Journey” This is the incredible true American Western adventure story about the artist Solomon Nunes Carvalho, who was the photographer for John Fremont’s 1853 expedition to the West. Carvalho was an observant Sephardic Jew born in 1815 in Charleston, S.C. whose family helped found the first reform synagogue in the United States. The sweeping views and rough terrain of the West were captured on Carvalho’s daguerreotypes, which are recreated for the film. He shared the hardships of travel and starvation with mountain men and Native Americans in the expedition. This is a remarkable little-known history we are proud to share.



“Fiddler: A Miracle of Miracles” This is NOT “Fiddler on the Roof.” This is the story of how the musical came to be and why it is so beloved around the world. Intimate interviews with the show’s creators, along with excerpts from a variety of productions, explain the international success of “Fiddler.” If you love “Fiddler on the Roof,” you’ll love this film.



“Prosecuting Evil: The Extraordinary World of Ben Ferencz” To commemorate International Holocaust Remembrance Day we present the amazing story of Ben Ferencz who was one of the chief


prosecutors of the Nuremberg Trials after World War II. He was in charge of the trials of the Einsatzgruppen. An immigrant from Romania, he grew up in New York City’s Hells Kitchen, became a lawyer, and then enlisted in the US Army. He was the youngest chief prosecutor at Nuremberg who pushed to make those responsible pay for their crimes. Subsequently he helped found the United Nations International Criminal Court in the Hague, where War Crimes and Crimes Against Humanity are prosecuted. His life has been dedicated to world justice.



“Picture of His Life” This is a documentary about the Israeli wildlife photographer Amos Nachoum’s quest to record a swimming polar bear. He

had photographed crocodiles, killer whales, anacondas and great white sharks up close. He is a former member of an Israeli Elite Commando unit who has faced many horrors of war. This experience has made him immune to fear. The wildlife images are incredible.


Films screen January 15, 22, 29, and February 5.




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A Place at the Table: Newest Exhibit Mounted at Jewish Cultural Center November 4

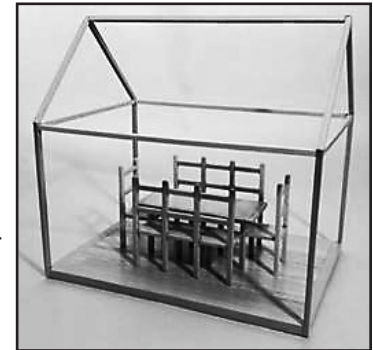


Flora Rosefsky, "Thanksgiving Table and Chanukah," acrylic.



Frann Addison, "Miriam's Cup," mixed media.

In this exhibit, Jewish artists from around the world explore ideas having to do with "being at the table"--physically, mentally, socially or religiously. All works are original and will include a statement about the artist and the work. The exhibit will be open for viewing during JCC business hours (Monday-Thursday 9-5pm and Friday 9-4pm) and will remain on view through January 3, 2020. There is no cost to view.



Wade Brickman, "A Shared Table," wood.

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Meghan Greybeal
alephbet@jewishchattanooga.com
(423) 893-5486

Our Big Idea

Each week, Aleph Bet students participate in special enrichment activities. In the past, we've enjoyed topics such as music and movement, sign language, cooking, yoga, introduction in Spanish, and so much more. For the months of November and December, we are taking a little bit of a dive into different visual art styles, and will be working to create them in the preschool classroom!

We are looking forward to exploring Impressionism and Pop Art using a variety of materials, and maybe even attempting to recreate a few masterpieces. During our annual Fall Program on November 21st, we'll even be auctioning off some class projects created during our weekly enrichment sessions.

Aleph Bet's Fall Program will also feature performances by each of our classes and a delicious Thanksgiving-style luncheon. If you'd like to join us, please visit aleph-bet.com to RSVP or purchase tickets.

ALEPH BET CHILDREN'S CENTER

Fall Program

**JOIN US FOR THANKSGIVING STYLE LUNCH,
PERFORMANCES BY ALEPH BET STUDENTS,
AND AUCTION OF ORIGINAL CLASS ARTWORK**

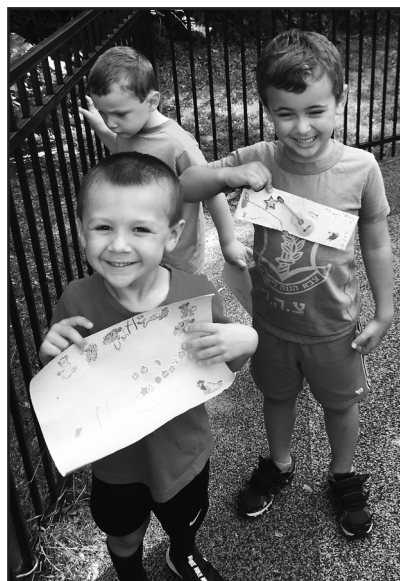
**THURSDAY, NOVEMBER 21
NOON**

**ADULTS: \$10 CHILDREN: \$5
VIP FRONT ROW: \$15 (ONLY 18 SPOTS AVAILABLE)**

**VISIT ALEPH-BET.COM TO RSVP OR
PURCHASE TICKETS**



Left-right, *upside down painting in the classroom; treasure hunters on the playground; soccer stars on the field.*





Sderot: From Transit Camp to Cultural Hub

Imagine trying to build a thriving city in the midst of rocket fire, kites that can burn fields upon contact, and with the knowledge that the only thing separating you from those who want to harm you is a fence.

This is what life in Sderot, my hometown in Israel, is like. Despite all these challenges, the city continues to thrive, and is becoming one of the most prominent in Israel.

Sderot was first established as a transit camp in 1951, in the Northwestern Negev. The first immigrants arrived from Iraq, Persia, Kurdistan, and North Africa. A brief timeline of the city is as follows:

- The first permanent houses in the establishment were built in 1955.
- In 1958, Sderot was acknowledged as a municipal body.
- In the 1960's, Romanian immigrants started arriving in town, and afterward, USSR immigrants as well. The Ethiopian immigrants arrived in 1980.
- Until 1990, the population of Sderot was 10,000.
- In 1990, large numbers of people immigrated to Israel from the former Soviet Union, and over 11,000 of them came to Sderot. Most of them were from Kavkaz and Bukhara.
- Following the new immigration, new neighborhoods were established and new areas with a better quality of construction were developed.
- Due to the population increase, Sderot was designated as a city in 1996.

Since 2001, Sderot has withstood rocket threats from Hamas and other terror organizations inside the Gaza Strip. Sderot, due to its proximity to the Gaza Strip and its high concentration of civilians, is the main target for the rocket's launchers. From 2001 until 2018, more than 15,000 rockets were fired from the Gaza Strip toward Israel. 10% of those rockets were aimed toward Sderot. Some years were worse than others, depending on the tensions between Israel and the Palestinians. For example in 2008, the average number of rockets fired into Israel was 100 per month.

In 2014, Israel went on a military operation called "Protective Edge" which weakened Hamas forces in the Gaza Strip and gave the residents in Sderot and the rest of the Gaza belt a few quiet years.

During those quiet years, Sderot developed in many ways, thanks to Sapir College – a small art college located less than a mile outside Sderot. Sapir draws a lot of students from around Israel into Sderot and the rest of the Gaza belt, and students of art, cinema, and communication started to open small businesses around the area and to settle in. In addition, thanks to our mayor Alon Davidi, new neighborhoods were growing inside the city and attracting national-religious people, and the government passed a law that exempted residents of the area from paying taxes.

All of the above and more made Sderot bigger geographically and demographically. Pubs started to show up along with restaurants and cafés, and a mall and a train station were opened in the city as well.

The situation in Sderot, like everything else in Israel, is complicated. While 97% of the time you can feel like you're in Heaven, the other 3% of the time is scary and difficult. Residents are drilled in the actions they need to take in case of attack, but for the most part live with a sense of hope.

Today, Sderot enjoys amazing parks, festivals, markets, and incredible nightlife. The credit for this goes, most of all, to the strong community there. It is a diverse city and a great place to live.



A bomb shelter in Sderot



Culinary adventures in Sderot



Lily Dropkin



Traci Sloan

Shalom everyone!

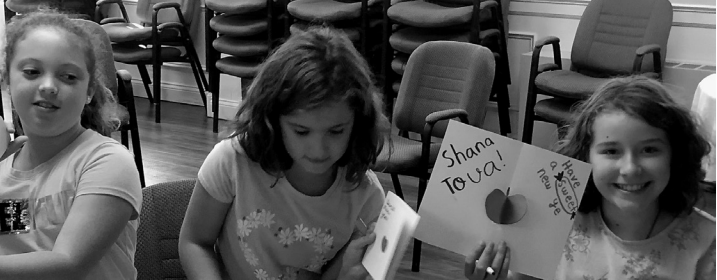
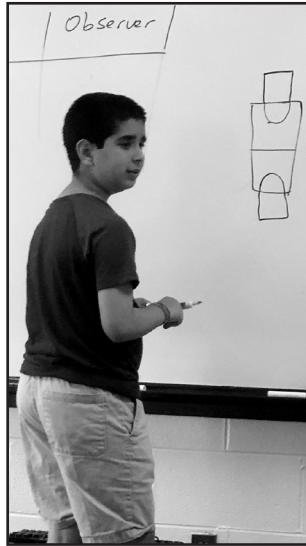
We have some exciting things coming up for Machanooga! In the coming weeks, we will be joined by not one, but two special guests! On **October 27th**, we will host **Eliana Light**, an accomplished educator and musician, who will share her music and energy with us. On **November 3rd**, we will host **Joel Hoffman**, a decorated Bible scholar and educator. Make sure that you do not miss these amazing guests!

As a reminder, please make sure that you come into the building in the mornings when dropping your child off and picking them up. For security reasons, we require that students be signed in and out.

Please contact **Traci Sloan** at traci.sloan@gmail.com or **Lily Dropkin** at youth@mizpahcongregation.org with any questions. We look forward to seeing you soon!

Today,
Traci and Lily
Machanooga Co-Directors

**November 2019
Schedule**
November 3, 10, 17, 24
Chug Block 2 Nov. 3
Each chug consists of a 2 to 4 week block (can be non-consecutive) with classes lasting 45 minutes (11:15 to 12:00). To Sign up to teach a chug, contact Lily or Traci.

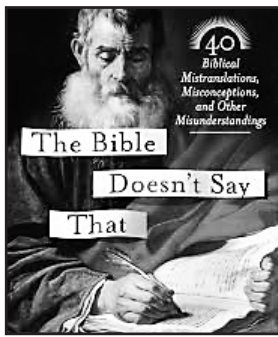


Machanooga students at work and play. Every week brings something new!



**Scholar-in-Residence
November 1-3
Joel M. Hoffman, Ph. D.**

Dr. Hoffman brings the Bible to life, with interpretations and clarity for the 21st century. Dr. Hoffman earned his Ph. D. in Theoretical Linguistics in 1996 from the University of Maryland. Schedule includes Shabbat Services, Torah Study and Machanooga. His feature presentation will be to discuss his latest book, *The Bible Doesn't Say That*, a detailed review of forty well-known—but factually untrue—Bible quotes.



Dr. Hoffman, PhD, and his latest book at Mizpah

WORSHIP AND STUDY SCHEDULE

Sundays	Machanooga Joint Religious School	10:00 am
Tuesdays	Introduction to Judaism	6:30 pm
Wednesdays:	<i>Mussar</i> : Sacred Teachings and Ethics	7:30 am
	Hebrew School	4:30 pm
Thursdays:	Lunch 'n Learn: Seasonal / current events	12:15 pm
	Introduction to Hebrew	6:30 pm
Fridays:	<i>Oneg/Kabbalat Shabbat</i> Services	5:30 / 6:00 pm
	Nov. 1st First Friday Family <i>Shabbat</i> Service	6:00 pm
	Songleader: Lev Gross-Comstock	
	First Friday <i>Shabbat</i> Dinner	6:45 pm
	November 1-3 Dr. Joel Hoffman, Scholar-in-Residence	
Saturdays:	Torah Study w/ breakfast	9:00 am
	<i>Shabbat</i> services w/ Torah/Haftarah Reading	11:00 am
	Nov. 9 th Mazel Tots Children's program	10:45 am
	Nov. 16 th Family Havdallah	
	6:15 pm	
	Nov. 23 rd Torah on Tap Adult study	5:30 pm
Sundays:	<i>Machanooga</i> : Sunday School	10:00 am

Please Note: Due to normal security concerns, Mizpah doors - front and back - are locked at all times. Use the code or ring the bell. Thanks.

High Holy Days Thank You

We wish to say thank you and job well done to all Mizpah staff and volunteers who made our recent High Holy Days successful, beginning of course with Rabbi Lewis and his High Holy Days Committee: James Brown, Cathryn Cohen, and Richard Zachary. And to Tashlich Chair Marianna Allen; Break-the-Fast Chairs Dana Banks, Ellen Frieberg and Susan Wolf-Schwartz; the choir, under the direction of Bonnie Stoloff; cellist Suzanne Sims; organist Beth Nichols; and staff members Angela Rickert, Steve Smith, Tony Thompson, Carla Morrow and Tammy Menasco. Most of all, thanks to ALL the greeters, readers, chanters, blessers, ark openers, Torah carriers and bimah guests. Shana tova.

Mizpah Rosh Hashanah, October 30



Ellen Hays chants Torah at Mizpah Rosh Hashanah; aliyah honor by members who have traveled to Israel.



BLT – Bagels, Lox & Tefillin Sunday, November 3 at 9:30 am

HAVDALLAH CAMPFIRE
NOVEMBER 16
6:15PM

BRING YOUR GUITARS, BLANKETS, CHAIRS, ETC.

MOORE FAMILY HOMESTEAD
VERITAS FARMS
TUNNEL HILL, GA

WE WILL SUPPLY THE HOT COCOA AND SMORES!

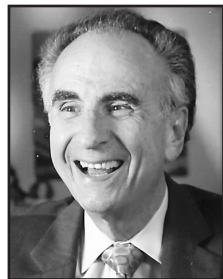


Torah & Haftarah Skills - Saturdays at 12:30 pm November 7, 16, 23, and December 7

Do you wish you could read Torah? Haven't read a Haftarah since your B'nai Mitzvah? Join Laurie Fisher and Ross Sadoff after Shabbat services to learn the skills associated with learning Torah & Haftarah. This class is open to the whole congregation with no prerequisites.



Speaker Series - November 16 Ruth Votava will speak about *Parshat Vayera*, in which Abraham and Sarah welcome angels into their tent, showing us the value of *Hachnasat Orchim*, which Ruth is an expert on through her work at Family Promise.



Visiting Speaker & Book Club– Monday, November 18, 6pm dinner, 7pm program

Dr. Perry Brickman's new book, *Extracted*, is his summary statement after thirteen years of research on the rampant anti-Semitism at the Emory University Dental School in the 1950s. The book tells the story largely based on the personal experiences of a number of Jewish students whose dental careers were prematurely ended by an anti-Semitic dean of the school and several other faculty members. In tandem

with his visit, *Extracted* will be the BZ book read for November. See page 3 for details. A joint presentation of B'nai Zion and Jewish Federation.



BZ kids

International Seminar for Halakhic Study Wednesday, November 20 at 6:30 pm Conservative/Masorti communities will come together to study a specific responsa to show how our spiritual values and ethical ideals shape our practice and to create a sense of a world-wide community. This year the responsa to be studied is "Women and Mitzvot."



Shofar Idol Winner: Congrats to Ari Sloan, who won the 8th Annual Shofar Idol competition! He used every ounce of air he had to blast away the competitors and emerge victorious!



20th Annual Grateful Gobbler Walk/Run Thursday, November 28 at 8:00 am at Coolidge Park BZ is excited to support this noble cause on Thanksgiving Day! If you would like to register, go to gratefulgobblerwalk.org. Make sure to click on our team **Pray it Forward.**



Rabbi Shaul Perlstein

HOW CAN I?
HOW CAN I?
CAN I?

AM I FOR REAL??

ARE BAD FEELINGS DRAINING YOUR BEST ENERGY?

I SHOULDN'T HAVE.

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Mined from the teachings of Torah and contemporary psychology, **WORRIER TO WARRIOR** takes a **fresh approach to the battle of bad feelings**, providing realistic spiritual mechanisms for remaining upbeat no matter what life brings.

Upcoming Session:

- Monday Nov. 11
- Monday Dec. 2
- Monday Jan 6
- Monday Feb 10
- Monday Mar 2 & 30

Chabad of Chattanooga

Torah and Tea

Inspiring Torah discussions for women. Warm camaraderie, hot tea, and delicious refreshments.

7:00 - 8:00 PM

@ Chabad Lounge - 950 Vine St.

In memory of Rashi Minkowicz Ob"m

Chabad Hebrew School





Hadassah Happenings

Sunday, October 27, the Annual Margaritas and Maj Jongg social event took place at Mizpah, chaired by Dana Banks, Ellyn Brooks, and Paula

Israel, with Amit Matityau, the Israeli shaliach, tending bar. This annual membership and social event proved once again to be a popular beginning to a new year. Attendees feasted, learned, and mingled, playing Maj Jongg and other games.

Hadassah invites members to a Wellness Cruise on Sunday, November 17, at 2 p.m, for tea and talk at the home of Elaine and Sanford Winer. Bev Coulter is coordinating this program on women's health with a team of Hadassah medical members. Jed Mescon will emcee, Amy Boulware will discuss Inpatient and Outpatient Advocacy, Bev will explore the Isle of Endocrinology, Beth Thomas will review the Sea of Immunizations and Vaccines, Lucia Longway will examine the Health Insurance Reef, Susan Distefano will discuss Disability and Social Security benefits, and Sherry Cunningham will review End of Life Choices.

Hadassah and Federation are busy planning the joint Hadassah-Federation Annual Chanukah program for the first night of Chanukah, December 22nd. Families are welcome to bring their menorahs for lighting the first candle, which will be followed by latkes and traditional donuts. As part of this celebration, Carla Morrow has arranged for food bins to be delivered to the JCC December 4th for food donations to the Chattanooga Food Bank, and baskets will be available for toiletry donations for Room in the Inn, the home for abused women and their dependents.

Celebrate each lifecycle event with membership in Hadassah. Contact Judy Sachsman about annual and life membership. (jmsachsman@gmail.com) and Dana Waxler about Annual Giving. (d.waxler@comcast.net).

Annual Giving

Annual Giving starts at Chai Society of \$180 a year and includes Keepers of the Gate, which starts at \$1,000 a year. Annual giving enables Hadassah National to plan the charitable support of Hadassah Hospital in Israel as well as countless other projects.

Hadassah enhances the health and lives of people in Israel, the United States, and worldwide. By connecting and empowering Jewish women to effect change, we are the women who do.

Best wishes for a sweet 5780! From Hadassah Chattanooga



COME ABOARD!

Hadassah Chattanooga is hosting a very special Health Education event

HADASSAH WELLNESS CRUISE

Join us as we embark on our cruise ship, the HMO Hadassah, at the home of Elaine and Sanford Winer, for afternoon tea.

Sunday, November, 17, 2019, 2:00pm, 627 Brookfield Avenue

We'll be greeted by Cruise Director, Jed Mescon

ITINERARY

- ☞ Gentle Bike Ride through the hills of Hospital Inpatient and Outpatient Advocacy
- ☞ Kayak thru the Sea of Adult Vaccine
- ☞ Scuba and Snorkel thru Health Insurance
- ☞ Deep Sea Fish and Catch onto Disability and SSI Benefits
- ☞ Experience the Isle of Endo and find information about Diabetes and Thyroid Disease
- ☞ and our final Port of Call will offer End of Life Choices

Ports of Call Hosts include:

Amy Boulware, MSW; Susan DiStefano, MSW; Sherry Cunningham, MSW; Lucia Longway, BS; Beth Thomas, RN; Bev Coulter, RN, MSN, APN

Make your reservation with one of our Booking Agents:
Elaine Winer: 423-622-0675 or winerelaine@gmail.com
Beth Thomas: 217-653-1548 or elizabeth.marie.thomas@gmail.com



November

What's Going on at the JCC

A full listing of monthly programs is also on our website, jewishchattanooga.com, where you can RSVP.

4 A Place at the Table Exhibit

Opens for viewing 9 a.m.

4 Israeli Navy: a Talk by Amit Matityau

5:30 pm. See page 4 for details.

5, 12, 19, 26 Tuesday Cafe

Noon, \$10. RSVP.

17 Jew Crew

See page 8.

18 Foreign Policy Supper Club/Hot Topics: Perry Brickman

A joint presentation of B'nai Zion and Jewish Federation. See pages 3 and 16 for details.

21 Aleph Bet Fall Program

See page 12 for details.

22 YJL Shabbat

See page 8.



Apple, Fennel and Challah Stuffing

Ingredients

- 1 large loaf challah (cut into 3/4-inch cubes, about 10 cups)
- 1/4 cup extra virgin olive oil, plus extra for drizzling
- 1 large onion (chopped)
- 4 cloves garlic (finely chopped)
- 2 medium bulbs fennel (thinly sliced)
- 2 large stalks celery (sliced)
- 2 medium apples (chopped into 1/2-inch pieces)
- 2 tablespoons fresh sage (finely chopped)
- 1 lemon (zested)
- 2 cups vegetable broth
- Optional: sea or kosher salt and freshly ground black pepper

The Federation will be closed for Thanksgiving Nov. 28, 29

Challah Stuffing (continued)

Preheat the oven to 350 F.

--Oil a 9 x 13 2-inch baking dish or a similarly-sized (3 to 4-quart) casserole dish.

--Butter pan

--Line 2 large, rimmed baking sheets with parchment paper. Divide the challah cubes between the baking sheets.

--Drizzle the bread with a little olive oil, toss with clean hands, and spread evenly into a single layer. Bake, turning once or twice while cooking, until dry and toasted, about 15 to 20 minutes. Set aside to cool, but leave the oven on.

--In a large skillet or pan set over medium-high heat, warm the oil. Add the onion, garlic, fennel, and celery, and saute until the onion is soft and translucent, about 5 minutes.

--Add apple and continue to saute until warmed through, about 5 minutes more. Stir in the sage and lemon zest and saute until fragrant, about 1 minute. Remove from the heat.

--Place the toasted challah cubes in a large bowl. Add the sautéed vegetables and toss to coat.

--Pour the vegetable broth evenly over the mixture and stir well. Season to taste with salt and pepper, if desired.

--Pour the stuffing mixture into the prepared baking dish and smooth the top. Drizzle with a little olive oil.

--Cover with foil and bake in the preheated oven for 30 minutes.

--Carefully remove the foil and bake for 10 to 20 minutes more, or until the top is golden, and the stuffing reaches your preferred consistency.

Courtesy of Spruceeats.com





Jewish Federation OF GREATER CHATTANOOGA

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